

CNS SPECTRUMS®

The International Journal of Neuropsychiatric Medicine



New Perspectives on Examining Neuropsychiatric Disorders

Is Obsessive-Compulsive Disorder Caused by a Second-Messenger Imbalance?

D. Marazziti, J. Perez, and G.B. Cassano

Electroretinogram B-Wave Amplitude in Panic Disorder

P. Castrogiovanni, F. Pieraccini, S. Iapichino, et al

A Magnetic Resonance Imaging Study of Regional Cortical Volumes Following Stereotactic Anterior Cingulotomy

S.L. Rauch, N. Makris, G.R. Cosgrove, et al

The "Prodromal" Patient: Both Symptomatic and At-Risk

S.W. Woods, T.J. Miller, and T.H. McGlashan

The Timing of Neurodevelopmental Abnormality in Schizophrenia: An Integrative Review of the Neuroimaging Literature

T. Lencz, R.M. Bilder, and B. Cornblatt

*****5-DIGIT 87106
027721
F 1821
S 436
PLT
MICHAEL O FLANAGAN, MD
507 TULANE PL NE
MOBILE ALABAMA 36688-1344
*****746378149320 CN5031



CNS Spectrums is indexed by EMBASE/Excerpta Medica, DIALOG, SilverPlatter, OVID, and Lexis-Nexis, and is the official journal of the International Neuropsychiatric Association.



In mild to moderate Alzheimer's disease

You see it as maintaining cognitive



* Individual responses to ARICEPT® may include improvement, stabilization, or decline.

† The most common adverse events in pivotal clinical trials with ARICEPT® were nausea, diarrhea, insomnia, vomiting, muscle cramps, fatigue, and anorexia. Pivotal clinical trials of ARICEPT® have shown no increase, relative to placebo, in the incidence of either peptic ulcer disease or gastrointestinal bleeding. Nevertheless, cholinesterase inhibitors may be expected to increase gastric acid secretion. Therefore, patients (especially those at increased risk for developing ulcers—eg, having a history of ulcer disease, receiving concurrent nonsteroidal anti-inflammatory drugs) should be monitored closely for gastrointestinal bleeding. In pivotal clinical trials, syncopal episodes have been reported in association with ARICEPT® (2% vs 1% for placebo).

function.

She sees it as
a bedtime story.

ARICEPT®. Helping to make
a difference for people living
with Alzheimer's

- Slows the worsening of symptoms*
- Proven to maintain cognition
in placebo-controlled studies
- Well tolerated†
- Proven safety profile
- Once-daily dosing
- 3 years of real-world use

ONCE-A-DAY
ARICEPT®
(donepezil HCl)
5-MG AND 10-MG TABLETS

THERAPY TO REMEMBER™

Please see brief summary of prescribing information on adjacent page.

60-Day Planner

MEETINGS DEADLINES REMINDERS

April

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|--|
| <p>1 (-5)</p> <p>5th International Conference: Progress in Alzheimer and Parkinson's Disease, Kyoto, Japan <i>contact:</i> y_mizuno@med.juntendo.ac.jp</p> | <p>2</p> <p>Daylight Savings Time Begins</p> | <p>3</p> | <p>4</p> | <p>5 (-7)</p> <p>Alzheimer Society of Canada: Annual Canadian Alzheimer Society Conference, Halifax, NS, Canada <i>contact:</i> conference@alzheimer.ca</p> | <p>6</p> | <p>7 (-8)</p> <p>Advances in Epilepsy: Orlando, FL <i>contact:</i> Tel: 813.259.0605 sbendbadi@hsc.usf.edu</p> |
| <p>8</p> <p>British Neuroscience Association: 16th National Meeting, Harrogate, England, UK <i>contact:</i> Tel: 44.1515.794.5449 bna@liv.ac.uk</p> | <p>9</p> | <p>10 (-14)</p> <p>The Emirates Neuroscience Conference: Dubai, UAE <i>contact:</i> Tel: 971.504.592.673 jiqbal49@emirates.net.ae</p> | <p>11</p> | <p>12</p> | <p>13 (-15)</p> <p>International Society for Quality of Life Research: Pan-Pacific Conference, Tokyo, Japan <i>contact:</i> Tel: 81.3.5770.5532 qol@c-linkage.co.jp</p> | <p>14</p> |
| <p>15</p> | <p>16 (-20)</p> | <p>17</p> | <p>18</p> | <p>19</p> <p>3rd European Conference on Comparative Neurobiology, Murcia, Spain <i>contact:</i> Tel: 34.968.363955 lmedina@um.es</p> | <p>20</p> | <p>21</p> <p>Johns Hopkins Medical Institutions: 7th Annual Update on Alzheimer Disease and Other Dementias, Boston, MA <i>contact:</i> Tel: 410.955.2959 Fax: 410.955.0807</p> |
| <p>22</p> | <p>23</p> | <p>24</p> | <p>25</p> <p>May CNS closes & ships to printer</p> | <p>26 (-27)</p> <p>UCSD Alzheimer's Disease Research Center: Alzheimer's Disease: Translating Research into Practice, San Diego, CA <i>contact:</i> Tel: 858.622.5800 sjohnson@uscd.edu</p> | <p>27 (-28)</p> <p>Brainstem Function and Movement Disorders: Amsterdam, Netherlands <i>contact:</i> Tel: 310.205.668.643 m.verweij@amc.uva.nl</p> | <p>28</p> |
| <p>29</p> | <p>30</p> | | | | | |

60-Day Planner

May

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--------------|---|---|---|--|--|
| | | 1 | 2 | 3 (-6) | 4 (-6) | 5 (-12) |
| | | | | Neuro MRI, Advanced Body Imaging and MRA: Cincinnati, OH <i>contact:</i> Tel: 513.281.3400x127 ctheuring@proscan.com | Canadian Sleep Society: 1st Scientific Meeting, Ottawa, ON, Canada <i>contact:</i> Tel: 416.483.6260 | American Academy of Neurology: 53rd Annual Meeting, Philadelphia, PA <i>contact:</i> Tel: 612.695.1940 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 (-17) |
| American Psychiatric Association: 154th Annual Meeting, New Orleans, LA (May 5-10) <i>contact:</i> Tel: 202.682.6000 | | | | | | 24th International Epilepsy Congress: Buenos Aires, Argentina <i>contact:</i> Tel: 54.11.4381.1777 anajuan@anajuan.com |
| 13 | 14 | 15 | 16 (-20) | 17 | 18 | 19 (-21) |
| Mother's Day | | | 15th International Congress of Clinical Neurophysiology: Buenos Aires, Argentina <i>contact:</i> Tel: 54.11.4381.1777 anajuan@anajuan.com | Harvard Medical School: Cognitive and Behavioral Neurology— Focus on Dementia, Boston, MA (May 16-19) <i>contact:</i> Tel: 617.432.1525 Fax: 617.432.1562 | | European College of Neuropharmacology: 6th Regional Meeting, Naples, Campania, Italy <i>contact:</i> Tel: 31.30.253.8567 Fax: 31.30.2538568 |
| 20 | 21 | 22 (-25) | 23 | 24 | 25 | 26 |
| | | ESN Conference: Advances in Molecular Mechanisms of Neurological Disorders, Perugia, Italy <i>contact:</i> Tel: 39.075.585.7420 goracci@unipg.it | | | | |
| 27 | 28 | 29 (-2) | 30 | 31 | | |
| | Memorial Day | American Association on Mental Retardation: Annual Meeting, Denver, CO <i>contact:</i> Tel: 800.424.3688 | June CNS closes & ships to printer | | | |

ARICEPT® (Donepezil Hydrochloride Tablets)

