

RESEARCH ARTICLE

# Tits Alternative for 2-dimensional CAT(0) complexes

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## Abstract

We prove the Tits Alternative for groups acting on 2-dimensional CAT(0) complexes with a bound on the order of the cell stabilisers.

## 1. Introduction

A *triangle complex*  $X$  is a 2-dimensional simplicial complex, possibly not locally compact, with a following *piecewise smooth Riemannian metric*. Namely, we have a family of smooth Riemannian metrics  $\sigma_T, \sigma_e$  on the triangles and edges, such that the restriction of  $\sigma_T$  to  $e$  is  $\sigma_e$  for each  $e \subset T$ . The Riemannian metrics  $\sigma_T, \sigma_e$  induce metrics (i.e. distance functions) on triangles and edges. We then equip  $X$  with the *quotient pseudometric*  $d$  (see [BH99, Chapter I.5.19]). We assume that for each metric ball  $B$ , the simplices of  $X$  intersecting  $B$  have only finitely many isometry types (note that the only time we will apply it to  $B$  of radius nonzero is in the proof of Remark 2.5). Then  $(X, d)$  is a complete length space, which can be deduced from [BH99, Chapters I.5.20 and I.7.13] using a bilipschitz map from each  $B$  to a piecewise Euclidean complex. Note that we study triangle complexes, as opposed to piecewise Euclidean 2-dimensional simplicial complexes, for applications to groups such as  $\text{Tame}(\mathbf{k}^3)$  (Corollary D). All group actions on  $X$  will be by simplicial isometries.

We say that a group acts on a cell complex  $X$  *almost freely* if there is a bound on the order of the cell stabilisers. Note that an almost free action on a triangle complex is proper in the sense of [BH99, Chapter I.8.2]. Furthermore, any subgroup of a group acting properly and cocompactly acts almost freely. A group is *virtually cyclic* (respectively, *virtually  $\mathbb{Z}^2$* , *virtually abelian*, *virtually solvable*), if it has a finite index subgroup that is cyclic (respectively,  $\mathbb{Z}^2$ , abelian, solvable).

**Theorem A.** *Let  $G$  be a finitely generated group acting almost freely on a CAT(0) triangle complex  $X$ . Then  $G$  is virtually cyclic, or virtually  $\mathbb{Z}^2$ , or it contains a nonabelian free group.*

By [BH99, Chapters II.7.5 and 7.7(2)] and Remarks 2.4 and 2.5, if  $G$  acts almost freely on a CAT(0) triangle complex with finitely many isometry types of simplices, then every sequence  $G_1 < G_2 < \dots$  of virtually abelian subgroups of  $G$  stabilises. Consequently:

**Corollary B.** *If  $X$  has finitely many isometry types of simplices, then Theorem A holds also for  $G$  infinitely generated.*

As explained in [OP21, page 3], one cannot omit in Theorem A the assumption on almost freeness.

Here are some examples of applications of Theorem A to particular groups. The first result, which is a consequence of Corollary B, was studied independently by Paul Tee. We are assuming that  $G$  below acts freely instead of almost freely, since  $A$  is torsion free [CD95, Theorem B].

**Corollary C.** *Let  $G$  be a subgroup of a 2-dimensional Artin group  $A$  acting freely on the modified Deligne complex of  $A$  (see [CD95]). Then  $G$  is cyclic,  $\mathbb{Z}^2$ , the fundamental group of the Klein bottle, or it contains a nonabelian free group.*

The second result concerns the tame automorphism group  $\text{Tame}(\mathbf{k}^3)$ , which is a subgroup of  $\text{Aut}(\mathbf{k}^3)$ , where  $\mathbf{k}$  is a field (see [LP21]). In [LP21, Sections 2 and 5], we introduced a cell complex  $\mathbf{X}$  with an action of  $\text{Tame}(\mathbf{k}^3)$ . We proved that  $\mathbf{X}$  is CAT(0) for  $\mathbf{k}$  of characteristic 0 [LP21, Theorem A]. Some cells of  $\mathbf{X}$  are polygons instead of triangles, but we can easily transform  $\mathbf{X}$  into a triangle complex by subdividing.

**Corollary D.** *Let  $G$  be a finitely generated subgroup of  $\text{Tame}(\mathbf{k}^3)$ , with  $\mathbf{k}$  of characteristic 0. Suppose that  $G$  acts almost freely on the cell complex  $\mathbf{X}$ . Then  $G$  is virtually cyclic, or virtually  $\mathbb{Z}^2$ , or it contains a nonabelian free group.*

An ingredient in the proof of Theorem A is the following characterisation of CAT(0) triangle complexes using a link condition. In [BB96, Theorem 7.1], this was proved only for locally compact triangle complexes, and in [BH99, II.5.2], only for piecewise Euclidean and piecewise hyperbolic triangle complexes.

**Theorem E.** *A triangle complex  $X$  is locally CAT(0) if and only if*

- (i) *the Gaussian curvature of  $\sigma_T$  at any interior point of a triangle  $T$  of  $X$  is  $\leq 0$ , and*
- (ii) *the sum of geodesic curvatures in any two distinct triangles of  $X$  at any interior point of a common edge is  $\leq 0$  and*
- (iii) *for each vertex  $v$  of  $X$ , the girth of the link  $\text{lk}_v^X$  is  $\geq 2\pi$ .*

### **Motivation and relation to other results.**

The term *Tits Alternative* usually refers to the property that all finitely generated subgroups either are virtually solvable or contain a nonabelian free group. The name comes from the theorem of Tits [Tit72], who proved that every finitely generated linear group either is virtually solvable or contains a nonabelian free group. It is widely believed (see, e.g. [Bes00, Question 2.8], [Bri06], [Bri07, Question 7.1], [FHT11, Problem 12], [Cap14, Section 5]) that all CAT(0) groups (groups acting geometrically, that is, properly and cocompactly, on CAT(0) spaces) satisfy the Tits Alternative. This was proved only in a limited number of cases (see [NV02, SW05, CS11, MP20, MP22, OP21] and references therein). Groups acting geometrically on 2-dimensional CAT(0) complexes were studied thoroughly by Ballmann and Brin in [BB95], where they proved the Rank Rigidity Conjecture for such groups. They also proved that such groups either are virtually abelian, or they contain a nonabelian free group (statements of this type are sometimes called the *Weak Tits Alternative* [SW05]). However, the Tits Alternative for such groups has been open till our current work (e.g. in [FHT11, Problem 12] the question on the Tits Alternative is asked specifically in dimension 2). Just recently, together with Norin, we were able to show in [NOP22], among other results, that the groups in question do not contain infinite torsion subgroups. This property might be seen as the first step towards the Tits Alternative. In [OP21], we proved the Tits Alternative for the class of 2-dimensional recurrent complexes. This class contains all 2-dimensional Euclidean buildings, 2-dimensional systolic complexes, as well as some complexes outside the CAT(0) setting.

Regarding Corollary C, for right-angled Artin groups, the Tits Alternative follows from the work of Baudisch [Bau81]. In our previous work [OP21], we showed the Tits Alternative for a subclass of 2-dimensional Artin groups, containing all large-type Artin groups. Recently, in [MP22], we proved the Tits Alternative for 2-dimensional Artin groups of hyperbolic type, and in [MP20], we proved

it for FC-type Artin groups. An approach to the Tits Alternative for subgroups of 2-dimensional Artin groups acting not almost freely on the modified Deligne complex has been developed by Martin [Mar22]. As for Corollary D, Cantat proved that the group of birational transformations  $\text{Bir}(\mathbb{C}^2)$  satisfies the Tits Alternative [Can11]. Earlier, Lamy proved the Tits Alternative for the group of polynomial automorphisms  $\text{Aut}(\mathbb{C}^2)$  [Lam01]. These proofs extend to any field  $\mathbf{k}$  of characteristic 0 [Lam22]. The same statement for  $\text{Aut}(\mathbf{k}^3)$  seems at the moment out of reach, since there is no analogue for  $\text{Aut}(\mathbf{k}^3)$  of the CAT(0) complex  $\mathbf{X}$  from [LP21]. However, we believe that for  $\text{Tame}(\mathbf{k}^3) \leq \text{Aut}(\mathbf{k}^3)$ , with  $\mathbf{k}$  of characteristic 0, one could study the subgroups acting not almost freely on  $\mathbf{X}$  by generalising the methods of the current paper.<sup>1</sup>

One of the main obstacles to generalising Theorem A to higher-dimensional complexes lies in the proof of Proposition 3.1, where it is used that the fundamental groups of graphs are free, whereas the fundamental groups of higher-dimensional complexes can be arbitrary.

Finally, note that assuming in Theorem A that  $X$  is locally compact would allow us to avoid proving Theorem E, but otherwise it would not simplify the proof.

### Organisation

In Section 2, we prove Theorem E. In Section 3, we recall the method of invariant cocompact subcomplexes from [OP21], which allows us to reduce Theorem A to Proposition 3.2 that assumes the existence of edges of degree  $\geq 3$  in our complex  $X$ . Under this assumption, we can exclude the cases of virtually cyclic or  $\mathbb{Z}^2$  groups in Section 4. In technical Section 5, which we recommend to skip at the first reading, we arrange our complex  $X$  to have no ‘unfoldable’ links.<sup>2</sup> We give criteria for finding ‘rank 1’ elements, and consequently free subgroups, in Section 6. In the absence of ‘rank 1’ elements, we obtain a particular rationality property of the complex  $X$  in Section 7. In Section 8, we give new criteria for distinguishing the endpoints of certain piecewise geodesics. Together with a Poincaré recurrence argument, this allows us to prove Proposition 3.2 in Section 9.

## 2. Characterisation of CAT(0) triangle complexes

In this section, we prove Theorem E, which characterises CAT(0) triangle complexes. The following result is known under the name of the Cartan–Hadamard theorem.

**Theorem 2.1** [BH99, II.4.1(2)]. *Let  $X$  be a complete connected metric space. If  $X$  is simply connected and locally CAT(0), then it is CAT(0).*

We also have the following consequence of [BH99, II.1.7(4) and II.4.14(2)].

**Theorem 2.2.** *Let  $X$  be a complete CAT(0) space. A piecewise local geodesic in  $X$  with Alexandrov angles  $\pi$  at the breakpoints is a geodesic.*

Let  $x$  be a point of a triangle complex  $X$ . Let  $\text{lk}_x^X$  be the metric graph that is the *link* of  $x$ , as defined in [BB95, page 176]. Namely, if  $x$  is a vertex of  $X$ , then the vertices of  $\text{lk}_x^X$  correspond to the edges of  $X$  containing  $x$ , and the edges of  $\text{lk}_x^X$  correspond to the triangles of  $X$  containing  $x$ . The length of each edge is the angle in the corresponding triangle of  $X$ . Since we assumed that triangles containing  $x$  belong to only finitely many isometry classes of  $\sigma_T$ , there are only finitely many possible edge lengths in a given  $\text{lk}_x^X$ . If  $x$  lies in the interior of an edge  $e$  of  $X$ , then  $\text{lk}_x^X$  has two vertices corresponding to the components of  $e \setminus x$ , and edges of length  $\pi$  corresponding to the triangles of  $X$  containing  $e$ . If  $x$  lies in the interior of a triangle, then  $\text{lk}_x^X$  is a circle of length  $2\pi$ . We denote by  $d_x^X$  (or, shortly,  $d_x$ ) the length metric on  $\text{lk}_x^X$ . By [NOP22, Lemma 2.1], we can identify  $\text{lk}_x^X$  with the completion of the space of directions at  $x$

<sup>1</sup>We have recently extended Corollary D to such subgroups using methods tailored to  $\text{Tame}(\mathbf{k}^3)$  [LP22].

