

# BJPsych

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**Quetiapine v. lithium  
in the maintenance  
phase following a first  
episode of mania:  
randomised controlled  
trial**

Michael Berk *et al*

**Disruptive mood  
dysregulation disorder  
in offspring of parents  
with depression and  
bipolar disorder**

Lukas Propper *et al*

**Strategies to prevent  
death by suicide:  
meta-analysis of  
randomised controlled  
trials**

Natalie Riblet *et al*

**Predictive accuracy  
of risk scales  
following self-harm:  
multicentre,  
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Leah Quinlivan *et al*

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## Cover picture

*A Drink* (2016) by Robert Pugh FRCPsych (b. 1950).

I have always painted. After getting my MRCPsych I went to Byam Shaw Art School and then came back to psychiatry. I worked in Camden and specialised in rehabilitation.

Things really took off when I started making colour etchings 5 years ago. All of my etchings are about people. *A Drink* is a four-plate colour etching. The night after I had printed the edition I woke up thinking 'what I have I done'? It is the only print that I made that is not sympathetic. I did not like the man. But people like the etching and it has sold well. People smile when they see it: my framer said, 'I have some shorts like that'. I realised that empathy is not necessarily about sympathy but more the process of feeling what the other person feels: sometimes unconsciously.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London E1 8BB, UK or [bjp@rcpsych.ac.uk](mailto:bjp@rcpsych.ac.uk).