Brief Summary – see package insert for full prescribing information. **INDICATIONS AND USAGE** ARICEPT® is indicated for the treatment of mild to moderate dementia of the Alzheimer's type. **CONTRAINDICATIONS** ARICEPT® is contraindicated in patients with known hypersensitivity to donepezil hydrochloride or to piperidine derivatives. **WARNINGS** **Anesthesia:** ARICEPT®, as a cholinesterase inhibitor, is likely to exaggerate succinylcholine-type muscle relaxation during anesthesia. **Cardiovascular Conditions:** Because of their pharmacological action, cholinesterase inhibitors may have vagotonic effects on heart rate (e.g., bradycardia). The potential for this action may be particularly important to patients with "sick sinus syndrome" or other supraventricular cardiac conduction conditions. Syncope episodes have been reported in association with the use of ARICEPT®. **Gastrointestinal Conditions:** Through their primary action, cholinesterase inhibitors may be expected to increase gastric acid secretion due to increased cholinergic activity. Therefore, patients should be monitored closely for symptoms of active or occult gastrointestinal bleeding, especially those at increased risk for developing ulcers, e.g., those with a history of ulcer disease or those receiving concurrent nonsteroidal anti-inflammatory drugs (NSAIDs). Clinical studies of ARICEPT® have shown no increase, relative to placebo, in the incidence of either peptic ulcer disease or gastrointestinal bleeding. ARICEPT®, as a predictable consequence of its pharmacological properties, has been shown to produce diarrhea, nausea and vomiting. These effects, when they occur, appear more frequently with the 10 mg/day dose than with the 5 mg/day dose. In most cases, these effects have been mild and transient, sometimes lasting one to three weeks, and have resolved during continued use of ARICEPT®. **Genitourinary:** Although not observed in clinical trials of ARICEPT®, cholinomimetics may cause bladder outflow obstruction. **Neurological Conditions:** Seizures: Cholinomimetics are believed to have some potential to cause generalized convulsions. However, seizure activity also may be a manifestation of Alzheimer's Disease. **Pulmonary Conditions:** Because of their cholinomimetic actions, cholinesterase inhibitors should be prescribed with care to patients with a history of asthma or obstructive pulmonary disease. **PRECAUTIONS Drug-Drug Interactions Drugs Highly Bound to Plasma Proteins:** Drug displacement studies have been performed *in vitro* between this highly bound drug (96%) and other drugs such as furosemide, digoxin, and warfarin. ARICEPT® at concentrations of 0.3–10 µg/mL did not affect the binding of furosemide (5 µg/mL), digoxin (2 ng/mL), and warfarin (3 µg/mL) to human albumin. Similarly, the binding of ARICEPT® to human albumin was not affected by furosemide, digoxin, and warfarin. **Effect of ARICEPT® on the Metabolism of Other Drugs:** No *in vivo* clinical trials have investigated the effect of ARICEPT® on the clearance of drugs metabolized by CYP 3A4 (e.g., cisapride, terfenadine) or by CYP 2D6 (e.g., imipramine). However, *in vitro* studies show a low rate of binding to these enzymes (mean K_i about 50–130 µM), that, given the therapeutic plasma concentrations of donepezil (164 nM), indicates little likelihood of interference. Whether ARICEPT® has any potential for enzyme induction is not known. **Effect of Other Drugs on the Metabolism of ARICEPT®:** Ketoconazole and quinidine, inhibitors of CYP450, 3A4 and 2D6, respectively, inhibit donepezil metabolism *in vitro*. Whether there is a clinical effect of these inhibitors is not known. Inducers of CYP 2D6 and CYP 3A4 (e.g., phenytoin, carbamazepine, dexamethasone, rifampin, and phenobarbital) could increase the rate of elimination of ARICEPT®. **Use with Anticholinergics:** Because of their mechanism of action, cholinesterase inhibitors have the potential to interfere with the activity of anticholinergic medications. **Use with Cholinomimetics and Other Cholinesterase Inhibitors:** A synergistic effect may be expected when cholinesterase inhibitors are given concurrently with succinylcholine, similar neuromuscular blocking agents or cholinergic agonists such as bethanechol. **Carcinogenesis, Mutagenesis, Impairment of Fertility** Carcinogenicity studies of donepezil have not been completed. Donepezil was not mutagenic in the Ames reverse mutation assay in bacteria. In the chromosome aberration test in cultures of Chinese hamster lung (CHL) cells, some clastogenic effects were observed. Donepezil was not clastogenic in the *in vivo* mouse micronucleus test. Donepezil had no effect on fertility in rats at doses up to 10 mg/kg/day (approximately 8 times the maximum recommended human dose on a mg/m² basis). **Pregnancy Pregnancy Category C:** Teratology studies conducted in pregnant rats at doses up to 16 mg/kg/day (approximately 13 times the maximum recommended human dose on a mg/m² basis) and in pregnant rabbits at doses up to 10 mg/kg/day (approximately 16 times the maximum recommended human dose on a mg/m² basis) did not disclose any evidence for a teratogenic potential of donepezil. However, in a study in which pregnant rats were given up to 10 mg/kg/day (approximately 8 times the maximum recommended human dose on a mg/m² basis) from day 17 of gestation through day 20 postpartum, there was a slight increase in still births and a slight decrease in pup survival through day 4 postpartum at this dose; the next lower dose tested was 3 mg/kg/day. There are no adequate or well-controlled studies in pregnant women. ARICEPT® should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Nursing Mothers** It is not known whether donepezil is excreted in human breast milk. ARICEPT® has no indication for use in nursing mothers. **Pediatric Use** There are no adequate and well-controlled trials to document the safety and efficacy of ARICEPT® in any illness occurring in children. **ADVERSE REACTIONS Adverse Events Leading to Discontinuation** The rates of discontinuation from controlled clinical trials of ARICEPT® due to adverse events for the ARICEPT® 5 mg/day treatment groups were comparable to those of placebo-treatment groups at approximately 5%. The rate of discontinuation of patients who received 7-day escalations from 5 mg/day to 10 mg/day, was higher at 13%. The most common adverse events leading to discontinuation, defined as those occurring in at least 2% of patients and at twice the incidence seen in placebo patients, are shown in Table 1.

Table 1. Most Frequent Adverse Events Leading to Withdrawal from Controlled Clinical Trials by Dose Group

| Dose Group | Placebo | 5 mg/day ARICEPT® | 10 mg/day ARICEPT® |
|------------------------------|---------|-------------------|--------------------|
| Patients Randomized | 355 | 350 | 315 |
| Event/% Discontinuing | | | |
| Nausea | 1% | 1% | 3% |
| Diarrhea | 0% | <1% | 3% |
| Vomiting | <1% | <1% | 2% |

Most Frequent Adverse Clinical Events Seen in Association with the Use of ARICEPT® The most common adverse events, defined as those occurring at a frequency of at least 5% in patients receiving 10 mg/day and twice the placebo rate, are largely predicted by ARICEPT®'s cholinomimetic effects. These include nausea, diarrhea, insomnia, vomiting, muscle cramp, fatigue and anorexia. These adverse events were often of mild intensity and transient, resolving during continued ARICEPT® treatment without the need for dose modification. There is evidence to suggest that the frequency of these common adverse events may be affected by the rate of titration. An open-label study was conducted with 269 patients who received placebo in the 15- and 30-week studies. These patients were titrated to a dose of 10 mg/day over a 6-week period. The rates of common adverse events were lower than those seen in patients titrated to 10 mg/day over one week in the controlled clinical trials and were comparable to those seen in patients on 5 mg/day. See Table 2 for a comparison of the most common adverse events following one and six week titration regimens.

Table 2. Comparison of Rates of Adverse Events in Patients Titrated to 10 mg/day Over 1 and 6 Weeks

| Adverse Event | Placebo (n=315) | No titration 5 mg/day (n=311) | One-week titration 10 mg/day (n=315) | Six-week titration 10 mg/day (n=269) |
|---------------|-----------------|-------------------------------|--------------------------------------|--------------------------------------|
| Nausea | 6% | 5% | 19% | 6% |
| Diarrhea | 5% | 8% | 15% | 9% |
| Insomnia | 6% | 6% | 14% | 6% |
| Fatigue | 3% | 4% | 8% | 3% |
| Vomiting | 3% | 3% | 8% | 5% |
| Muscle cramps | 2% | 6% | 8% | 3% |
| Anorexia | 2% | 3% | 7% | 3% |

Adverse Events Reported in Controlled Trials The events cited reflect experience gained under closely monitored conditions of clinical trials in a highly selected patient population. In actual clinical practice or in other clinical trials, these frequency estimates may not apply, as the conditions of use, reporting behavior, and the kinds of patients treated may differ. Table 3 lists treatment emergent signs and symptoms that were reported in at least 2% of patients in placebo-controlled trials who received ARICEPT® and for which the rate of occurrence was greater for ARICEPT® assigned than placebo assigned patients. In general, adverse events occurred more frequently in female patients and with advancing age.