<sup>2</sup>This solves an issue that seems to have been overlooked in the proof of [BB95, Theorem C], page 197, line 9. Namely, not all angles  $2\pi$  are excluded there, since in [BB95, Lemma 7.6], one cannot remove the assumption  $\xi \neq \eta$  for  $\omega$  of length  $2\pi$ , for example, for  $S_\nu$  a wedge of two circles of length  $2\pi$ .

(see [BH99, II.3.18]). Thus, a local geodesic in  $X$  starting at  $x$  determines a point in  $\text{lk}_x^X$ . The *angle* at  $x$  between two such local geodesics is defined to be the distance between the two corresponding points in  $\text{lk}_x^X$  with respect to the metric  $d_x$ . By [NOP22, Lemma 2.1], if this angle is  $< \pi$ , then it coincides with the Alexandrov angle, and if it is  $\geq \pi$ , then the Alexandrov angle equals  $\pi$ .

*Proof of Theorem E.* In the ‘only if’ part, condition (i) follows from [BH99, II.1A.6]. The proof of condition (ii) is identical to that in [BB96, Theorem 7.1], and the proof of condition (iii) was given in [NOP22, Section 2]. For the proof of the ‘if’ part, suppose that a triangle complex  $X$  satisfies conditions (i)–(iii). By condition (i) and [BH99, II.1A.6], we have that  $X$  is locally CAT(0) at any interior point of a triangle.

Consider now an edge  $e$  of  $X$ . Let  $\text{St}(e)$  be the union of all the closed triangles containing  $e$ . We will show that  $\text{St}(e)$  is CAT(0), which implies that  $X$  is locally CAT(0) at any interior point  $x$  of  $e$ , since the metrics on  $\text{St}(e)$  and on  $X$  coincide on a sufficiently small neighbourhood of  $x$ . Let  $Y \subset \text{St}(e)$  be the union of the triangles  $T$  for which there exists a point on  $e$  with positive geodesic curvature in  $T$ . By condition (ii), there is at most one such triangle of given isometry type  $T_0$  and given embedding  $e \subset T_0$ , so  $Y$  has finitely many triangles. We denote this number by  $m(e)$  for future reference. For each triangle  $T$  of  $\text{St}(e)$  outside  $Y$ , denote  $Y_T = Y \cup T$ . By conditions (i) and (ii), and by [BB96, Theorem 7.1], we have that each  $Y_T$  is locally CAT(0), hence, CAT(0) by Theorem 2.1 (note that a geodesic in  $Y_T$  might enter and exit a given triangle infinitely many times). Furthermore, the inclusion  $Y \subset Y_T$  is an isometric embedding, since points of  $e$  have nonpositive geodesic curvature in  $T$ . By [BH99, II.11.3], the union  $\text{St}(e)$  of  $Y_T$  is CAT(0), as desired.

Consider now a vertex  $v$  of  $X$ . After possibly subdividing  $X$ , we can assume that in each triangle  $T$  containing  $v$ , the local geodesic  $\gamma_T$  starting at  $v$  and bisecting the angle of  $T$  at  $v$  ends at the opposite side of  $T$ . We will prove that the union  $\text{St}(v)$  of all the closed triangles and edges containing  $v$  is CAT(0). This will imply that  $X$  is locally CAT(0) at  $v$ , since the metrics on  $\text{St}(v)$  and on  $X$  coincide on a sufficiently small neighbourhood of  $v$ .

**Claim.**  $\text{St}(v)$  is geodesic, and there is  $M > 0$ , such that each geodesic in  $\text{St}(v)$  intersects the interiors of at most  $M$  triangles.

To justify the Claim, we employ the idea of a taut string [BH99, Chapter I.7.20]. Let  $\theta$  be the minimum of  $\pi$  and the minimum length of an edge in  $\text{lk}_v^X$ , and set  $N = 2 + \frac{\pi}{\theta}$ . Let  $M = 1 + N(1 + \max_e m(e))$ , where  $m(e)$  is defined as above and the maximum is taken over all the edges  $e$  of  $\text{St}(v)$  containing  $v$ . For each such edge  $e$ , let  $\text{St}'(e) \subset \text{St}(e)$  be the closure of the component containing  $e$  of  $\text{St}(e) \setminus \bigcup_{T \subset \text{St}(e)} \gamma_T$ , for  $\gamma_T$  as above. Since  $\text{St}'(e)$  is convex in  $\text{St}(e)$ , it is CAT(0) [BH99, II.1.15(1)].

For  $x, y \in \text{St}(v)$ , a *string* between  $x$  and  $y$  is a sequence of edges  $e_1, \dots, e_n$  of  $\text{St}(v)$  containing  $v$  and points  $x_0 = x, x_1, \dots, x_n = y$  with  $\text{St}'(e_i)$  containing both  $x_{i-1}$  and  $x_i$ . The *length* of the string is the sum  $\sum_{i=1}^n d_i(x_{i-1}, x_i)$ , where  $d_i$  is the metric on  $\text{St}'(e_i)$ . The distance between  $x$  and  $y$  in  $\text{St}(v)$  is the infimum of the lengths of strings between  $x$  and  $y$ . A string is *taut*, if  $n \leq 2$ , or

- for each  $0 \leq i \leq n$ , the point  $x_i$  is distinct from  $v$ , and
- for each  $0 < i < n$ , the point  $x_i$  belongs to one of the  $\gamma_T$  defined above and
- for each  $0 < i < n$ , the concatenation of geodesics  $x_{i-1}x_i$  in  $\text{St}'(e_i)$  and  $x_i x_{i+1}$  in  $\text{St}'(e_{i+1})$  is a geodesic in  $\text{St}'(e_i) \cup \text{St}'(e_{i+1})$ .

We now justify that for each string  $(e_i), (x_i)$  between  $x$  and  $y$ , we can find a taut string between  $x$  and  $y$  whose length does not exceed the length of  $(e_i), (x_i)$ . Indeed, by discarding some  $x_i$ , we can first assume that consecutive  $e_i$  are distinct, and so for each  $0 < i < n$ , the point  $x_i$  belongs to one of the  $\gamma_T$ . Since  $\gamma_T$  are compact, there is a choice of  $x'_i$  in the same  $\gamma_T$  as  $x_i$ , minimising the length of the string  $(e_i), (x'_i)$ . Then the concatenation of geodesics  $x'_{i-1}x'_i$  in  $\text{St}'(e_i)$  and  $x'_i x'_{i+1}$  in  $\text{St}'(e_{i+1})$  is a geodesic in  $\text{St}'(e_i) \cup \text{St}'(e_{i+1})$ . Finally, if an  $x'_{i-1}$  equals  $v$ , and  $x'_i \neq x_n$ , then for  $x'_i \in \gamma_T$ , the subpath of  $\gamma_T$  from  $x'_{i-1}$  to  $x'_i$  is a geodesic in both  $\text{St}'(e_i)$  and  $\text{St}'(e_{i+1})$ , and consequently, we can discard  $x'_i$  and  $e_i$  from the string. Repeating the argument, we arrive at  $i - 1 = n - 1$  or  $i - 1 = n$ . Analogously, we obtain  $i - 1 = 1$  or  $i - 1 = 0$ , and so  $n \leq 2$ .

We will now show that a taut string satisfies  $n \leq N$ . We can assume  $n > 2$ , and so none of  $x_i$  equals  $v$ . For  $0 < i < n$ , let  $\theta_i$  be the Alexandrov angle at  $x_i$  in  $St'(e_{i+1})$  between the geodesics  $x_i x_{i+1}$  and  $x_i v$ . The concatenation of geodesics  $x_{i-1} x_i$  in  $St'(e_i)$  and  $x_i x_{i+1}$  in  $St'(e_{i+1})$  is a geodesic in  $St'(e_i) \cup St'(e_{i+1})$ , which is CAT(0) by [BH99, II.11.3]. Consequently, by the definition of  $\theta$ , we have  $\theta_i \geq \theta_{i-1} + \theta$ . Thus,  $\pi \geq \theta_{n-1} \geq (n - 2)\theta + \theta_1$ , and so,  $n - 2 \leq \frac{\pi}{\theta} = N - 2$ .

Since there are finitely many isometry types of simplices in  $St(v)$ , and each taut string satisfies  $n \leq N$ , the distance between  $x$  and  $y$  in  $St(v)$  is realised by the length of some taut string  $(e_i, (x_i))$ . Then the concatenation of all the geodesics  $x_{i-1} x_i$  in  $St'(e_i)$  is a geodesic between  $x$  and  $y$ , proving that  $St(v)$  is geodesic. Furthermore, for any geodesic  $\gamma$  from  $x$  to  $y$  in  $St(v)$ , one can choose points on  $\gamma$  forming a taut string. Since any taut string satisfies  $n \leq N$ , and we have that  $\gamma$  intersects the interiors of at most  $1 + n(1 + \max_e m(e))$  triangles, the Claim follows.

Returning to the proof of Theorem E, we follow the scheme in [BB96, Theorem 7.1] to find a sequence of CAT(0) spaces Gromov–Hausdorff converging to  $St(v)$ . Namely, realise each (isometry type of a) triangle  $T$  of  $St(v)$  as  $T \subset \mathbb{R}^2$ , with metric induced from some smooth Riemannian metric of nonpositive Gaussian curvature on  $\mathbb{R}^2$  defined in a neighbourhood  $U$  of  $T$ . Denote by  $e, f$  the edges of  $T$  containing  $v$  and by  $g$  the remaining edge of  $T$ . Let  $l$  denote the length of  $e$ . For each  $n > 0$ , we decompose  $e$  into paths  $a^1 \cdot a^2 \cdots a^n$  of length  $\frac{l}{n}$ , and we define  $\kappa^k$  to be the integral of the geodesic curvature along  $a^k$ . Let  $e_n$  be the piecewise geodesic in  $U$  that starts at  $v$  tangent to  $e$ , has  $n$  locally geodesic pieces of length  $\frac{l}{n}$  and exterior angle at the  $k$ -th breakpoint that equals  $\kappa^k$ . For  $n$  sufficiently large the path  $e_n$  exists, and they  $C^1$ -converge to  $e$  as  $n$  tends to  $\infty$ . We define paths  $f_n$  analogously. We define  $g_n$  to be any piecewise geodesics joining the endpoints of  $e_n$  and  $f_n$  and  $C^1$ -converging to  $g$ . This gives us a triangle  $T_n \subset U$  bounded by  $e_n, f_n$  and  $g_n$ , whose boundary is piecewise geodesic (one can pass to a union of triangles with locally geodesic boundary by subdividing). Furthermore, we have a map  $T_n \rightarrow T$ , whose restriction to  $e_n, f_n$  preserves length and which is bilipschitz with the bilipschitz constant converging to 1 as  $n$  tends to  $\infty$ . Glueing various  $T_n$  along the sides corresponding to the ones of  $T$  that we glued to form  $St(v)$  yields a triangle complex that we call  $St(v)_n$ . Then  $St(v)$  is a Gromov–Hausdorff limit of  $St(v)_n$ . Note that since  $St(v)$  satisfied conditions (i)–(iii), we have that  $St(v)_n$  satisfies conditions (i)–(iii). Since  $St(v)_n$  has locally geodesic edges, and is geodesic by the Claim (applied to  $St(v)_n$  instead of  $St(v)$ ), the same proof as for [BB96, Theorem 7.1, case 1] shows that  $St(v)_n$  is locally CAT(0), hence, CAT(0) by Theorem 2.1. Consequently, by [BH99, II.3.10], we have that  $St(v)$  is CAT(0).  $\square$

We have the following immediate consequence of Theorem E.

**Corollary 2.3.** *If  $X$  is a triangle complex that is locally CAT(0), then all of its subcomplexes are locally CAT(0).*

Note that while we did not apply the Claim to  $St(v)$  in the proof of Theorem E, it will be used in the following remarks.

