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Use of Telemedicine Methods as an Additional Tool in the Community Psychiatry Treatment of Schizophrenic Patients

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Telepsychiatry is a relatively new method of therapy, which has been lately introduced in Poland. In one of the studies performed recently among psychiatric patients before the application of Telepsychiatry tools, the majority of the participants responded that this new method of treatment may be complementary to a visit to a doctor in person, but it cannot replace it. Following this attitude of patients a program has been developed, in which patients treated in an outpatient department in a traditional way have been given an additional possibility of contacting their doctors with the use of a special application on a portable electronic device. Other functions of this application are possibilities of PANSS, Calgary and CGI measurements and cognitive trainings for the patients. This type of a remote contact with patients can be an effective tool in the work in a community therapy attitude in an outpatient setting.