Table 3. Adverse Events Reported in Controlled Clinical Trials in at Least 2% of Patients Receiving ARICEPT® (donepezil HCl) and at a Higher Frequency than Placebo-treated Patients

| Body System/Adverse Event | Placebo (n=355) 72 | ARICEPT® (n=747) 74 |
|---|-----------------------|------------------------|
| Percent of Patients with any Adverse Event | | |
| Body as a Whole | | |
| Headache | 9 | 10 |
| Pain, various locations | 8 | 9 |
| Accident | 6 | 7 |
| Fatigue | 3 | 5 |
| Cardiovascular System | | |
| Syncope | 1 | 2 |
| Digestive System | | |
| Nausea | 6 | 11 |
| Diarrhea | 5 | 10 |
| Vomiting | 3 | 5 |
| Anorexia | 2 | 4 |
| Hemic and Lymphatic System | | |
| Echymosis | 3 | 4 |
| Metabolic and Nutritional Systems | | |
| Weight Decrease | 1 | 3 |
| Musculoskeletal System | | |
| Muscle Cramps | 2 | 6 |
| Arthritis | 1 | 2 |
| Nervous System | | |
| Insomnia | 6 | 9 |
| Dizziness | 6 | 8 |
| Depression | <1 | 3 |
| Abnormal Dreams | 0 | 3 |
| Somnolence | <1 | 2 |
| Urogenital System | | |
| Frequent Urination | 1 | 2 |

Other Adverse Events Observed During Clinical Trials ARICEPT® has been administered to over 1700 individuals during clinical trials worldwide. Approximately 1200 of these patients have been treated for at least 3 months and more than 1000 patients have been treated for at least 6 months. Controlled and uncontrolled trials in the United States included approximately 900 patients. In regards to the highest dose of 10 mg/day, this population includes 650 patients treated for 3 months, 475 patients treated for 6 months and 116 patients treated for over 1 year. The range of patient exposure is from 1 to 1214 days. Treatment emergent signs and symptoms that occurred during 3 controlled clinical trials and two open-label trials in the United States were recorded as adverse events by the clinical investigators using terminology of their own choosing. To provide an overall estimate of the proportion of individuals having similar types of events, the events were grouped into a smaller number of standardized categories using a modified COSTART dictionary and event frequencies were calculated across all studies. These categories are used in the listing below. The frequencies represent the proportion of 900 patients from these trials who experienced that event while receiving ARICEPT®. All adverse events occurring at least twice are included, except for those already listed in Tables 2 or 3. COSTART terms too general to be informative, or events less likely to be drug caused. Events are classified by body system and listed using the following definitions: **infrequent adverse events** — those occurring in at least 1/100 patients; **infrequent adverse events** — those occurring in 1/100 to 1/1000 patients. These adverse events are not necessarily related to ARICEPT® treatment and in most cases were observed at a similar frequency in placebo-treated patients in the controlled studies. No important additional adverse events were seen in studies conducted outside the United States. **Body as a Whole:** *Frequent:* influenza, chest pain, toothache; *Infrequent:* fever, edema face, periorbital edema, hernia hiatal, abscess, cellulitis, chills, generalized coldness, head fullness, listlessness. **Cardiovascular System:** *Frequent:* hypertension, vasodilation, atrial fibrillation, hot flashes, hypotension; *Infrequent:* angina pectoris, postural hypotension, myocardial infarction, AV block (first degree), congestive heart failure, arteritis, bradycardia, peripheral vascular disease, supraventricular tachycardia, deep vein thrombosis. **Digestive System:** *Frequent:* fecal incontinence, gastrointestinal bleeding, bloating, epigastric pain; *Infrequent:* eructation, gingivitis, increased appetite, flatulence, peridontal abscess, cholelithiasis, diverticulitis, drooling, dry mouth, fever, sore, gastritis, irritable colon, tongue edema, epigastric distress, gastroenteritis, increased transaminases, hemorrhoids, ileus, increased thirst, jaundice, melena, polydipsia, duodenal ulcer, stomach ulcer. **Endocrine System:** *Infrequent:* diabetes mellitus, goiter. **Hemic and Lymphatic System:** *Infrequent:* anemia, thrombocytopenia, thrombocytopenia, eosinophilia, erythrocytopenia. **Metabolic and Nutritional Disorders:** *Frequent:* dehydration; *Infrequent:* gout, hypokalemia, increased creatine kinase, hyperglycemia, weight increase, increased lactate dehydrogenase. **Musculoskeletal System:** *Frequent:* bone fracture; *Infrequent:* muscle weakness, muscle fasciculation. **Nervous System:** *Frequent:* delusions, tremor, irritability, paresthesia, aggression, vertigo, ataxia, increased libido, restlessness, abnormal crying, nervousness, aphasia; *Infrequent:* cerebrovascular accident, intracranial hemorrhage, transient ischemic attack, emotional lability, neuralgia, coldness (localized), muscle spasm, dysphoria, gait abnormality, hypertension, hypokinesia, neurodermatitis, numbness (localized), paranoia, dysarthria, dysphasia, hostility, decreased libido, melancholia, emotional withdrawal, nystagmus, pacing. **Respiratory System:** *Frequent:* dyspnea, sore throat, bronchitis; *Infrequent:* epistaxis, post nasal drip, pneumonia, hyperventilation, pulmonary congestion, wheezing, hypoxia, pharyngitis, pleurisy, pulmonary collapse, sleep apnea, snoring. **Skin and Appendages:** *Frequent:* pruritus, diaphoresis, urticaria; *Infrequent:* dermatitis, erythema, skin discoloration, hyperkeratosis, alopecia, fungal dermatitis, herpes zoster, hirsutism, skin striae, night sweats, skin ulcer. **Special Senses:** *Frequent:* calaract, eye irritation, vision blurred; *Infrequent:* dry eyes, glaucoma, earache, tinnitus, blepharitis, decreased hearing, retinal hemorrhage, otitis externa, otitis media, bad taste, conjunctival hemorrhage, ear buzzing, motion sickness, spots before eyes. **Urogenital System:** *Frequent:* urinary incontinence, nocturia; *Infrequent:* dysuria, hematuria, urinary urgency, metrorrhagia, cystitis, enuresis, prostate hypertrophy, pyelonephritis, inability to empty bladder, breast fibroadenosis, fibrocystic breast, mastitis, pyuria, renal failure, vaginitis. **Postintroduction Reports** Voluntary reports of adverse events temporally associated with ARICEPT® that have been received since market introduction that are not listed above, and that there is inadequate data to determine the causal relationship with the drug include the following: abdominal pain, agitation, cholecystitis, confusion, convulsions, hallucinations, heart block (all types), hemolytic anemia, hepatitis, hyponatremia, pancreatitis, and rash. **OVERDOSAGE** Because strategies for the management of overdose are continually evolving, it is advisable to contact a Poison Control Center to determine the latest recommendations for the management of an overdose of any drug. As in any case of overdose, general supportive measures should be utilized. Overdosage with cholinesterase inhibitors can result in cholinergic crisis characterized by severe nausea, vomiting, salivation, sweating, bradycardia, hypotension, respiratory depression, collapse and convulsions. Increasing muscle weakness is a possibility and may result in death if respiratory muscles are involved. Tertiary anticholinergics such as atropine may be used as an antidote for ARICEPT® overdose. Intravenous atropine sulfate titrated to effect is recommended: an initial dose of 1.0 to 2.0 mg IV with subsequent doses based upon clinical response. Atypical responses in blood pressure and heart rate have been reported with other cholinomimetics when co-administered with quaternary anticholinergics such as glycopyrrolate. It is not known whether ARICEPT® and/or its metabolites can be removed by dialysis (hemodialysis, peritoneal dialysis, or hemofiltration). Dose-related signs of toxicity in animals included reduced spontaneous movement, prone position, staggering gait, lacrimation, clonic convulsions, depressed respiration, salivation, miosis, tremors, fasciculation and lower body surface temperature. **DOSAGE AND ADMINISTRATION** The dosages of ARICEPT® shown to be effective in controlled clinical trials are 5 mg and 10 mg administered once per day. Controlled clinical trials indicated that the 10 mg dose, with a one week titration, is likely to be associated with a higher incidence of cholinergic adverse events than the 5 mg dose. Because steady state is not achieved for 15 days and because the incidence of such effects may be influenced by the rate of dose escalation, treatment with a dose of 10 mg should not be contemplated until patients have been on a daily dose of 5 mg for 4 to 6 weeks. Whether or not to employ a dose of 10 mg is a matter of prescriber and patient preference. ARICEPT® should be taken in the evening, just prior to retiring, and may be taken with or without food.