**Remark 2.4.** Suppose that  $X$  is a CAT(0) triangle complex with finitely many isometry types of simplices. Then the constant  $M$  in the Claim does not depend on  $v$ . As in the ‘ $\Psi_n \Rightarrow \Phi_n$ ’ part of the proof of [BH99, Chapter I.7.28], we obtain that for each  $l$  there is  $M' > 0$ , such that each geodesic in  $X$  of length  $\leq l$  intersects the interiors of at most  $M'$  simplices. Using this in the place of [Bri99, Lemma 1] in the proof of [Bri99, Lemma 2 and Theorem A], we obtain that every simplicial isometry  $g$  of  $X$  is *semisimple*: it fixes a point, or is *loxodromic*, meaning that there is a geodesic line  $\omega$  in  $X$  (called an *axis*), such that  $g$  preserves  $\omega$  and acts on it as a nontrivial translation.

**Remark 2.5.** Suppose that  $X$  is a CAT(0) triangle complex with finitely many isometry types of simplices. Then the set of translation lengths of simplicial isometries of  $X$  is a discrete subset of  $[0, \infty)$ , which is proved using the Claim exactly as [Bri99, Proposition]. Similarly, we obtain the following: Let  $X$  be a CAT(0) triangle complex with a subcomplex  $Y$  on which some group of simplicial isometries of  $X$  acts coboundedly. Since any metric ball in  $X$  intersects finitely many isometry types of simplices, we have that each bounded neighbourhood of  $Y$  intersects finitely many isometry types of simplices. Then

for each simplicial isometry  $g$  of  $X$ , the set  $\inf_{y \in Y} d(y, gy)$  attains its infimum, which we denote  $|g|_Y$ . Moreover, the set of  $|g|_Y$  over all simplicial isometries  $g$  of  $X$  is a discrete subset of  $[0, \infty)$ .

### 3. $G$ -cocompact subcomplexes

Let  $X$  be a simplicial complex with an action of a group  $G$ . We say that a subcomplex  $Z \subset X$  is an *invariant cocompact subcomplex with respect to  $G$*  (shortly,  $G$ -c.s.) if  $Z$  is  $G$ -invariant, and the quotient  $Z/G$  is compact. Note that a  $G$ -c.s. is not required to be connected.

A 2-dimensional simplicial complex is *essential* if every edge has degree at least 2 and none of connected components is a single vertex. An essential simplicial complex is *thick* if it has an edge of degree at least 3.

A *disc diagram*  $D$  is a compact contractible simplicial complex with a fixed embedding in  $\mathbb{R}^2$ . Its *boundary path* is the attaching map of the cell at  $\infty$ . If  $X$  is a simplicial complex, a *disc diagram in  $X$*  is a nondegenerate simplicial map  $\varphi: D \rightarrow X$ , and its *boundary path* is the composition of the boundary path of  $D$  and  $\varphi$ . We say that  $\varphi$  is *reduced* if it maps triangles sharing an edge to two distinct triangles. By [OP21, Remark 3.6], for each contractible closed edge-path  $\alpha$  in a simplicial complex  $X$ , there is a reduced disc diagram in  $X$  with boundary path  $\alpha$ .

A group  $G$  acts on a simplicial complex  $X$  *without inversions* if for any  $g \in G$  stabilising a simplex  $\sigma$  of  $X$ , we have that  $g$  fixes  $\sigma$  pointwise. More generally, we say that  $G$  acts *without weak inversions* if for each vertex  $v$  of  $X$ , there is no  $g \in G$  sending  $v$  to a distinct vertex in a common edge.

The first ingredient in our proof of Theorem A is the following earlier result.

**Proposition 3.1** [OP21, Proposition 3.7]. *Let  $G$  be a finitely generated group acting almost freely and without inversions on a simply connected 2-dimensional simplicial complex  $X$  that contains no simplicial 2-spheres. If  $X$  contains no thick  $G$ -c.s., then  $G$  is virtually cyclic, or virtually  $\mathbb{Z}^2$ , or it contains a nonabelian free group.*

The second ingredient in the proof of Theorem A is the following, the proof of which will occupy the present article.

**Proposition 3.2.** *Let  $G$  be a group acting almost freely and without weak inversions on a CAT(0) triangle complex  $X$  that is an increasing union of connected essential  $G$ -c.s. If  $X$  contains an edge of degree  $\geq 3$ , then  $G$  contains a nonabelian free group.*

We now show how Theorem A follows from these two ingredients.

*Proof of Theorem A.* By passing to a subdivision (see [NOP22, Lemma 2.1]), we can assume that  $G$  acts without weak inversions. By Proposition 3.1, we can assume that  $X$  contains a thick  $G$ -c.s.  $Z_1$ . We will prove that  $G$  contains a nonabelian free group. By passing to a connected component of  $Z_1$  and its stabiliser  $G'$  in  $G$  (which is finitely generated, since it acts properly and cocompactly on a connected complex), we can assume that  $Z_1$  is connected. If  $Z_1$  contains a closed edge-path that is not contractible in  $Z_1$ , repeatedly attaching to  $Z_1$  the images of reduced disc diagrams and their  $G$ -translates, we obtain an increasing sequence  $Z_1 \subset Z_2 \subset \dots$  of connected essential  $G$ -c.s., such that their union  $X'$  is simply connected. By Corollary 2.3, we have that  $X'$  is locally CAT(0), and so  $X'$  is CAT(0) by Theorem 2.1. It remains to apply Proposition 3.2.  $\square$

### 4. Not virtually cyclic or $\mathbb{Z}^2$

The first step of the proof of Proposition 3.2 is the following.

**Lemma 4.1.** *Let  $G$  be a group acting almost freely on a CAT(0) triangle complex  $X$ . If  $X$  contains a subcomplex  $Z$  that is a connected thick  $G$ -c.s., then*

- (i)  $G$  is not virtually cyclic and
- (ii)  $G$  is not virtually  $\mathbb{Z}^2$ .

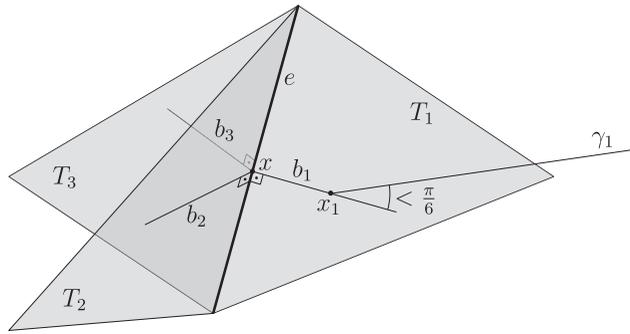


Figure 1. The geodesic ray  $\gamma_1$ .

In the proof of Lemma 4.1, we will need the following vocabulary. Let  $X$  be a triangle complex. We say that a ray  $\gamma: [0, \infty) \rightarrow X$  or a path  $\gamma: [0, 1] \rightarrow X$  starts (respectively, ends) in a simplex  $\sigma$ , if for some  $\varepsilon > 0$  the points  $\gamma(0, \varepsilon)$  (respectively,  $\gamma(1 - \varepsilon, 1)$ ) all lie in the interior of  $\sigma$ . If  $\gamma(0)$  (respectively,  $\gamma(1)$ ) lies in the interior of an edge  $e$ , then  $\gamma$  starts (respectively, ends) perpendicularly to  $e$  if the angle at  $\gamma(0)$  (respectively,  $\gamma(1)$ ) between  $\gamma$  and  $e$  is  $\frac{\pi}{2}$ .

We will also need the following, which generalises an argument in the proof of [MP21, Theorem A].

**Lemma 4.2.** *Let  $A$  be a group isomorphic to  $\mathbb{Z}^2$  acting freely on a CAT(0) triangle complex  $W$  with finitely many isometry types of simplices. Then there is an isometrically embedded  $A$ -cocompact subcomplex in  $W$  isometric to the Euclidean plane.*

*Proof.* Since  $W$  has finitely many isometry types of simplices, by Remark 2.4, all elements of  $A$  act as loxodromic isometries on  $W$ . By [BH99, II.7.20(1)], we have  $\text{Min}(A) = Y \times \mathbb{R}^n$  with  $A$  preserving the product structure and acting trivially on  $Y$ . By [BH99, II.7.20(2)], we have  $n \leq 2$ , but since  $A$  acts freely by simplicial isometries, we have  $n = 2$ , and so  $Y$  is a point, as desired.  $\square$

*Proof of Lemma 4.1.* Let  $e$  be an edge of  $Z$  of degree  $\geq 3$ , and let  $x$  be a point in the interior of  $e$ . Let  $b_1, b_2, b_3$ , be geodesics starting at  $x$  perpendicularly to  $e$  contained in distinct triangles  $T_1, T_2, T_3$ . For each  $i = 1, 2, 3$ , the set of starting directions at points in  $\partial T_i$  of geodesics intersecting  $b_i$  at angle  $< \frac{\pi}{6}$  has positive Liouville measure (see [BB95, Section 3]). Let  $S$  denote the union of all the open edges in the links  $\text{lk}_y^Z$  for all  $y \in Z^1 \setminus Z^0$ , with the (infinite) Liouville measure. We say that  $(\xi_j)_j \in S^Z$  with  $\xi_j \in \text{lk}_{y_j}^Z$  determines a locally geodesic oriented line  $\gamma$  in  $Z \setminus Z^0$  transverse to  $Z^1$  if  $\gamma$  intersects  $Z^1$  exactly at points  $y_j$  in directions  $\xi_j$ , in that order. Since  $G$  acts on  $Z$  properly and cocompactly, the set of  $(\xi_j)_j \in S^Z$  that determine locally geodesic oriented lines projects to a full measure subset in each coordinate  $S$  (see [BB95, Section 3], which relies on [CFS82, Chapter 6]). Consequently, for  $i = 1, 2, 3$ , there exists a locally geodesic ray  $\gamma_i$  in  $Z$  starting at an interior point  $x_i$  of  $b_i$  at angle  $< \frac{\pi}{6}$  from  $b_i$ , disjoint from  $Z^0$  and transverse to  $Z^1$ . Let  $a_i = xx_i \subset b_i$ . See Figure 1.

Since  $X$  is CAT(0), by Theorem 2.2, we have that  $\gamma_i$  are geodesic rays in  $X$  and  $a_i^{-1} \cdot a_j$  are geodesics in  $X$ . Since each  $\gamma_i^{-1} \cdot a_i^{-1} \cdot a_j \cdot \gamma_j$  is a piecewise geodesic with angles  $> \frac{5\pi}{6}$  at the two breakpoints, by [BH99, II.9.3], the rays  $\gamma_i, \gamma_j$  are not asymptotic and they determine points at distance  $> \frac{2\pi}{3}$  in the Tits boundary of  $X$ . In particular,  $Z$  cannot be quasi-isometric to  $\mathbb{R}$  since it contains three pairwise nonasymptotic geodesic rays. This proves (i).

For (ii), assume for contradiction, that  $G$  is virtually  $\mathbb{Z}^2$  generated by elements  $g, h$ . Let  $\alpha, \beta$  be edge-paths in  $Z$  connecting a basepoint  $y \in Z^0$  to  $gy, hy$ , respectively. Then the concatenation  $\alpha \cdot g\beta \cdot h\alpha^{-1} \cdot \beta^{-1}$  is a closed edge-path, and since  $X$  is simply connected, there is a reduced disc diagram  $D \rightarrow X$  with that boundary path. Let  $Z' \subset X$  be the connected thick  $G$ -c.s. obtained from  $Z$  by adding the translates under  $G$  of the image of  $D$ . The complex  $Z'$  is locally CAT(0) by Corollary 2.3. Let  $\tilde{Z}' \rightarrow Z'$  be the universal cover of  $Z'$ , which is CAT(0) by Theorem 2.1. The action of  $G$  on  $Z'$  lifts to an almost free

action of a group  $\tilde{G}$  on  $\tilde{Z}'$  fitting into the short exact sequence  $\pi_1 Z' \rightarrow \tilde{G} \rightarrow G$ . Since  $D \rightarrow Z'$  lifts to  $D \rightarrow \tilde{Z}'$ , we have commuting  $\tilde{g}, \tilde{h} \in \tilde{G}$  mapping to  $g, h \in G$ , and, hence, generating a subgroup  $A < \tilde{G}$  isomorphic to  $\mathbb{Z}^2$ .

