

BJPsych

Bulletin

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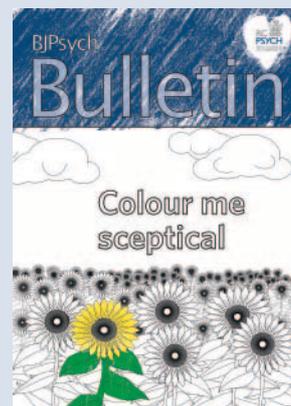
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Cover image

In this issue, Farias & Wikholm (pp. 329–332) look critically at the application of mindfulness approaches in mental health.