Revised September 1999



Frequency in placebo-treated patients in the controlled studies. No important additional adverse events were seen in studies conducted outside the United States. Body as a Whole: *Frequent:* influenza, chest pain, toothache; *Infrequent:* fever, edema face, periorbital edema, hernia hiatal, abscess, cellulitis, chills, generalized coldness, head fullness, listlessness. **Cardiovascular System:** *Frequent:* hypertension, vasodilation, atrial fibrillation, hot flashes, hypotension; *Infrequent:* angina pectoris, postural hypotension, myocardial infarction, AV block (first degree), congestive heart failure, arteritis, bradycardia, peripheral vascular disease, supraventricular tachycardia, deep vein thrombosis. **Digestive System:** *Frequent:* fecal incontinence, gastrointestinal bleeding, bloating, epigastric pain; *Infrequent:* eructation, gingivitis, increased appetite, flatulence, peridontal abscess, cholelithiasis, diverticulitis, drooling, dry mouth, fever, sore, gastritis, irritable colon, tongue edema, epigastric distress, gastroenteritis, increased transaminases, hemorrhoids, ileus, increased thirst, jaundice, melena, polydipsia, duodenal ulcer, stomach ulcer. **Endocrine System:** *Infrequent:* diabetes mellitus, goiter. **Hemic and Lymphatic System:** *Infrequent:* anemia, thrombocytopenia, thrombocytopenia, eosinophilia, erythrocytopenia. **Metabolic and Nutritional Disorders:** *Frequent:* dehydration; *Infrequent:* gout, hypokalemia, increased creatine kinase, hyperglycemia, weight increase, increased lactate dehydrogenase. **Musculoskeletal System:** *Frequent:* bone fracture; *Infrequent:* muscle weakness, muscle fasciculation. **Nervous System:** *Frequent:* delusions, tremor, irritability, paresthesia, aggression, vertigo, ataxia, increased libido, restlessness, abnormal crying, nervousness, aphasia; *Infrequent:* cerebrovascular accident, intracranial hemorrhage, transient ischemic attack, emotional lability, neuralgia, coldness (localized), muscle spasm, dysphoria, gait abnormality, hypertension, hypokinesia, neurodermatitis, numbness (localized), paranoia, dysarthria, dysphasia, hostility, decreased libido, melancholia, emotional withdrawal, nystagmus, pacing. **Respiratory System:** *Frequent:* dyspnea, sore throat, bronchitis; *Infrequent:* epistaxis, post nasal drip, pneumonia, hyperventilation, pulmonary congestion, wheezing, hypoxia, pharyngitis, pleurisy, pulmonary collapse, sleep apnea, snoring. **Skin and Appendages:** *Frequent:* pruritus, diaphoresis, urticaria; *Infrequent:* dermatitis, erythema, skin discoloration, hyperkeratosis, alopecia, fungal dermatitis, herpes zoster, hirsutism, skin striae, night sweats, skin ulcer. **Special Senses:** *Frequent:* calaract, eye irritation, vision blurred; *Infrequent:* dry eyes, glaucoma, earache, tinnitus, blepharitis, decreased hearing, retinal hemorrhage, otitis externa, otitis media, bad taste, conjunctival hemorrhage, ear buzzing, motion sickness, spots before eyes. **Urogenital System:** *Frequent:* urinary incontinence, nocturia; *Infrequent:* dysuria, hematuria, urinary urgency, metrorrhagia, cystitis, enuresis, prostate hypertrophy, pyelonephritis, inability to empty bladder, breast fibroadenosis, fibrocystic breast, mastitis, pyuria, renal failure, vaginitis. **Postintroduction Reports** Voluntary reports of adverse events temporally associated with ARICEPT® that have been received since market introduction that are not listed above, and that there is inadequate data to determine the causal relationship with the drug include the following: abdominal pain, agitation, cholecystitis, confusion, convulsions, hallucinations, heart block (all types), hemolytic anemia, hepatitis, hyponatremia, pancreatitis, and rash. **OVERDOSAGE** Because strategies for the management of overdose are continually evolving, it is advisable to contact a Poison Control Center to determine the latest recommendations for the management of an overdose of any drug. As in any case of overdose, general supportive measures should be utilized. Overdosage with cholinesterase inhibitors can result in cholinergic crisis characterized by severe nausea, vomiting, salivation, sweating, bradycardia, hypotension, respiratory depression, collapse and convulsions. Increasing muscle weakness is a possibility and may result in death if respiratory muscles are involved. Tertiary anticholinergics such as atropine may be used as an antidote for ARICEPT® overdose. Intravenous atropine sulfate titrated to effect is recommended: an initial dose of 1.0 to 2.0 mg IV with subsequent doses based upon clinical response. Atypical responses in blood pressure and heart rate have been reported with other cholinomimetics when co-administered with quaternary anticholinergics such as glycopyrrolate. It is not known whether ARICEPT® and/or its metabolites can be removed by dialysis (hemodialysis, peritoneal dialysis, or hemofiltration). Dose-related signs of toxicity in animals included reduced spontaneous movement, prone position, staggering gait, lacrimation, clonic convulsions, depressed respiration, salivation, miosis, tremors, fasciculation and lower body surface temperature. **DOSAGE AND ADMINISTRATION** The dosages of ARICEPT® shown to be effective in controlled clinical trials are 5 mg and 10 mg administered once per day. Controlled clinical trials indicated that the 10 mg dose, with a one week titration, is likely to be associated with a higher incidence of cholinergic adverse events than the 5 mg dose. Because steady state is not achieved for 15 days and because the incidence of such effects may be influenced by the rate of dose escalation, treatment with a dose of 10 mg should not be contemplated until patients have been on a daily dose of 5 mg for 4 to 6 weeks. Whether or not to employ a dose of 10 mg is a matter of prescriber and patient preference. ARICEPT® should be taken in the evening, just prior to retiring, and may be taken with or without food.

Revised September 1999



Pfizer U.S. Pharmaceuticals
New York, NY 10017

CNS SPECTRUMS

The International Journal of Neuropsychiatric Medicine

EDITOR

Jack M. Gorman, MD
College of Physicians and
Surgeons, Columbia University
New York, NY

INTERNATIONAL EDITORS

Joseph Zohar, MD
Chaim Sheba Medical Center
Tel Aviv, Israel

Dan J. Stein, MB
University of Stellenbosch
Tygerberg, South Africa

ASSOCIATE INTERNATIONAL EDITOR

Donatella Marazziti, MD
University of Pisa
Pisa, Italy

EDITORIAL DIRECTOR

James M. La Rossa Jr.

FOUNDING EDITOR

Eric Hollander, MD

BOARD OF ADVISORS

Margaret Altemus, MD
Cornell University Medical Center
New York, NY

Mitchell F. Brin, MD
Mount Sinai School of Medicine
New York, NY

Dennis S. Charney, MD
Yale University
New Haven, CT

Jeffrey L. Cummings, MD
University of California
Los Angeles, CA

Dwight L. Evans, MD
University of Pennsylvania
Philadelphia, PA

Mark George, MD
Medical University of South Carolina
Charleston, SC

Thomas R. Insel, MD
Yerkes Primate Labs
Emory University School of Medicine
Atlanta, GA

Lorin M. Koran, MD
Stanford University Medical School
Stanford, CA

Herbert Y. Meltzer, MD
Vanderbilt University Medical Center
Nashville, TN

Stuart A. Montgomery, MD
St. Mary's Hospital Medical School
London, United Kingdom

Dennis L. Murphy, MD
National Institute of Mental Health
Bethesda, MD

Charles B. Nemeroff, MD, PhD
Emory University School of Medicine
Atlanta, GA

Humberto Nicolini, MD, PhD
Instituto Mexicano de Psiquiatria
Mexico

Katharine Phillips, MD
Brown University
Providence, RI

Harold A. Pincus, MD
University of Pittsburgh
Pittsburgh, PA

Scott L. Rauch, MD
Massachusetts General Hospital
Charlestown, MA

Alan Schatzberg, MD
Stanford University Medical School
Stanford, CA

Norman Sussman, MD
New York University Medical School
New York, NY

Neal R. Swerdlow, MD, PhD
University of California, San Diego
La Jolla, CA

Michael R. Trimble, MD
National Hospital for Neurology
and Neurosurgery
London, United Kingdom

Herman G.M. Westenberg, MD
University Hospital Utrecht
Utrecht, The Netherlands

Richard Wyatt, MD
National Institute of Mental Health
Bethesda, MD

Stuart Yudofsky, MD
Baylor College of Medicine
Houston, TX

MEDWORKS MEDIA Corporate Staff

MANAGING EDITOR

Claire R. Roberts

ASSOCIATE PUBLISHERS

Imre Balanli
Genevieve Romano

SENIOR EDITOR

Keith A. Papa

SENIOR ACQUISITIONS EDITOR

Kathleen Byrne

ASSOCIATE EDITORS

Craig McRea Seip
Jessica Wapner

ACQUISITIONS EDITOR

Lisa Arrington

EDITORIAL ASSISTANTS

Deborah Hughes
KimberleeAnne Peters
José R. Ralat
Amanda Schoenberg

PRODUCTION COORDINATOR

Jesse D. Soil

PRODUCTION ASSISTANT

Mark Unterberger

ART DIRECTION & DESIGN

Anthony J. Korsak

COPY EDITORS

Ava Albrecht, MD
Clinton Corbett
Stephanie Kawada
Meg Phelan

ADMINISTRATIVE ASSISTANT

Claudette Crawford

CONTROLLER

Linda Brier

CORPORATION COUNSEL

Kevin F. Saer, Esq.
Davis, Wright & Tremaine

PRESIDENT & DIRECTOR OF MARKETING

Darren L. Brodeur

DIRECTOR, ONCOLOGY MARKETING

Paul McDaniel

NATIONAL ACCOUNTS MANAGER— BROADCAST MEDIA

Christopher Van Denburg

PUBLISHER & FOUNDER

James M. La Rossa Jr.