Since  $A$  acts almost freely and is torsion free, we have that it acts freely on  $\tilde{Z}'$ . By Lemma 4.2 applied with  $W = \tilde{Z}'$ , there is an isometrically embedded  $A$ -cocompact subcomplex  $E \subset \tilde{Z}'$  isometric to the Euclidean plane. We now justify that the composition  $\phi: E \subset \tilde{Z}' \rightarrow Z' \subset X$  is an isometric embedding.

Indeed, for two triangles  $T, T'$  of  $E$  containing a common edge  $e'$ , the sum of the geodesic curvatures in  $\phi(T)$  and  $\phi(T')$  at any point of  $\phi(e')$  equals 0, and so the geodesic curvature at  $\phi(e')$  in any triangle of  $X$  distinct from  $\phi(T), \phi(T')$  is nonpositive. Consequently,  $\phi$  is a local isometric embedding at  $e'$ . Furthermore, since  $E$  is isometric to the Euclidean plane, for any geodesic  $\gamma$  in  $E$  passing through a vertex  $v$ , the angle (see Section 2) between the incoming and outgoing directions of  $\gamma$  at  $v$  equals  $\pi$ . Since the map that  $\phi$  induces between  $\text{lk}_v^E$  and  $\text{lk}_{\phi(v)}^X$  is locally injective, the angle between the incoming and outgoing directions of  $\phi(\gamma)$  at  $\phi(v)$  equals  $\pi$  as well. By Theorem 2.2, we have that  $\phi(\gamma)$  is a geodesic. Thus,  $\phi$  is an isometric embedding, as desired.

Since the image of  $A$  in  $G$  is of finite index, it acts cocompactly on  $Z'$ . Consequently, the geodesic rays  $\gamma_i$  from the proof of part (i) are at bounded distance from  $\phi(E)$  in  $Z'$ . Since  $X$  is CAT(0), we obtain that each  $\gamma_i$  is asymptotic to a geodesic ray in  $\phi(E)$  and these three rays are pairwise at angle  $> \frac{2\pi}{3}$  in  $\phi(E)$ , which is a contradiction.  $\square$

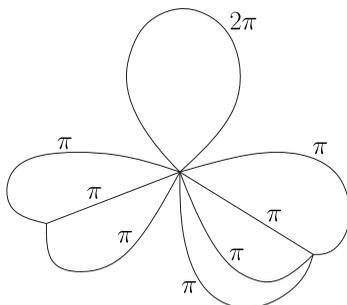
### 5. Folding

This section is devoted to a technical reduction of Proposition 3.2 to the case where the vertex links of  $X$  are not ‘unfoldable’.

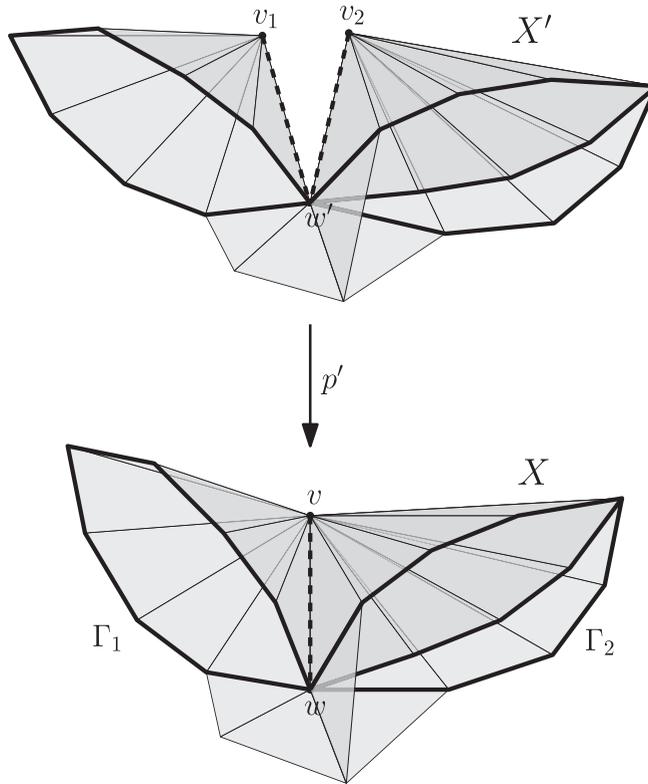
By a *graph*, we mean a (possibly infinite) metric graph with finitely many possible edge lengths. A closed edge-path embedded in a graph  $\Lambda$  is a *cycle* of  $\Lambda$ . An edge-path  $I$  in  $\Lambda$  that is embedded, except possibly at the endpoints, is a *segment* of  $\Lambda$  if the endpoints of  $I$  have degree  $\geq 3$  in  $\Lambda$ , but every internal vertex of  $I$  has degree 2.

**Definition 5.1.** Let  $S$  be a set with an equivalence relation  $\sim$ , each of whose equivalence classes has size  $\geq 2$ . A graph is a  $\sim$ -*clover* if it is obtained from the disjoint union of intervals  $S \times [0, \pi]$  by identifying all the points in  $S \times 0$  to one point called the *basepoint* and identifying each  $s \times \pi$  with  $s' \times \pi$  for  $s \sim s'$ . A graph is a *clover* if it is a  $\sim$ -clover for some  $S, \sim$ . A graph  $\Gamma$  is *unfoldable* at a vertex  $y$  if  $\Gamma$  is a wedge  $\Gamma_1 \vee \Gamma_2$  at  $y$  of a cycle  $\Gamma_1$  of length  $2\pi$  and a clover  $\Gamma_2$  with basepoint  $y$  (in particular,  $\Gamma$  is also a clover). See Figure 2.

Suppose that we have a triangle complex  $X'$  and a vertex  $w'$  contained in distinct edges  $e_1 = w'v_1, e_2 = w'v_2$  of the same length. Suppose that  $\text{lk}_{v_1}^{X'}$  is a circle of length  $2\pi$  and  $\text{lk}_{v_2}^{X'}$  is a clover with basepoint corresponding to  $e_2$ . Then the quotient map  $p': X' \rightarrow X$  with  $X$  obtained from  $X'$  by identifying  $v_1$  with  $v_2$  and  $e_1$  with  $e_2$  is called a *folding* (note that  $X$  might not be a simplicial complex,



**Figure 2.** An unfoldable graph.



**Figure 3.** A folding  $p': X' \rightarrow X$  over  $\Gamma_1$ . Subgraphs corresponding to the links  $\Gamma_1$  and  $\Gamma_2$  and their preimages are thickened, the edge  $vw$  and its preimage are dashed.

but in this article, we will be using only the inverse operation to folding which does result in a simplicial complex).

Conversely, suppose that  $X$  is a triangle complex with a vertex  $v$  whose link  $\Gamma_1 \vee \Gamma_2$  is unfoldable at a point  $y$  corresponding to an edge  $vw$ . Then, up to an isometry, there exists a unique triangle complex  $X'$  and a folding  $p': X' \rightarrow X$  identifying edges  $w'v_1, w'v_2$  to  $wv$  and such that the links of  $v_i$  in  $X'$  map isometrically to the graphs  $\Gamma_i$  in the link of  $v$ . See Figure 3. We call  $p'$  the *folding over  $\Gamma_1$*  (since it is uniquely determined by  $\Gamma_1$ ).

Suppose now that  $p': X' \rightarrow X, \hat{p}': \hat{X}' \rightarrow X$  are foldings over  $\Gamma_1 \neq \hat{\Gamma}_1$ . Suppose that  $v \neq \hat{w}$  and  $\hat{v} \neq w$ . We have that  $\hat{\Gamma}_1$  lifts to a link  $\text{lk}_v^{X'}$ , which is again, unfoldable, except when  $\text{lk}_v^{X'} = \hat{\Gamma}_1$ . In that exceptional case, we have  $\Gamma_2 = \hat{\Gamma}_1$  and  $p' = \hat{p}'$ , and we set  $p'' = \text{id}$ . Otherwise, let  $p'': X'' \rightarrow X'$  be the folding over  $\hat{\Gamma}_1$ . We call  $p'' \circ p'$  the *folding over  $\Gamma_1, \hat{\Gamma}_1$* . Note that the folding over  $\Gamma_1, \hat{\Gamma}_1$  coincides with the folding over  $\hat{\Gamma}_1, \Gamma_1$ .

Analogously, given a finite family of foldings  $p'^\lambda: X'^\lambda \rightarrow X$  over  $\Gamma_1^\lambda$  (where  $\lambda$  is an index) with all  $v^\lambda$  distinct from all  $w^\lambda$ , the *folding over  $\{\Gamma_1^\lambda\}$*  is the composition of foldings over the lifts of  $\Gamma_1^\lambda$ , which does not depend on the order. For a countable family of such foldings  $p'^\lambda: X'^\lambda \rightarrow X$ , the *folding over  $\{\Gamma_1^\lambda\}$*  is the inverse limit of the foldings over the finite subsets of  $\{\Gamma_1^\lambda\}$ .

**Lemma 5.2.** Let  $p_{\mathcal{F}}: X_{\mathcal{F}} \rightarrow X$  be the folding over a (finite or countable) family  $\mathcal{F} = \{\Gamma_1^\lambda\}$ .

- (i) The map  $p_{\mathcal{F}}$  is a homotopy equivalence.
- (ii) If  $X$  is locally CAT(0), then  $X_{\mathcal{F}}$  is locally CAT(0).
- (iii) If  $X$  is essential, then  $X_{\mathcal{F}}$  is essential.

*Proof.* For part (i), note that if for some indices  $\lambda, \mu$ , we have  $v^\lambda = v^\mu$ , then  $w^\lambda = w^\mu$ , since the point

$y^\lambda$  in  $\text{lk}_{v^\lambda}^X$  does not depend on  $\Gamma_1^\lambda$ . Consequently, distinct edges  $v^\lambda w^\lambda$  might intersect only along  $w^\lambda$ . Thus, their union  $V \subset X$  is a forest, and so the quotient map  $q: X \rightarrow X^*$  collapsing each component of  $V$  into a point is a homotopy equivalence. Similarly, the subcomplex  $V_{\mathcal{F}} = p_{\mathcal{F}}^{-1}(V) \subset X_{\mathcal{F}}$  is a forest, and so the quotient map  $q_{\mathcal{F}}: X_{\mathcal{F}} \rightarrow X^*$  collapsing each component of  $V_{\mathcal{F}}$  into a point is also a homotopy equivalence. Thus, the identity  $q_{\mathcal{F}} = q \circ p_{\mathcal{F}}$  implies part (i).

Part (ii) follows from the fact that the maps that  $p_{\mathcal{F}}$  induces between the links of  $X_{\mathcal{F}}$  and  $X$  are locally injective and from Theorem E.

The map  $p_{\mathcal{F}}$  is a local isometry at the open edges outside  $V_{\mathcal{F}}$ . Thus, for part (iii), it suffices to justify that the links of the vertices in each  $p_{\mathcal{F}}^{-1}(v^\lambda)$  have no leaves. But each such link is a cycle  $\Gamma_1^\mu$  (for  $v^\mu = v^\lambda$ ) or a clover, as desired.  $\square$

**Proposition 5.3.** *Let  $G$  be a group acting almost freely and without weak inversions on a CAT(0) triangle complex  $X$  that is an increasing union of connected essential  $G$ -c.s. Then  $G$  acts almost freely and without weak inversions on a CAT(0) triangle complex  $X'$  that is an increasing union of connected essential  $G$ -c.s., and none of whose links are unfoldable.*

*Furthermore, if  $X$  contains an edge of degree  $\geq 3$ , then  $X'$  contains an edge of degree  $\geq 3$  or  $G$  contains a nonabelian free group.*

*Proof.* We fix an increasing sequence  $Z_k \subset X$  of connected essential  $G$ -c.s. exhausting  $X$ . A *multifolding*  $(X', (Z'_k), p')$  is a:

- (i) CAT(0) triangle complex  $X'$  with an action of  $G$ ,
- (ii) a sequence  $(Z'_k)$  of essential  $G$ -c.s. exhausting  $X'$  and
- (iii) a  $G$ -equivariant simplicial map  $p': X' \rightarrow X$  that
  - maps bijectively the set of triangles of each  $Z'_k$  to the set of triangles of  $Z_k$  and
  - whose restriction  $Z'_k \rightarrow Z_k$  is a homotopy equivalence.

We introduce a partial order  $\leq$  on the set of multifoldings, writing  $(X', (Z'_k), p') \leq (X'', (Z''_k), p'')$  (or, shortly,  $X' \leq X''$ ) if there is a  $G$ -equivariant simplicial map  $r: X'' \rightarrow X'$  satisfying  $p'' = p' \circ r$ . Multifoldings  $X', X''$  are *equivalent* if  $X' \leq X''$  and  $X'' \leq X'$ . Let  $\mathcal{X}$  be the set of equivalence classes of multifoldings.

We claim that every chain of elements  $X'^\lambda$  in  $\mathcal{X}$  (where  $\lambda$  is an index) has an upper bound. Indeed, denote by  $p'_k$  the restriction of  $p'$  to  $Z'_k$  and write  $(Z'_k, p'_k) \leq (Z''_k, p''_k)$  whenever there is a  $G$ -equivariant simplicial map  $r: Z''_k \rightarrow Z'_k$  satisfying  $p''_k = p'_k \circ r$ . For each  $k$ , since  $G$  acts properly and cocompactly on  $Z_k^\lambda$ , by the first bullet point, we have that  $(Z_k^\lambda, p_k^\lambda)$  can take on only finitely values up to the appropriate equivalence. Thus, there exists a largest element among the  $(Z_k^\lambda, p_k^\lambda)$ , which we call  $Z_k^\infty$ . Furthermore, since  $(Z'_{k+1}, p'_{k+1}) \leq (Z''_{k+1}, p''_{k+1})$  implies  $(Z'_k, p'_k) \leq (Z''_k, p''_k)$ , we have natural injective maps  $Z_k^\infty \rightarrow Z_{k+1}^\infty$ . Let  $X'^\infty$  be their direct limit, equipped with the limit map  $p'^\infty$  to  $X$ . Since each  $Z_k^\infty$  is locally CAT(0) (Corollary 2.3), we have that  $X'^\infty$  is locally CAT(0) (Theorem E).

To prove that  $X'^\infty$  is an upper bound for our chain in  $\mathcal{X}$ , by Theorem 2.1, it remains to prove that  $X'^\infty$  is simply connected. Let  $\alpha$  be a closed edge-path in the 1-skeleton of  $X'^\infty$ , and fix  $k$ , such that  $\alpha$  lies in  $Z_k^\infty$ . Fix  $\lambda$  with  $Z_k^\lambda = Z_k^\infty$ , and keep the notation  $\alpha$  for its copy in  $Z_k^\lambda$ . Since  $X'^\lambda$  is simply connected, there is a disc diagram  $D \rightarrow X'^\lambda$  with boundary path  $\alpha$ . Fix  $l$ , such that the image of  $D$  is contained in  $Z_l^\lambda$ . Since, by the second bullet point, the induced map  $\pi_1 Z_l^\infty \rightarrow \pi_1 Z_l^\lambda$  is an isomorphism, we have that  $\alpha$  is trivial in  $\pi_1 Z_l^\infty$  and, hence, in  $\pi_1 X'^\infty$ . Consequently, by the Kuratowski–Zorn lemma, there is a maximal element  $X' \in \mathcal{X}$ .

We now prove that none of the links of  $X'$  are unfoldable. Otherwise, suppose that  $X'$  has a vertex  $v$  whose link  $\Gamma = \Gamma_1 \vee \Gamma_2$  is unfoldable at a point corresponding to an edge  $vw$  of  $X'$ . Let  $\mathcal{F} = \{g\Gamma_1\}$ , for  $g \in G$ . Since  $G$  acts without weak inversions, we have  $gv \neq hw$ , for all  $g, h \in G$ . Thus, we can define the folding over  $\mathcal{F}$ , which we denote by  $X_{\mathcal{F}} \rightarrow X'$ . The action of  $G$  on  $X'$  lifts to an action of  $G$  on  $X_{\mathcal{F}}$ . For each essential  $G$ -c.s.  $Z' \subset X'$ , let  $Z_{\mathcal{F}} \subset X_{\mathcal{F}}$  be the closure of the union of all the open triangles of  $X_{\mathcal{F}}$  mapping into  $Z'$ . Note that if  $Z'$  does not contain  $v$ , or if  $Z'$  contains  $v$ , but  $\text{lk}_v^{Z'}$  is contained in  $\Gamma_1$  or  $\Gamma_2$  (in the latter case,  $\text{lk}_v^{Z'} \subset \bigcap_{g \in \text{Stab}(v)} g\Gamma_2$ ), then  $Z_{\mathcal{F}} \rightarrow Z'$  is an isometry. Otherwise,  $\text{lk}_v^{Z'}$

contains edges lying on both the cycle  $\Gamma_1$  and the clover  $\Gamma_2$ . Since  $Z'$  is essential, the link  $\text{lk}_v^{Z'}$  is the wedge of  $\Gamma_1$  and a clover, so it is unfoldable. Then  $Z_{\mathcal{F}} \rightarrow Z'$  is the folding over the family  $\{g\Gamma_1\}$ , for  $g \in G$ . By Lemma 5.2(i,iii), we have that  $Z_{\mathcal{F}}$  is essential and  $Z_{\mathcal{F}} \rightarrow Z'$  is a homotopy equivalence. By Lemma 5.2(i,ii), we have that  $X_{\mathcal{F}}$  is simply connected and locally CAT(0), and, hence, CAT(0) by Theorem 2.1. Consequently, we have  $X_{\mathcal{F}} \in \mathcal{X}$  and  $X_{\mathcal{F}} > X'$ , contradicting the maximality of  $X'$ . Thus, none of the links of  $X'$  are unfoldable.

For the last assertion, note that, by Lemma 4.1 applied to  $X$ , we have that  $G$  is neither virtually cyclic, nor virtually  $\mathbb{Z}^2$ . Moreover,  $G$  is finitely generated, since it acts properly and cocompactly on  $Z_1$ , which is connected. Consequently, if  $X'$  does not have edges of degree 3, then by Proposition 3.1, we have that  $G$  contains a nonabelian free group, as desired.  $\square$

### 6. Criteria for rank 1 elements

In this section, we give criteria for finding ‘rank 1’ elements, and, consequently, free subgroups in  $G$ .

**Definition 6.1.** Let  $\gamma$  be a geodesic line in a CAT(0) triangle complex  $X$ . We say that  $\gamma$  is *curved* if  $\gamma$  passes through a vertex  $v$  and its incoming and outgoing directions at  $v$  are at angle  $> \pi$ .

**Lemma 6.2.** Let  $g$  be a loxodromic isometry of a CAT(0) triangle complex  $X$  with a curved axis  $\gamma$ . Then there exists  $M$ , such that the projection to  $\gamma$  of each closed metric ball in  $X$  disjoint from  $\gamma$  has diameter  $\leq M$ .

*Proof.* Suppose that  $\gamma$  passes through a vertex  $v$  with incoming and outgoing directions at angle  $> \pi + \kappa$ , for some  $\frac{\pi}{2} > \kappa > 0$ . Let  $R$  be the translation length of  $g$ . We will prove that  $M = R \lceil \frac{2\pi}{\kappa} \rceil$  satisfies the lemma. Otherwise, let  $x, y$  be points in a closed metric ball disjoint from  $\gamma$ , such that the projections  $x', y'$  of  $x, y$  to  $\gamma$  are at distance  $> M$ .

There are at least  $n = \lceil \frac{2\pi}{\kappa} \rceil$  translates of  $v$  under  $\langle g \rangle$  on  $x'y'$  distinct from  $x', y'$ . We denote these translates by  $v'_1, \dots, v'_n$ , in the order in which they appear on  $x'y'$ . By the continuity of the projection map, there are points  $v_1, \dots, v_n$  lying on the geodesic  $xy$  in that order, such that each  $v'_i$  is the projection of  $v_i$  to  $\gamma$ . We additionally denote  $v_0 = x, v'_0 = x', v_{n+1} = y, v'_{n+1} = y'$ . For  $0 \leq i \leq n$ , let  $\beta_i$  denote the geodesic quadrilateral  $v_i v_{i+1} v'_{i+1} v'_i v_i$ . The sum of the four Alexandrov angles of each  $\beta_i$  is  $\leq 2\pi$  [BH99, II.2.11], so the sum of all the Alexandrov angles of all  $\beta_i$  is  $\leq (n + 1)2\pi$ .

On the other hand, for  $0 \leq i < n$ , the sum of the Alexandrov angles of  $\beta_i$  and  $\beta_{i+1}$  at  $v_{i+1}$  is  $\geq \pi$ . We will now prove that the sum of the Alexandrov angles of  $\beta_i$  and  $\beta_{i+1}$  at  $v'_{i+1}$  is  $> \pi + \kappa$ . Indeed, if one of them is not equal to the angle in the usual sense (see Section 2), then it equals  $\pi$ . However, since  $v'_{i+1}$  is the projection of  $v_{i+1}$ , the second Alexandrov angle is  $\geq \frac{\pi}{2}$ , so their sum is  $\geq \frac{3\pi}{2}$ , as desired. Consequently, we have  $n(\pi + \pi + \kappa) < (n + 1)2\pi$ , and so  $n\kappa < 2\pi$ , which is a contradiction.  $\square$

**Lemma 6.3.** Let  $G$  be a group acting almost freely on a CAT(0) triangle complex  $X$  with a fixed point  $\xi$  in the visual boundary of  $X$ . Suppose that there is a curved axis  $\gamma$  for some  $g \in G$  with one of the limit points  $\xi$ . Then  $G$  is virtually cyclic.

*Proof.* Consider the space of geodesic rays  $\rho: [0, \infty) \rightarrow X$  representing  $\xi$ , with the pseudometric  $d(\rho_1, \rho_2) = \inf_{t_1, t_2} d(\rho_1(t_1), \rho_2(t_2))$ . Identifying  $\rho_1$  with  $\rho_2$  for  $d(\rho_1, \rho_2) = 0$ , we obtain a metric space whose metric completion  $X_\xi$  is CAT(0) [Lee00, Proposition 2.8]. Since  $X$  has geometric dimension  $\leq 2$  (see [Kle99]), by [Cap09, Remark after Corollary 4.4], we have that  $X_\xi$  has geometric dimension  $\leq 1$  (more precisely, as we learned from Pierre-Emmanuel Caprace, for any  $\rho$  representing  $\xi$ , the space  $X_\xi \times \mathbb{R}$  embeds isometrically in the pointed ultralimit of  $(X, \rho(n))_n$ , which has geometric dimension  $\leq 2$  by [Lyt05, Lemma 11.1]). Since  $G$  fixes  $\xi$ , the action of  $G$  on  $X$  induces an action of  $G$  on  $X_\xi$ .