**PKC AND PKA ABNORMALITIES:
A POSSIBLE LINK TO OCD****page 206**

“On the basis of these convergent data, we suggest that OCD may be caused by an imbalance of the two main transducing pathways (cAMP and PI), with a prevalence of the second and a consequently higher activation of PKC (relative to that of PKA), given the cross-talk between the two main second messengers at the level of different effectors. Stimulation of the PI pathway in OCD is consistent with data showing a worsening of OCD symptoms after the administration of meta-chlorophenylpiperazine, a nonspecific 5-HT_{2C} receptor agonist, and it is well known that 5-HT_{2C} receptors are linked to G protein-activating phospholipase C, which initiates the breakdown of PI.

Abnormalities in PKC and PKA and some of their substrates have been found in peripheral cells and in the brains of patients with affective disorders. These observations, together with our combined data, may delineate an emerging explanation of the substantial comorbidity among such disorders.”

B-WAVE AMPLITUDE AND PANIC DISORDER**page 210**

“There was a significant difference in b-wave amplitude between the right and left eyes of healthy subjects but not of PD subjects. Because no data is available on the ERG in healthy subjects or on physiologic differences between the left and right eyes, it is not possible to explain the significance of the left/right-eye discrepancy. This has not even been studied in the field of ophthalmology. Nevertheless, the lack of difference between the left and right eyes of PD subjects may indicate that anxiety states annul this ‘normal’ asymmetry probably because of an abnormal retinal response to light in PD. This peculiar photosensitivity of the retina may be caused by a dysfunction of the retinal dopamine system (ie, the recorded activity is supposed to correlate with the central activity of dopaminergic neurons). In fact, since the retina and central nervous system have common embryologic origins and several structural and functional similarities, the ERG may provide valid information about central dopaminergic activity.”

OCD AND MRI: MAPPING NEW HORIZONS**page 214**

“We reasoned that regions that share dense connections with the site of the anterior cingulotomy would be most likely to exhibit reductions in volume post-operatively. Among cortical regions, the orbitofrontal cortex is purported to share such dense connections with the anterior cingulate. Moreover, the orbitofrontal cortex is principally implicated in the pathophysiology of OCD, and successful treatment of OCD is associated with metabolic

reductions within the orbitofrontal cortex. Therefore, we predicted that, in comparison with pre-operative MRI, post-operative MRI would show significant volume reductions within the orbitofrontal cortex.”

DEFINING THE SCHIZOPHRENIC PRODROME**page 223**

“The long-term prediction findings from six longitudinal studies of biological offspring of schizophrenic parents have recently been reviewed. These studies have suggested that several factors could predict long-term psychosis or schizophrenia spectrum outcomes among genetically at-risk individuals, including maternal influenza during gestation; obstetrical complications; neurointegrative deficits in infancy; separation during the first year of life; social, affective, and motor coordination deficits in early childhood; attentional dysfunction in childhood; social dysfunction later in childhood; attention deficit, neurobehavioral deficits, and poor motor coordination in preadolescence; teacher-rated behaviors at age 15 years; and absence of protective family environments. Although these studies offer revealing insights into the premorbid and prodromal course of schizophrenia, as *post-hoc* analyses the long-term predictor variables that have emerged require prospective confirmation.”

THE DEVELOPMENT OF A DISORDER**page 233**

“The presence of CGM abnormalities in first-episode patients points to a neurodevelopmental abnormality that may pre-date the onset of the disorder. However, the effect sizes for CGM deficits are smaller in FE ($d=0.6$) compared to chronic patients ($d>1.0$), suggesting there may also be progressive neurodegeneration, although it is possible that studies of chronic patients may be biased to include subjects with more severe illness. Lim and colleagues found no association between CGM deficits (or CSF enlargement) and age of onset or duration of illness, consistent with the hypothesis that such deficits ‘develop prior to symptom onset...[and] probably establish a vulnerability’ for schizophrenia. One recent study demonstrated reduced CGM volume in siblings of patients with schizophrenia, further indicating that such deficits, like CSF enlargement, may constitute a trait marker for the disorder.”