We will now justify that a complete CAT(0) space  $X_\xi$  of geometric dimension  $\leq 1$  is an  $\mathbb{R}$ -tree, which we learned also from Pierre-Emmanuel Caprace. For a geodesic triangle  $xyz$  in  $X_\xi$ , let  $x'$  be the projection of  $x$  to the geodesic  $yz$ . If  $x' \neq x, y$ , then the direction of the geodesic  $x'x$  in  $\text{lk}_{x'}^{X_\xi}$  is distinct from that of the geodesic  $x'y$ . Thus, the geodesic  $xy$  must pass through  $x'$ , since otherwise mapping it

to  $\text{lk}_{x'}^{X_\xi}$  would give a path between distinct points of a discrete set. Analogously, the geodesic  $xz$  passes through  $x'$ , and so  $xyz$  is 0-thin, justifying that  $X_\xi$  is an  $\mathbb{R}$ -tree.

Suppose, first, that there is  $h \in G$  acting loxodromically on  $X_\xi$ . Let  $M$  be the constant given by Lemma 6.2 for  $\gamma$ . Let  $\rho$  be a ray in  $\gamma$  representing  $\xi$ . Since  $h$  acts loxodromically on  $X_\xi$ , after possibly replacing  $h$  by its power, we can assume  $d(\rho, h\rho) > M$ . Assume, without loss of generality, that the Busemann function (see [BH99, II.8.17 and II.8.20]) satisfies  $B_\xi(\rho(0)) \leq B_\xi(h\rho(0))$ . Then for each  $t \geq 0$ , the projection  $p(t)$  of  $\rho(t)$  to  $h\gamma$  is contained in  $h\rho$ , and for  $D = d(\rho(0), h\rho(0))$ , we have  $d(\rho(t), p(t)) \leq D$ . Pick  $k \in \mathbb{N}$  with  $kM > 2D$ . Then, by the triangle inequality, we have  $d(p(0), p(2kM)) \geq 2kM - 2D > kM$ . Consequently, there is  $0 \leq n < k$ , such that  $d(p(2nM), p(2(n+1)M)) > M$ . Thus, the closed ball of radius  $M$  centred at  $\rho((2n+1)M)$  is disjoint from  $h\gamma$  and contains points  $\rho(2nM), \rho(2(n+1)M)$  whose projections to  $h\gamma$  are at distance  $> M$ . This contradicts the choice of  $M$ .

Consequently,  $G$  has a global fixed point in  $X_\xi$  (which might not be represented by a geodesic ray but be a point added in the completion). Thus, there is  $D > 0$ , such that for any  $\varepsilon > 0$ , there is a geodesic ray  $\rho'$  representing  $\xi$  at distance  $\leq D$  from  $\rho$  and satisfying  $d(\rho', g\rho') < \varepsilon$  for each  $g \in G$ . Consider the homomorphism  $\psi: G \rightarrow \mathbb{R}$  defined by  $\psi(g) = B_\xi(gx) - B_\xi(x)$  for any  $x \in X$ . We will now justify that  $\psi$  has discrete image. Otherwise, for any  $\varepsilon > 0$  and  $\rho'$  as above, there is  $t > 0$ , such that  $d(\rho'(t), g\rho'(t)) < 2\varepsilon$ , but  $g$  does not fix a point of  $X$ . This contradicts Remark 2.5 applied with  $Y$  containing the  $D$ -neighbourhood of  $\gamma$ .

Let  $K$  be the kernel of  $\psi$ . Arguing as in the previous paragraph, we obtain that every  $g \in K$  fixes a point of  $X$ . By [NOP22, Theorem 1.1(i)], every finitely generated subgroup of  $K$  fixes a point of  $X$ . Since  $K$  acts almost freely, we have that  $K$  is finite and so  $G$  is virtually cyclic.  $\square$

**Proposition 6.4.** *Let  $G$  be a group acting almost freely on a CAT(0) triangle complex  $X$ . Assume that  $G$  contains a loxodromic element  $g$  with a curved axis  $\gamma$ . Then  $G$  is virtually cyclic or contains a nonabelian free group.*

*Proof.* By Lemma 6.2,  $g$  is rank 1 in the sense of [BF09, Definition 5.1]. By Lemma 6.3, we can assume that  $G$  does not have a finite index subgroup fixing a limit point of  $\gamma$ . Then there is  $f \in G$  with  $\gamma$  and  $f\gamma$  having disjoint limit point pairs. Consequently, by [BF09, Proposition 5.9], for some  $n$ , the elements  $g^n$  and  $f g^n f^{-1}$  generate a nonabelian free group.  $\square$

### 7. Extrationality

The main result of this section will be Proposition 7.4, where we will show that in the absence of unfoldable vertices and curved axes, the complex  $X$  enjoys a particularly strong rationality property of angles, which we call extrationality.

**Definition 7.1.** The *branching locus*  $E$  of a triangle complex  $X$  is the subcomplex of  $X$  that is the union of all the closed edges of degree  $\geq 3$ . A *patch* of  $X$  is a maximal connected subspace  $P$  of  $X \setminus E$ , such that  $P \setminus X^0$  is connected (see Figure 4). If  $X$  is simply connected, then by Van Kampen’s theorem,  $P$  is a planar surface, and so we can choose an orientation on  $P$ .

We equip  $P \setminus X^0$  with the length metric induced from  $X \setminus X^0$  (see [BH99, Chapter I.3.24]). Let  $\bar{P}$  denote the completion of  $P \setminus X^0$ , which admits an obvious embedding of  $P$ . Furthermore,  $\bar{P}$  admits an obvious triangle complex structure and a simplicial map  $\bar{P} \rightarrow X$  fitting the following commutative diagram.

$$\begin{array}{ccc}
 & & P \\
 & \swarrow & \downarrow \\
 \bar{P} & \longrightarrow & X
 \end{array}$$

Note that  $\bar{P}$  is a connected surface with boundary, which we denote  $\partial P$ .

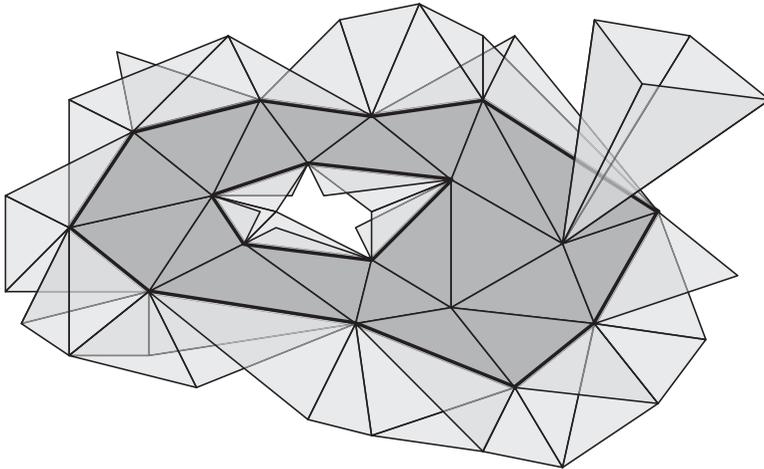


Figure 4. A patch (in dark grey).

**Definition 7.2.** A triangle complex  $X$  is *piecewise Euclidean* if all its triangles are geodesic Euclidean triangles. A piecewise Euclidean triangle complex  $X$  is *rational* if for any vertex  $v$  of  $X$ , all cycles and segments (see Section 5) in the link of  $v$  have lengths commensurable with  $\pi$ . In particular, the angle at  $v$  between any edges of the branching locus  $E$  is then commensurable with  $\pi$ . A rational triangle complex  $X$  is *extrarational* if

- for any vertex  $v$  of  $X$  with a component  $C$  of  $\text{lk}_v^X$ , a circle, we have that the length of  $C$  is  $2\pi$  and
- each homomorphism  $\psi$  defined below is trivial.

We define  $\psi = \psi(P)$  for each patch  $P$  of  $X$ . Consider the chain complex  $C_*(\bar{P}, \partial P)$  consisting of those singular chains that are affine with respect to the affine structure on  $\bar{P}$  induced by the piecewise Euclidean metric. Note that the affine structure on  $\bar{P}$  has singularities at the points  $x$  of  $\partial P$  with  $\text{lk}_x^{\bar{P}}$  of length  $\neq \pi$ , and so we require our affine chains to be disjoint from such  $x$  except possibly at the vertices. For each  $x \in \bar{P}$ , choose (not necessarily continuously) a direction  $\xi_x \in \text{lk}_x^{\bar{P}}$  at  $x$ , with the only restriction that for  $x \in \partial P$ , the direction  $\xi_x$  corresponds to one of the edges in  $\partial P$  containing  $x$ . For an affine singular 1-simplex  $\sigma \rightarrow \bar{P}$  with endpoints  $x$  and  $y$ , let  $\psi(\sigma) \in \mathbb{R}/\pi\mathbb{Q}$  be the oriented angle between  $\xi_x$  and  $\sigma$  at  $x$  minus the oriented angle between  $\xi_y$  and  $\sigma$  at  $y$ . Note that since  $X$  was rational, this equals  $0 \pmod{\pi\mathbb{Q}}$  for  $\sigma$  in  $\partial P$ , and so we obtain a homomorphism  $\psi : C_1(\bar{P}, \partial P) \rightarrow \mathbb{R}/\pi\mathbb{Q}$ . Note that the restriction of  $\psi$  to  $Z_1(\bar{P}, \partial P)$  does not depend on the choice of the  $\xi_x$ . Furthermore, for each affine singular 2-simplex  $\tau$ , we have  $\psi(\partial\tau) = \pm\pi = 0 \pmod{\pi\mathbb{Q}}$ , and so  $\psi$  descends to a homomorphism  $\psi : H_1(\bar{P}, \partial P) \rightarrow \mathbb{R}/\pi\mathbb{Q}$ . It is not hard to check that our  $H_1(\bar{P}, \partial P)$  coincides with the usual first (singular) homology group.

We will need the following variant of [BB95, Lemma 7.4] that was implicit in the proof of [NOP22, Proposition 3.4].

**Lemma 7.3.** Let  $G$  be a group acting almost freely on a CAT(0) triangle complex  $X$  that is an increasing union of essential  $G$ -c.s. Furthermore, assume that there is a vertex  $v$  of  $X$  with points  $\xi_i, \eta_i \in \text{lk}_v^X$ , for  $i = 1, \dots, n$ , such that

- $d_v^X(\xi_i, \eta_i) = \pi$  for  $i = 1, \dots, n$ , and
- $d_v^X(\eta_i, \xi_{i+1}) \geq \pi$  for  $i = 1, \dots, n - 1$  and
- $d_v^X(\eta_n, \xi_1) > \pi$ .

Then  $G$  contains a loxodromic element  $g$  with a curved axis.

*Proof.* Let  $Z \subset X$  be an essential  $G$ -c.s. containing  $v$ , such that  $\text{lk}_v^Z$  contains  $\xi_i, \eta_i$ , with  $d_v^Z(\xi_i, \eta_i) = \pi$ , for  $i = 1, \dots, n$ . By [NOP22, Lemma 5.4] (which was stated in terms of the compact quotient but has

the same proof for proper and cocompact actions), for any  $\varepsilon > 0$ , there is a path  $\omega = \omega_1 \cdots \omega_{3n}$  in  $Z$ , such that

- paths  $\omega_j$  are local geodesics in  $Z$ , and
- there are  $g_0 = \text{id}, g_1, \dots, g_n = g \in G$  such that paths  $\omega_{3i+1}$  start at  $g_i v$ , paths  $\omega_{3i}$  end at  $g_i v$ , and except for that  $\omega$  is disjoint from the vertex set  $Z^0$  and transverse to  $Z^1$ , and
- the starting direction of  $\omega_{3i+1}$  is at distance  $< \frac{\varepsilon}{2}$  to  $g_i \xi_{i+1}$  in  $\text{lk}_{g_i v}^Z$ , and the ending direction of  $\omega_{3i}$  is at distance  $< \frac{\varepsilon}{2}$  to  $g_i \eta_i$  and
- at the remaining breakpoints,  $\omega_j$  and  $\omega_{j+1}$  are at angle  $> \pi - \varepsilon$  (and  $\leq \pi$  since outside  $Z^0$ ).