KEPPRA™ (levetiracetam)**250 mg, 500 mg and 750 mg tablets****Rx only****BRIEF SUMMARY (for full prescribing information, consult package insert)****INDICATIONS AND USAGE:** Keppra (levetiracetam) is indicated as adjunctive therapy in the treatment of partial onset seizures in adults with epilepsy.**CONTRAINDICATIONS:** This product should not be administered to patients who have previously exhibited hypersensitivity to levetiracetam or any of the inactive ingredients in Keppra tablets.**WARNINGS: Neuropsychiatric Adverse Events:** Keppra use is associated with the occurrence of central nervous system adverse events that can be classified into the following categories: 1) somnolence and fatigue, 2) coordination difficulties, and 3) behavioral abnormalities. In controlled trials of patients with epilepsy, 14.8% of Keppra treated patients reported somnolence, compared to 8.4% of placebo patients. There was no clear dose response up to 3000 mg/day. In a study where there was no titration, about 45% of patients receiving 4000 mg/day reported somnolence. The somnolence was considered serious in 0.3% of the treated patients, compared to 0% in the placebo group. About 3% of Keppra treated patients discontinued treatment due to somnolence, compared to 0.7% of placebo patients. In 1.4% of treated patients and in 0.9% of placebo patients the dose was reduced, while 0.3% of the treated patients were hospitalized due to somnolence. In controlled trials of patients with epilepsy, 14.7% of treated patients reported asthenia, compared to 9.1% of placebo patients. Treatment was discontinued in 0.8% of treated patients as compared to 0.5% of placebo patients. In 0.5% of treated patients and in 0.2% of placebo patients the dose was reduced. A total of 3.4% of Keppra treated patients experienced coordination difficulties (reported as either ataxia, abnormal gait, or incoordination) compared to 1.6% of placebo patients. A total of 0.4% of patients in controlled trials discontinued Keppra treatment due to ataxia, compared to 0% of placebo patients. In 0.7% of treated patients and in 0.2% of placebo patients the dose was reduced due to coordination difficulties, while one of the treated patients was hospitalized due to worsening of preexisting ataxia. Somnolence, asthenia and coordination difficulties occurred most frequently within the first 4 weeks of treatment. In controlled trials of patients with epilepsy, 5 (0.7%) of Keppra treated patients experienced psychotic symptoms compared to 1 (0.2%) placebo patient. Two (0.3%) Keppra treated patients were hospitalized and their treatment was discontinued. Both events, reported as psychosis, developed within the first week of treatment and resolved within 1 to 2 weeks following treatment discontinuation. Two other events, reported as hallucinations, occurred after 1-5 months and resolved within 2-7 days while the patients remained on treatment. In one patient experiencing psychotic depression occurring within a month, symptoms resolved within 45 days while the patient continued treatment. A total of 13.3% of Keppra patients experienced other behavioral symptoms (reported as agitation, hostility, anxiety, apathy, emotional lability, depersonalization, depression, etc.) compared to 6.2% of placebo patients. Approximately half of these patients reported these events within the first 4 weeks. A total of 1.7% of treated patients discontinued treatment due to these events, compared to 0.2% of placebo patients. The treatment dose was reduced in 0.8% of treated patients and in 0.5% of placebo patients. A total of 0.8% of treated patients had a serious behavioral event (compared to 0.2% of placebo patients) and were hospitalized. In addition, 4 (0.5%) of treated patients attempted suicide compared to 0% of placebo patients. One of these patients successfully committed suicide. In the other 3 patients, the events did not lead to discontinuation or dose reduction. The events occurred after patients had been treated for between 4 weeks and 6 months. **Withdrawal Seizures:** Antiepileptic drugs, including Keppra, should be withdrawn gradually to minimize the potential of increased seizure frequency.**PRECAUTIONS: Hematologic Abnormalities:** Minor, but statistically significant, decreases compared to placebo in total mean RBC count ($0.03 \times 10^9/mm^3$), mean hemoglobin (0.09 g/dL), and mean hematocrit (0.38%) were seen in Keppra treated patients in controlled trials. A total of 3.2% of treated and 1.8% of placebo patients had at least one possibly significant ($\leq 2.8 \times 10^9/L$ decreased WBC, and 2.4% of treated and 1.4% of placebo patients had at least one possibly significant ($\leq 1.0 \times 10^9/L$ decreased neutrophil count). Of the treated patients with a low neutrophil count, all but one rose towards or to baseline with continued treatment. No patient was discontinued secondary to low neutrophil counts. **Hepatic Abnormalities:** There were no meaningful changes in mean liver function tests (LFT) in controlled trials; lesser LFT abnormalities were similar in drug and placebo treated patients in controlled trials (1.4%). No patients were discontinued from controlled trials for LFT abnormalities except for 1 (0.07%) epilepsy patient receiving open treatment. **Information For Patients:** Patients should be instructed to take Keppra only as prescribed. Patients should be advised to notify their physician if they become pregnant or intend to become pregnant during therapy. Patients should be advised that Keppra may cause dizziness and somnolence. Accordingly, patients should be advised not to drive or operate machinery or engage in other hazardous activities until they have gained sufficient experience on Keppra to gauge whether it adversely affects their performance of these activities. **Laboratory Tests:** Although most laboratory tests are not systematically altered with Keppra treatment, there have been relatively infrequent abnormalities seen in hematologic parameters and liver function tests. **Use in Patients With Impaired Renal Function:** Caution should be taken in dosing patients with moderate and severe renal impairment and patients undergoing hemodialysis. Dosage should be reduced in patients with impaired renal function receiving Keppra and supplemental doses should be given to patients after dialysis (see CLINICAL PHARMACOLOGY and DOSAGE AND ADMINISTRATION, Patients with Impaired Renal Function).**Drug Interactions:** *In vitro* data on metabolic interactions indicate that Keppra is unlikely to produce, or be subject to, pharmacokinetic interactions. Levetiracetam and its major metabolite, at concentrations well above C_{50} , levels achieved within the therapeutic dose range, are neither inhibitors of nor high affinity substrates for human liver cytochrome P450 isoforms, epoxide hydrolase or UDP-glucuronidation enzymes. In addition, levetiracetam does not affect the *in vitro* glucuronidation of valproic acid. Levetiracetam circulates largely unbound (<10% bound) to plasma proteins; clinically significant interactions with other drugs through competition for protein binding sites are therefore unlikely. Potential pharmacokinetic interactions were assessed in clinical pharmacokinetic studies (phenytoin, warfarin, digoxin, oral contraceptive) and through pharmacokinetic screening in the placebo-controlled clinical studies in epilepsy patients. **Drug-Drug Interactions Between Keppra and Existing Antiepileptic Drugs (AEDs):** Potential drug interactions between Keppra and existing AEDs (phenytoin, carbamazepine, valproic acid, phenobarbital, lamotrigine, gabapentin and primidone) were assessed by evaluating the serum concentrations of levetiracetam and these AEDs during placebo-controlled clinical studies. These data indicate that levetiracetam does not influence the plasma concentration of existing AEDs and that these AEDs do not influence the pharmacokinetics of levetiracetam. **Other Drug Interactions: Oral Contraceptives:** Keppra (500 mg twice daily) did not influence the pharmacokinetics of an oral contraceptive containing 0.03 mg ethinyl estradiol and 0.15 mg levonorgestrel, or of the luteinizing hormone and progesterone levels, indicating that impairment of contraceptive efficacy is unlikely. Coadministration of this oral contraceptive did not influence the pharmacokinetics of levetiracetam. **Digoxin:** Keppra (1000 mg twice daily) did not influence the pharmacokinetics and pharmacodynamics (ECG) of digoxin given as a 0.25 mg dose every day. Coadministration of digoxin did not influence the pharmacokinetics of levetiracetam. **Warfarin:** Keppra (1000 mg twice daily) did not influence the pharmacokinetics of R and S warfarin. Prothrombin time was not affected by levetiracetam. Coadministration of warfarin did not affect the pharmacokinetics of levetiracetam. **Probenecid:** Probenecid, a renal tubular secretion blocking agent, administered at a dose of 500 mg four times a day, did not change the pharmacokinetics of levetiracetam 1000 mg twice daily. C_{max} of the metabolite, ucb L057, was approximately doubled in the presence of probenecid while the fraction of drug excreted unchanged in the urine remained the same. Renal clearance of ucb L057 in the presence of probenecid decreased 60%, probably related to competitive inhibition of tubular secretion of ucb L057. The effect of Keppra on probenecid was not studied. **Carcinogenesis, Mutagenesis, Impairment of Fertility: Carcinogenesis:** Rats were dosed with levetiracetam in the diet for 104 weeks at doses of 50, 300 and 1800 mg/kg/day. The highest dose corresponds to 6 times the maximum recommended daily human dose (MRHD) of 3000 mg on a mg/m^2 basis and it also provided systemic exposure (AUC) approximately 6 times that achieved in humans receiving the MRHD. There was no evidence of carcinogenicity. A study was conducted in which mice received levetiracetam in the diet for 80 weeks at doses of 60, 240 and 960 mg/kg/day (high dose is equivalent to 2 times the MRHD on a mg/m^2 or exposure basis). Although no evidence for carcinogenicity was seen, the potential for a carcinogenic response has not been fully evaluated in that species because adequate doses have not been studied. **Mutagenesis:** Levetiracetam was not mutagenic in the Ames test or in mammalian cells *in vitro* in the Chinese hamster ovary/HGPRT locus assay. It was not clastogenic in an *in vitro* analysis of metaphase chromosomes obtained from Chinese hamster ovary cells or in an *in vivo* mouse micronucleus assay. The hydrolysis product and major human metabolite of levetiracetam (ucb L057) was not mutagenic inthe Ames test or the *in vitro* mouse lymphoma assay. **Impairment of Fertility:** No adverse effects on male or female fertility or reproductive performance were observed in rats at doses up to 1800 mg/kg/day (approximately 6 times the maximum recommended human dose on a mg/m^2 or exposure basis). **Pregnancy: Pregnancy Category C:** In animal studies, levetiracetam produced evidence of developmental toxicity at doses similar to or greater than human therapeutic doses. Administration to female rats throughout pregnancy and lactation was associated with increased incidences of minor fetal skeletal abnormalities and retarded offspring growth pre- and/or postnatally at doses ≥ 350 mg/kg/day (approximately equivalent to the maximum recommended human dose of 3000 mg [MRHD] on a mg/m^2 basis) and with increased pup mortality and offspring behavioral alterations at a dose of 1800 mg/kg/day (6 times the MRHD on a mg/m^2 basis). The developmental no effect dose was 70 mg/kg/day (0.2 times the MRHD on a mg/m^2 basis). There was no overt maternal toxicity at the doses used in this study. Treatment of pregnant rabbits during the period of organogenesis resulted in increased embryofetal mortality and increased incidences of minor fetal skeletal abnormalities at doses ≥ 600 mg/kg/day (approximately 4 times MRHD on a mg/m^2 basis) and in decreased fetal weights and increased incidences of fetal malformations at a dose of 1800 mg/kg/day (12 times the MRHD on a mg/m^2 basis). The developmental no effect dose was 200 mg/kg/day (1.3 times the MRHD on a mg/m^2 basis). Maternal toxicity was also observed at 1800 mg/kg/day. When pregnant rats were treated during the period of organogenesis, fetal weights were decreased and the incidence of fetal skeletal variations was increased at a dose of 3600 mg/kg/day (12 times the MRHD). 1200 mg/kg/day (4 times the MRHD) was a developmental no effect dose. There was no evidence of maternal toxicity in this study. Treatment of rats during the last third of gestation and throughout lactation produced no adverse developmental or maternal effects at doses of up to 1800 mg/kg/day (6 times the MRHD on a mg/m^2 basis). There are no adequate and well-controlled studies in pregnant women. Keppra should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. **Pregnancy Exposure Registry:** To facilitate monitoring fetal outcomes of pregnant women exposed to Keppra physicians are encouraged to register patients, before fetal outcome is known (e.g., ultrasound, results of amniocentesis, etc.), in the Antiepileptic Drug Pregnancy Registry by calling (888) 233-2334 (toll free). **Labor and Delivery:** The effect of Keppra on labor and delivery in humans is unknown. **Nursing Mothers:** It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when Keppra is administered to a nursing woman. **Pediatric Use:** Safety and effectiveness in patients below the age of 16 have not been established. **Geriatric Use:** Of the total number of subjects in clinical studies of levetiracetam, 347 were 65 and over. No overall differences in safety were observed between these subjects and younger subjects. There were insufficient numbers of elderly subjects in controlled trials of epilepsy to adequately assess the effectiveness of Keppra in these patients. A study in 16 elderly subjects (age 61-88 years) with oral administration of single dose and multiple twice-daily doses for 10 days showed no pharmacokinetic differences related to age alone. Levetiracetam is known to be substantially excreted by the kidney, and the risk of adverse reactions to this drug may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function. **Use in Patients With Impaired Renal Function:** Clearance of levetiracetam is decreased in patients with renal impairment and is correlated with creatinine clearance. The dosage should be reduced in patients with impaired renal function receiving Keppra and supplemental doses should be given to patients after dialysis (see DOSAGE AND ADMINISTRATION, Patients with Impaired Renal Function).**ADVERSE REACTIONS:** In well-controlled clinical studies, the most frequently reported adverse events associated with the use of Keppra in combination with other AEDs, not seen at an equivalent frequency among placebo-treated patients, were somnolence, asthenia, infection and dizziness. Table 1 lists treatment-emergent adverse events that occurred in at least 1% of patients with epilepsy treated with Keppra participating in placebo-controlled studies and were numerically more common in patients treated with Keppra than placebo. In these studies, either Keppra or placebo was added to concurrent AED therapy. Adverse events were usually mild to moderate in intensity. The prescriber should be aware that these figures, obtained when Keppra was added to concurrent AED therapy, cannot be used to predict the frequency of adverse experiences in the course of usual medical practice where patient characteristics and other factors may differ from those prevailing during clinical studies. Similarly, the cited frequencies cannot be directly compared with figures obtained from other clinical investigations involving different treatments, uses, or investigators. An inspection of these frequencies, however, does provide the prescriber with one basis to estimate the relative contribution of drug and non-drug factors to the adverse event incidences in the population studied. **Table 1: Incidence (%) of Treatment-emergent Adverse Events in Placebo-controlled, Add-on Studies by Body System (Adverse Events Occurred in at Least 1% of Keppra-treated Patients and Occurred More Frequently than Placebo-treated Patients) Keppra (N=769) vs Placebo (N=439):** Body System/Adverse Event: Body as a Whole: Asthenia (15% vs 9%); Headache (14% vs 13%); Infection (13% vs 8%); Pain (7% vs 6%); Digestive System: Anorexia (3% vs 2%); Nervous System: Amnesia (2% vs 1%); Anxiety (2% vs 1%); Ataxia (3% vs 1%); Depression (4% vs 2%); Dizziness (9% vs 4%); Emotional Lability (2% vs 0%); Hostility (2% vs 1%); Nervousness (4% vs 2%); Paresthesia (2% vs 1%); Somnolence (15% vs 8%); Vertigo (3% vs 1%). **Respiratory System:** Cough Increased (2% vs 1%); Pharyngitis (6% vs 4%); Rhinitis (4% vs 3%); Sinusitis (2% vs 1%). **Special Senses:** Diplopia (2% vs 1%). Other events reported by 1% or more of patients treated with Keppra but as or more frequent in the placebo group were: abdominal pain, accidental injury, amblyopia, arthralgia, back pain, bronchitis, chest pain, confusion, constipation, convulsion, diarrhea, drug level increased, dyspepsia, ecchymosis, fever, flu syndrome, fungal infection, gastroenteritis, gingivitis, grand mal convulsion, incontinence, nausea, otitis media, rash, thinking abnormal, tremor, urinary tract infection, vomiting and weight gain. **Time Course of Onset of Adverse Events:** Of the most frequently reported adverse events, asthenia, somnolence and dizziness appeared to occur predominantly during the first 4 weeks of treatment with Keppra. **Discontinuation or Dose Reduction in Well-Controlled Clinical Studies:** In well-controlled clinical studies, 15.0% of patients receiving Keppra and 11.6% receiving placebo either discontinued or had a dose reduction as a result of an adverse event. The adverse events most commonly associated (>1%) with discontinuation or dose reduction in either treatment group are presented in Table 2. **Table 2: Adverse Events Most Commonly Associated With Discontinuation or Dose Reduction in Placebo-controlled Studies in Patients With Epilepsy Keppra (N=769) vs Placebo (N=439):** [Number (%):] Asthenia [10 (1.3%) vs 3 (0.7%)]; Convulsion [23 (3.0%) vs 15 (3.4%)]; Dizziness [11 (1.4%) vs 0]; Somnolence [34 (4.4%) vs 7 (1.6%)]; Rash [0 vs 5 (1.1%)]. **Comparison of Gender, Age and Race:** The overall adverse experience profile of Keppra was similar between females and males. There are insufficient data to support a statement regarding the distribution of adverse experience reports by age and race.**DOSAGE AND ADMINISTRATION:** Keppra is indicated as adjunctive treatment of partial onset seizures in adults with epilepsy. In clinical trials, daily doses of 1000 mg, 2000 mg and 3000 mg, given as twice a day dosing, were shown to be effective. Although in some studies there was a tendency toward greater response with higher dose [see CLINICAL STUDIES in package insert], a consistent increase in response with increased dose has not been shown. Treatment should be initiated with a daily dose of 1000 mg/day, given as twice daily dosing (500 mg BID). Additional dosing increments may be given (1000 mg/day additional every 2 weeks) to a maximum recommended daily dose of 3000 mg. Long term experience at doses greater than 3000 mg/day is relatively minimal, and there is no evidence that doses greater than 3000 mg/day confer additional benefit. Keppra is given orally with or without food. **Patients With Impaired Renal Function:** Keppra dosing must be individualized according to the patient's renal function status. Recommended doses and adjustment for dose are shown in the Table below. To use this dosing table, an estimate of the patient's creatinine clearance (CLcr) in mL/min is needed. CLcr in mL/min may be estimated from serum creatinine (mg/dL) determination using the following formula:

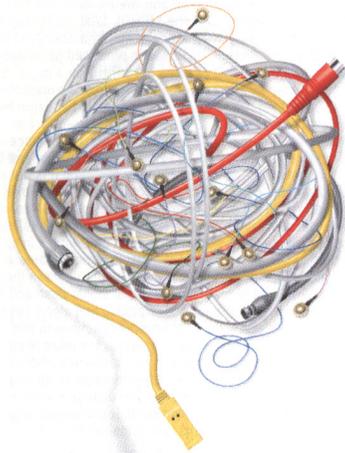
$$CLcr = \frac{[140 - \text{age (years)}] \times \text{weight (kg)}}{72 \times \text{serum creatinine (mg/dL)}} \quad (\times 0.85 \text{ for female patients})$$

Dosing Adjustment Regimen for Patients With Impaired Renal Function

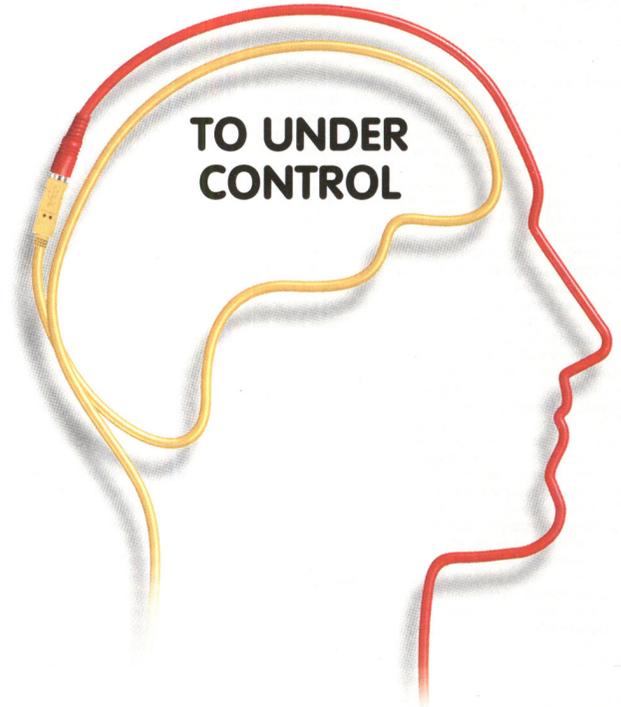
| Group | Creatinine Clearance (mL/min) | Dosage (mg) | Frequency |
|------------------------------|-------------------------------|--------------|-------------|
| Normal | > 80 | 500 to 1,500 | Every 12 h |
| Mild | 50 - 80 | 500 to 1,000 | Every 12 h |
| Moderate | 30 - 50 | 250 to 750 | Every 12 h |
| Severe | < 30 | 250 to 500 | Every 12 h |
| ESRD patients using dialysis | — | 500 to 1,000 | Every 24 h* |

*Following dialysis, a 250 to 500 mg supplemental dose is recommended.

**FROM
UNCONTROLLED...**



**TO UNDER
CONTROL**



**EFFICACY AND TOLERABILITY IN AN EASY-TO-USE AED—
ADD-ON THERAPY STARTS WITH KEPBRA™**

■ EFFECTIVE CONTROL OF PARTIAL ONSET SEIZURES

- Provides up to 4 out of 10 refractory patients with $\geq 50\%$ partial onset seizure reduction
- Clinical improvement has been seen within 2 weeks¹

■ GENERALLY WELL TOLERATED

- The most common adverse events associated with Keppra™ in combination with other AEDs were somnolence, asthenia, infection, and dizziness. Of these, most appeared to occur predominantly during the first 4 weeks of treatment
- In Phase III clinical studies, no dose relationship was observed for the most common adverse events over the entire treatment period¹

■ EASY TO START, EASY TO MANAGE

- Starting dose of 1000 mg/day (500 mg bid) is effective for many patients
- Daily doses of 1000, 2000, and 3000 mg given as twice-daily dosing shown to be effective
- No drug/drug interactions with AEDs included in well-controlled studies, a combination oral contraceptive, warfarin, or digoxin

Keppra™
levetiracetam
250 • 500 • 750 mg tablets

SIMPLIFYING SEIZURE CONTROL

Keppra™ use is associated with the occurrence of central nervous system adverse events classified as somnolence and fatigue, coordination difficulties, and behavioral abnormalities.