Since  $\omega_j$  are disjoint from  $Z^0$  and transverse to  $Z^1$ , by Theorem 2.2, they are geodesics in  $X$ . The last two bullet points hold in  $X$  as well. In particular, at all the breakpoints  $\omega_j$  and  $\omega_{j+1}$  are at angle  $> \pi - \varepsilon$ . By [BB95, Lemma 2.5], the geodesic  $\gamma$  in  $X$  with the same endpoints as  $\omega$  starts and ends in directions at distance  $< (3n - 1)\varepsilon$  to  $\xi_1, g\eta_n$ . Consequently, for  $\varepsilon$  sufficiently small, by Theorem 2.2, we have that  $\bigcup_{l \in \mathbb{Z}} g^l \gamma$  is a curved axis for  $g$ . □

**Proposition 7.4.** *Let  $G$  be a group acting almost freely on a CAT(0) triangle complex  $X$  that is an increasing union of essential  $G$ -c.s. and none of whose links are unfoldable. If  $X$  is not  $G$ -equivariantly isometric (by a possibly nonsimplicial isometry) to a piecewise Euclidean triangle complex  $X'$  or  $X$  is isometric to such  $X'$  but  $X'$  is not extratational, then  $G$  is virtually cyclic or contains a nonabelian free group.*

*Proof.* To prove that  $G$  is virtually cyclic or contains a nonabelian free group in each case we will show the existence of a curved axis in  $X$  (or in a different CAT(0) triangle complex  $\bar{X}$ ) for an element of  $G$ , since then the proposition follows from Proposition 6.4.

Assume first that  $X$  is not  $G$ -equivariantly isometric to a piecewise Euclidean triangle complex  $X'$ . Then by [BB95, Proposition 2.11] there is

- (i) a point in the interior of a triangle of  $X$  with negative Gaussian curvature, or
- (ii) a point in the interior of an edge of  $X$  with negative sum of geodesic curvatures of some two incident triangles, or
- (iii) a vertex  $v$  of  $X$  with  $\text{lk}_v^X$  a circle of length  $> 2\pi$ .

In case (iii), or, more generally, if  $\text{lk}_v^X$  has a component  $C$  that is a circle of length  $> 2\pi$ , let  $\xi_1, \eta_1$  be points at distance  $\pi$  in  $C$ , and let  $\eta_2, \xi_2$  be their antipodal points. Applying Lemma 7.3 with  $n = 2$ , we obtain a curved axis. In cases (i) and (ii), by [NOP22, Lemma 5.5], there is a CAT(0) triangle complex  $\bar{X}$ , obtained from  $X$  by a  $G$ -equivariant subdivision and a  $G$ -equivariant replacement of the smooth Riemannian metrics, with a vertex  $u \in \bar{X}$  whose  $\text{lk}_u^{\bar{X}}$  is either

- a circle of length  $> 2\pi$  or
- a graph obtained from a family of disjoint circles  $C_1, C_2, \dots$  of length  $2\pi$  by glueing them along a nontrivial arc  $b$  of length  $< \pi$ .

The first bullet point brings us to case (iii). In the case of the second bullet point, let  $\xi_1, \xi_2 \in C_1 \setminus b$  and  $\eta_1, \eta_2 \in C_2 \setminus b$  be points at distance  $\frac{\pi}{2}$  from the endpoints of  $b$ , with  $d_u^{\bar{X}}(\xi_1, \eta_1) = d_u^{\bar{X}}(\xi_2, \eta_2) = \pi$ . Applying Lemma 7.3 with  $n = 2$ , we obtain a curved axis in  $\bar{X}$ , as desired.

Thus, without loss of generality, we can assume that  $X$  is a piecewise Euclidean triangle complex. If  $X$  is not rational, then by [BB95, Proposition 7.7], applied to an essential  $G$ -c.s., there is a closed locally injective edge-path  $\beta$  in some  $\text{lk}_v^X$  whose length is not commensurable with  $\pi$ . In particular, by [BB95, Lemma 6.1(iii)], there are points  $\xi, \eta$  in  $\text{lk}_v^X$  at distance  $> \pi + \delta$ , for some  $\delta > 0$  (one could apply [NOP22, Corollary 1.7] to find such  $\xi, \eta$  in  $\beta$ , but it does not simplify the argument). Let  $\beta_-$  (respectively,  $\beta_+$ ) be the shortest path from  $\xi$  (respectively,  $\eta$ ) to  $\beta$ . Since the length of  $\beta$  is not commensurable with  $\pi$ , there is a path  $\beta_- \beta_0 \beta_+$  with  $\beta_0$  factoring through the universal cover of  $\beta$  whose length equals  $(2n - 1)\pi + \delta'$  for some  $n \in \mathbb{N}$  and  $0 \leq \delta' \leq \delta$ . Choosing  $\xi_1 = \xi, \eta_1, \xi_2, \dots, \eta_n$  as consecutive points at distance  $\pi$  along that path, we have  $d_v^X(\xi_1, \eta_n) > \pi$ . Applying Lemma 7.3, we obtain a curved axis.

Finally, if  $X$  is not extrational, let  $P$  be a patch of  $X$  with nontrivial  $\psi = \underline{\psi}(P)$ . Since  $P$  is planar, there is an element in  $H_1(\overline{P}, \partial P)$  represented by a piecewise affine path  $\alpha$  in  $\overline{P}$  with endpoints in  $\partial P$  and  $\psi(\alpha) \neq 0$ . Let  $\alpha$  be shortest among such paths, which exists since  $\text{Stab}(P)$  acts cocompactly on  $\overline{P}$ . Note that then  $\alpha$  does not intersect  $\partial P$  except at its endpoints, since, otherwise, we could decompose it into two shorter paths, with  $\psi$  nontrivial on at least one of them. Thus, the image of  $\alpha$  in  $X$  (for which we keep the same notation) is a local geodesic in  $X$  that intersects the branching locus  $E$  exactly at its endpoints  $x, x'$ . Let  $e$  (respectively,  $e'$ ) be the segment of  $\text{lk}_x^X$  (respectively,  $\text{lk}_{x'}^X$ ) containing the point corresponding to the direction of  $\alpha$ . By the shortness condition, we have that  $e$  (respectively,  $e'$ ) has endpoints at distance  $\geq \frac{\pi}{2}$  from  $x$  (respectively,  $x'$ ), and so is of length  $\geq \pi$ . They cannot both have length  $\pi$ , since then we would have  $\psi(\alpha) = 0$ , so assume, without loss of generality, that the length  $l$  of  $e$  is  $> \pi$ .

If  $l > 2\pi$ , then it is easy to find points  $\eta_1, \xi_1, \xi_2, \eta_2$  lying on  $l$  in that order and satisfying the hypothesis of Lemma 7.3 with  $n = 2$ . If  $2\pi > l > \pi$  or  $l = 2\pi$  and the endpoints of  $e$  are distinct, then the construction of such points is given in the proof of [BB95, Lemma 7.6]. It remains to consider the case where  $l = 2\pi$  and where both endpoints of  $e$  are equal to a vertex  $y$ . Let  $\Gamma_2$  be the graph obtained from  $\text{lk}_x^X$  by removing  $e$ . If  $\Gamma_2$  contains a point  $z$  at distance  $> \pi$  from  $y$ , then it is easy to find points  $\xi_1, \eta_1, \xi_2, \eta_2$  on a geodesic from  $z$  to the midpoint of  $e$  satisfying the hypothesis of Lemma 7.3 with  $n = 2$ . Otherwise,  $\Gamma_2$  is a clover, contradicting the assumption that  $\text{lk}_x^X$  is not unfoldable.  $\square$

### 8. Sheared geodesics

In this section, we prove that the following piecewise geodesics have distinct endpoints. We will use some vocabulary from Section 4.

**Definition 8.1.** A *sheared geodesic* in a piecewise Euclidean triangle complex  $X$  is a concatenation  $\gamma_1 \cdot \gamma_2 \cdots \gamma_{2k-1} \cdot \gamma_{2k}$  of geodesics, such that (see Figure 5):

- for  $i = 1, \dots, k$ , the (possibly trivial) geodesic  $\gamma_{2i}$  lies in the interior of an edge  $e_i$  of  $X$  and
- for  $i = 1, \dots, k - 1$ , the geodesic  $\gamma_{2i-1}$  ends and the geodesic  $\gamma_{2i+1}$  starts perpendicularly to  $e_i$  in triangles of  $X$  that are distinct, and the geodesic  $\gamma_{2k-1}$  ends perpendicularly to  $e_k$  in a triangle.

**Proposition 8.2.** Let  $X$  be a piecewise Euclidean triangle complex that is CAT(0). Let  $\gamma$  in  $X$  be a sheared geodesic. Then  $\gamma$  is not a closed path.

The proof will use the following two building blocks.

**Lemma 8.3.** Let  $X$  be a piecewise Euclidean triangle complex that is CAT(0). Let  $xy$  be a nontrivial geodesic in  $X$ , such that  $y$  belongs to the interior of an edge  $e$  of  $X$  and  $xy$  ends in a triangle  $T$ . Then for any  $z$  in the interior of  $e$ , the geodesic  $xz$  is nontrivial and ends in  $T$ .

*Proof.* We have  $z \neq x$  since edges are geodesics, and so, in particular,  $x$  does not lie in  $e$ . If for some  $z$  in the interior of  $e$  the geodesic  $xz$  does not end in  $T$ , then, since the geodesic  $xz$  varies continuously with  $z$ , for some  $z$  in the interior of  $e$ , the geodesic  $xz$  ends in  $e$ . Denote by  $e_1, e_2$  the two subedges into which

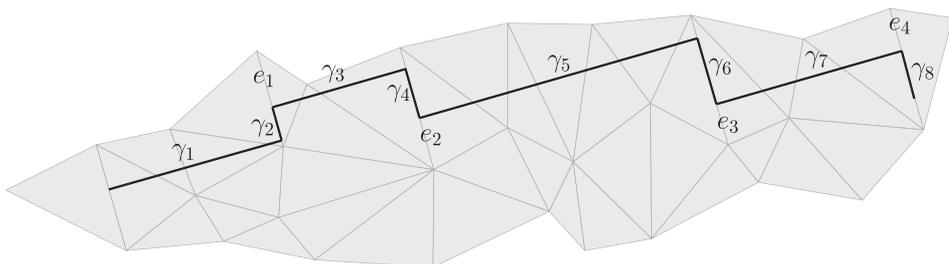


Figure 5. A sheared geodesic.

such  $z$  divides  $e$ . Suppose that  $xz$  ends in  $e_1$ . Then the entire  $e_1$  must lie in  $xz$ . Moreover, appending  $xz$  by  $e_2$ , we also obtain a geodesic (Theorem 2.2). Since  $y$  lies in  $e = e_1 \cdot e_2$ , this shows that  $xy$  ends in  $e$ , which is a contradiction.  $\square$

**Lemma 8.4.** *Let  $X$  be a piecewise Euclidean triangle complex that is CAT(0). Let  $xz$  be a nontrivial geodesic in  $X$ , such that  $z$  belongs to the interior of an edge  $e$  of  $X$  and  $xz$  ends in a triangle  $T$ . Suppose that  $y$  belongs to the interior of an edge  $e'$  of  $X$  and  $zy$  is a nontrivial geodesic in  $X$  that starts perpendicularly to  $e$  in a triangle distinct from  $T$  and ends perpendicularly to  $e'$  in a triangle  $T'$ . Then the geodesic  $xy$  is nontrivial and ends in  $T'$ .*

*Proof.* Consider the geodesic triangle  $xyz$ . By our assumptions, its Alexandrov angle at  $z$  is  $> \frac{\pi}{2}$ , and so, in particular,  $x \neq y$ , and its Alexandrov angle at  $y$  is  $< \frac{\pi}{2}$ . Since  $zy$  ends in a triangle  $T'$  perpendicularly to  $e'$ , we have that  $xy$  ends in  $T'$ , as desired.  $\square$

*Proof of Proposition 8.2.* Let  $\gamma = \gamma_1 \cdot \gamma_2 \cdots \gamma_{2k-1} \cdot \gamma_{2k}$  as in Definition 8.1. For  $i = 1, \dots, k$ , denote  $\gamma_{2i} = y_i z_i$  and denote by  $T_i$  the triangle in which  $\gamma_{2i-1}$  ends. Let  $x$  be the starting point of  $\gamma_1$ . We prove by induction on  $i = 1, \dots, k$ , that  $x$  and  $z_i$  are distinct and that the geodesic  $xz_i$  ends in  $T_i$ . The proposition follows from this induction hypothesis applied with  $i = k$ .

For  $i = 1$ , the induction hypothesis follows from Lemma 8.3. Suppose now that we have established it for some  $i = m < k$ . Then, by Lemma 8.4, the geodesic  $xy_{m+1}$  is nontrivial and ends in  $T_{m+1}$ . Thus, by Lemma 8.3, the induction hypothesis holds for  $i = m + 1$ .  $\square$

**9. Free**

*Proof of Proposition 3.2.* By Proposition 5.3, we can assume that none of the vertex links of  $X$  are unfoldable. Thus, by Proposition 7.4 and Lemma 4.1(i), we can assume that  $X$  is piecewise Euclidean and extratational. Let  $Z \subset X$  be a thick  $G$ -c.s. Note that each patch of  $X$  either has no triangle in  $Z$  or is contained in  $Z$ , in which case, we call it a  $Z$ -patch.

Since  $X$  is rational, and  $Z$  is a  $G$ -c.s., there is  $q \in \mathbb{N}$ , such that for each  $Z$ -patch  $P$  and each vertex  $v \in \partial P$ , the length of  $\text{lk}_v^{\bar{P}}$  is a multiplicity of  $\frac{\pi}{q}$ . For each  $Z$ -patch  $P$ , we define the homomorphism  $\psi' = \psi'(P) : H_1(\bar{P}, \partial P) \rightarrow \mathbb{R}/\frac{\pi}{q}\mathbb{Z}$  in the same way as  $\psi$ , but replacing  $\pi\mathbb{Q}$  by  $\frac{\pi}{q}\mathbb{Z}$ . We have  $\psi = \psi' \bmod \pi\mathbb{Q}$ . Since  $\psi$  is trivial, the image of  $\psi'$  is contained in  $\pi\mathbb{Q}/\frac{\pi}{q}\mathbb{Z}$ . Since there are finitely many  $G$ -orbits of  $Z$ -patches, and since each  $H_1(\bar{P}, \partial P)$  is finitely generated as a  $\text{Stab}(P)$ -module, there is  $q' \in \mathbb{N}$ , such that the image of each  $\psi'$  is contained in  $\frac{\pi}{q'}\mathbb{Z}/\frac{\pi}{q}\mathbb{Z}$ . Consequently, for any  $Z$ -patch  $P$ , any geodesic  $xy$  in  $\bar{P}$  disjoint from  $\partial P$ , except at its endpoints, that is at angle  $\in \frac{\pi}{q'}\mathbb{Z}$  from  $\partial P$  at  $x$ , is also at angle  $\in \frac{\pi}{q}\mathbb{Z}$  from  $\partial P$  at  $y$ . Without loss of generality, assume that  $q'$  is even.

We need the following variant of the Liouville measure  $\mu$  from [BB95, Section 3]. Let  $S$  be the set of all the directions  $\xi$  at an angle  $\theta(\xi) \in \frac{\pi}{q}\mathbb{Z} \cap (-\frac{\pi}{2}, \frac{\pi}{2})$  from a direction normal to  $E$  in the links  $\text{lk}_x^Z$  for all the points  $x \in Z$  that lie in the interior of an edge  $e$  of  $E$ . The Liouville measure  $d\mu(\xi)$  on  $S$  is given as  $\cos \theta(\xi) dx$ , where  $dx$  is the volume element on  $e$ . Let  $V \subset S$  be the full measure subset of  $S$  of directions  $\xi$ , such that each geodesic ray  $\gamma$  in  $Z$  with starting direction  $\xi$  is disjoint from  $Z^0$ . Let  $F : V \rightarrow \mathcal{P}(V)$  be the map defined by  $\eta \in F(\xi)$  for  $\eta \in \text{lk}_x^Z$  if there exists a geodesic  $yz$  in  $Z$  with starting direction  $\xi$ , intersecting  $E$  only in  $y$  and  $x$  and with  $\eta$  being the direction at  $x$  of  $xz$ . Since  $G$  acts on  $Z$  properly and cocompactly, we have that each  $F(\xi)$  is finite. We can thus define a Markov chain with states  $V$  and transition probabilities  $\frac{1}{|F(\xi)|}$  from  $\xi$  to each  $\eta \in F(\xi)$ . By (the calculation in) [BB95, Proposition 3.3], the measure  $\mu$  is stationary for this Markov chain. Thus, the space  $V^{\mathbb{Z}}$  can be equipped with Markov measure  $\mu^*$  invariant under the shift (see, e.g. [Wal82, Example (8), page 21]). Since  $Z$  is a  $G$ -c.s., the quotient  $V^{\mathbb{Z}}/G$  by the diagonal action of  $G$  is of finite measure. Note that the shift map descends to  $V^{\mathbb{Z}}/G$  and is still measure preserving.

Let  $e$  be an edge of  $Z$  lying in three distinct triangles  $T_a, T_b, T_c$  of  $Z$ . Let  $V^{ab} \subset V^{\mathbb{Z}}$  be the set of  $(\xi_i)_i$ , such that

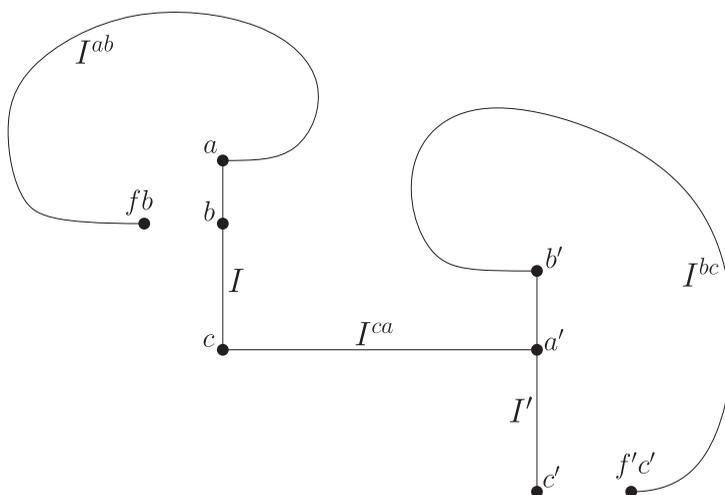


Figure 6. The graph  $\Gamma$ .

- we have  $\xi_1 \in \text{lk}_x^{T_a}$  for  $x \in e$ , and  $\xi_1$  is at angle  $\frac{\pi}{2}$  from  $e$  and
- the geodesic  $\gamma_x$  from the definition of  $\xi_1 \in F(\xi_0)$  ends in  $T_b$ .

Note that  $V^{ab}$  has positive Markov measure. Thus, by the Poincaré recurrence (see, e.g. [Wal82, Theorem 1.4]), there is  $(\xi_i)_i \in V^{ab}$  and  $j > 0$  with  $(\xi_{i-j})_i \in GV^{ab}$ . Consequently, there is a geodesic  $\gamma^{ab}$  in  $Z \setminus Z^0$  starting perpendicularly to  $e$  in  $T_a$  and ending perpendicularly to a translate  $fe$  in  $fT_b$ , for some  $f \in G$ .

Denote by  $a, fb$  the endpoints of  $\gamma^{ab}$ . Let  $I^{ab}$  be the domain of the isometric embedding  $\gamma^{ab} : I^{ab} \rightarrow Z \setminus Z^0$ . Analogously, there is a geodesic  $\gamma^{ca} : I^{ca} \rightarrow Z \setminus Z^0$  starting perpendicularly to  $e$  in  $T_c$  and ending perpendicularly to a translate  $ge$  in  $gT_a$ , with endpoints  $c, a'$ , for some  $g \in G$ . Finally, there is a geodesic  $\gamma^{bc} : I^{bc} \rightarrow Z \setminus Z^0$  starting perpendicularly to  $ge$  in  $T_b$  and ending perpendicularly to a translate  $f'ge$  in  $f'gT_c$ , with endpoints  $b', f'c'$ , for some  $f' \in G$ . Let  $\gamma : I \rightarrow e$  be the shortest geodesic in  $e$  containing all  $a, b, c$  in its image (possibly  $I$  is a single point), and let  $\gamma' : I' \rightarrow ge$  be the shortest geodesic in  $ge$  containing all  $a', b', c'$  in its image.

Let  $\Gamma$  be the metric graph obtained in the following way. We start from the disjoint union of the five intervals  $I^{ab}, I^{ca}, I^{bc}, I, I'$ , and we identify (see Figure 6):

- points of  $I$  and  $I^{ab}$  mapping to  $a$  under  $\gamma$  and  $\gamma^{ab}$ ,
- points of  $I$  and  $I^{ca}$  mapping to  $c$  under  $\gamma$  and  $\gamma^{ca}$ ,
- points of  $I'$  and  $I^{ca}$  mapping to  $a'$  under  $\gamma'$  and  $\gamma^{ca}$  and
- points of  $I'$  and  $I^{bc}$  mapping to  $b'$  under  $\gamma'$  and  $\gamma^{bc}$ .

Note that  $\Gamma$  admits the map  $\varphi : \Gamma \rightarrow Z$  that is the quotient of  $\gamma^{ab} \sqcup \gamma^{ca} \sqcup \gamma^{bc} \sqcup \gamma \sqcup \gamma'$ . Let  $s, t, s', t'$ , be the points in  $I, I^{ab}, I', I^{bc}$  mapping under  $\varphi$  to  $b, fb, c', f'c'$ , respectively.

Let  $F_2$  be the free group on two generators  $h, h'$ , and let  $\widehat{\Gamma}$  be the quotient of the graph  $F_2 \times \Gamma$  (which is the disjoint union of  $F_2$  copies of  $\Gamma$ ) by the relations  $w \times t \sim wh \times s, w \times t' \sim wh' \times s'$ , for all  $w \in F_2$ . Note that  $\widehat{\Gamma}$  is a tree with a free action of  $F_2$ . Let  $\varphi_* : F_2 \rightarrow G$  be the homomorphism mapping  $h, h'$  to  $f, f'$ , respectively. Then  $\varphi$  extends to a  $\varphi_*$ -equivariant map  $\widehat{\varphi} : \widehat{\Gamma} \rightarrow Z$  mapping each  $w \times r \in F_2 \times \Gamma$  to  $\varphi_*(w)\varphi(r) \in Z$ .

Let  $w$  be a nontrivial element of  $F_2$ , and let  $\mathbb{R}_w$  be the axis for  $w$  in  $\widehat{\Gamma}$ . Pick  $p \in \mathbb{R}_w$  an endpoint of a translate of one of  $I^{ab}, I^{ca}, I^{bc}$  contained in  $\mathbb{R}_w$ . Let  $I_w \subset \mathbb{R}_w$  be the interval between  $p$  and  $wp$ , and let  $\gamma_w : I_w \rightarrow Z$  be the restriction of  $\widehat{\varphi}$  to  $I_w$ . Since  $T_a, T_b, T_c$ , were distinct, we have that  $\gamma_w$  is a sheared geodesic. By Proposition 8.2, we have  $\widehat{\varphi}(p) \neq \widehat{\varphi}(wp) = \varphi_*(w)\widehat{\varphi}(p)$ , and, consequently,  $\varphi_*(w)$  is nontrivial. Thus,  $\varphi_*$  is injective, and so  $G$  contains a nonabelian free group.  $\square$

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