Minor, but statistically significant, decreases compared to placebo in total mean RBC count, mean hemoglobin, and mean hematocrit were seen in Keppra™-treated patients in controlled studies. A total of 3.2% of treated and 1.8% of placebo patients had at least one possibly significant decreased WBC, and 2.4% of treated and 1.4% of placebo patients had at least one possibly significant decreased neutrophil count.

Because levetiracetam is substantially excreted by the kidney, caution should be taken in dosing patients with moderate and severe renal impairment and patients undergoing hemodialysis.

Please consult brief summary of prescribing information on adjacent page.

Reference: 1. Data on file, UCB Pharma, Inc.



© 2000, UCB Pharma, Inc., Smyrna, GA 30080

All rights reserved.

Printed in U.S.A.

K156-0012

Table of Contents

Feature Articles

- 206 Is Obsessive-Compulsive Disorder Caused by a Second-Messenger Imbalance?**
By Donatella Marazziti, MD, Jorge Perez, MD, PhD, and Giovanni B. Cassano, MD, FRCP
- 210 Electroretinogram B-Wave Amplitude in Panic Disorder**
By Paolo Castrogiovanni, MD, Fulvio Pieraccini, MD, Sonia Iapichino, MD, Claudia Pacchierotti, MD, Letizia Bossini, MD, Elisabetta Truglia, MD, Claudio Malpassi, MD, and Bruno Natale
- 214 A Magnetic Resonance Imaging Study of Regional Cortical Volumes Following Stereotactic Anterior Cingulotomy**
By Scott L. Rauch, MD, Nikos Makris, MD, PhD, G. Rees Cosgrove, MD, Hackjin Kim, MA, Edwin H. Cassem, MD, Bruce H. Price, MD, Lee Baer, PhD, Cary R. Savage, PhD, Verne S. Caviness, Jr., MD, Dphil, Michael A. Jenike, MD, and David N. Kennedy, PhD
- 223 The "Prodromal" Patient: Both Symptomatic and At-Risk**
By Scott W. Woods, MD, Tandy J. Miller, PhD, and Thomas H. McGlashan, MD
- 233 The Timing of Neurodevelopmental Abnormality in Schizophrenia: An Integrative Review of the Neuroimaging Literature**
By Todd Lencz, PhD, Robert M. Bilder, PhD, and Barbara Cornblatt, PhD

CNS SPECTRUMS®

The International
Journal of
Neuropsychiatric
Medicine

Volume 6 • Number 3
March 2001

CNS Spectrums is a peer review journal and is indexed in EMBASE/Excerpta Medica, DIALOG, SilverPlatter, OVID, and Lexis-Nexis. *CNS Spectrums* is endorsed by, and is the official journal of, the International Neuropsychiatric Association, with members in 30 countries.

CNS Spectrums
(ISSN 1092-8529)

is published monthly by
MedWorks Media,
333 Hudson Street, 7th Floor
New York, NY 10013.

Periodicals postage paid
at New York, NY, and at
additional mailing offices.

One year subscription rates:
domestic \$90;
foreign \$145;
in-training \$50.

For subscriptions:
Fax: 212-328-0600.

E-mail:
jrr@medworksmedia.com

Postmaster:
Send address changes to
CNS Spectrums
c/o PPS Medical Marketing Group
264 Passaic Ave.
Fairview, NJ 07004-2595

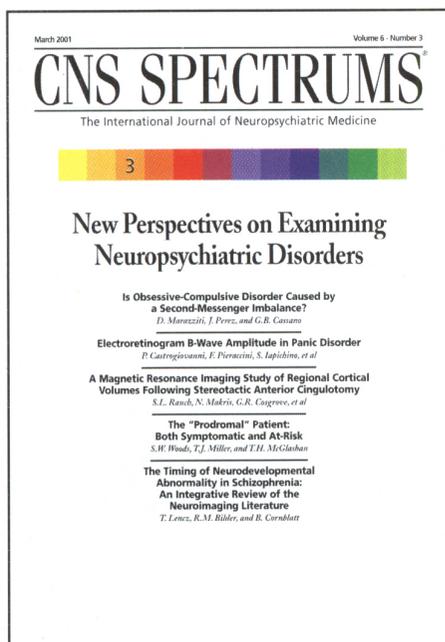


Table of Contents

Departments / Monthly Columns

POINT & COMMENTARY

- 202** **Towards a Paradigm Shift in Neuropsychiatry**
By Jack M. Gorman, MD

CNS NEWS

- 204** **Briefs From the Fields of Neurology & Neuropsychiatry**

CONTINUING MEDICAL EDUCATION

- 263** **This Continuing Medical Education series gives the reader the opportunity to test his/her understanding and recall of clinical material presented in this issue. Approved for 3.0 credit hours in Category 1**

INDICES

- 266** **By subject and author**

For editorial and advertising inquiries, please fax 212-328-0600.

Opinions and views expressed by authors are their own and do not necessarily reflect the views of the publisher, MedWorks Media, or the editorial advisory board. Advertisements in *CNS Spectrums* are accepted on the basis of adherence to ethical medical standards, but acceptance does not imply endorsement by *CNS Spectrums*, or the publisher.

CNS Spectrums® is a registered trademark of *CNS Spectrums*, LLC, New York, NY.
CNS News™ is a trademark of MBL Communications, Inc., New York, NY.

Permission to reproduce articles in whole or part must be obtained in writing from the publisher.
Copyright ©2001 by MedWorks Media. All rights reserved. Printed in the United States.



CNS Spectrums®
CNS Reviews™
TEN—The Economics of Neuroscience®
Psychopharmacology Bulletin™
Primary Psychiatry®
Psiquiatría y Salud Integral™
Mental Fitness®
Oncology Spectrums™

Custom-tailored dosing

In two 6- to 8-week placebo-controlled clinical trials, spontaneously reported, treatment-emergent adverse events with an incidence of 5% or greater in at least one of the RISPERDAL groups and at least twice that of placebo were: anxiety, somnolence, extrapyramidal symptoms, dizziness, constipation, nausea, dyspepsia, rhinitis, rash, and tachycardia.

EPS with RISPERDAL, while dose-dependent, are comparable to placebo at doses ≤ 6 mg/day and differ significantly from placebo at doses > 6 mg/day. Prescribing should be consistent with the need to minimize the risk of tardive dyskinesia; if its signs and symptoms appear, discontinuation of RISPERDAL should be considered.

Orthostatic hypotension was reported infrequently ($< 1\%$) in clinical trials; its risk may be minimized by following the recommended RISPERDAL dose titration regimen.

Reference:
1. IMS America, 12/99.

Please see brief summary of Prescribing Information on adjacent page.

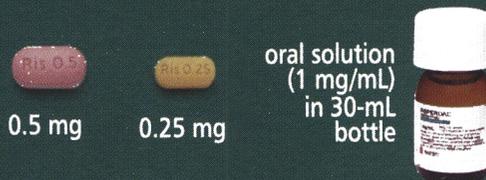
© Janssen Pharmaceutica Products, L.P. 2000

JANSSEN
ONE TO ONE
Customer Action Center™
1-800-JANSSEN
9am to 5pm ET, Mon to Fri.
<http://us.janssen.com>

Fitted to everyone



from young adults



to special populations*

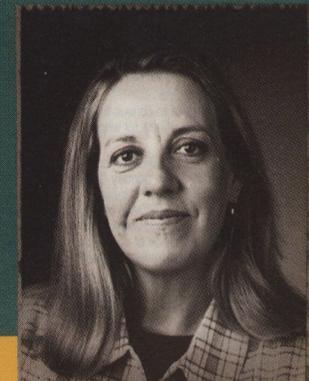
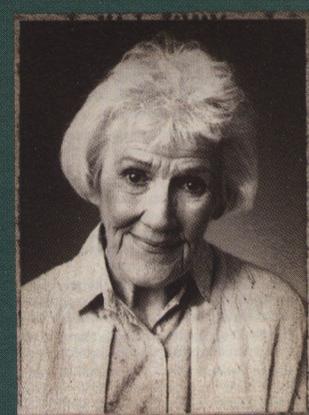
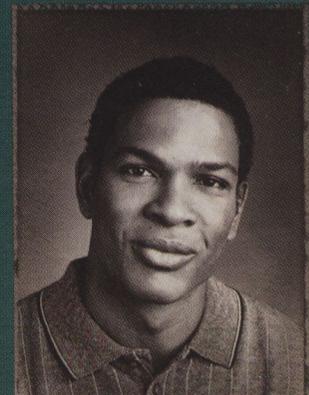
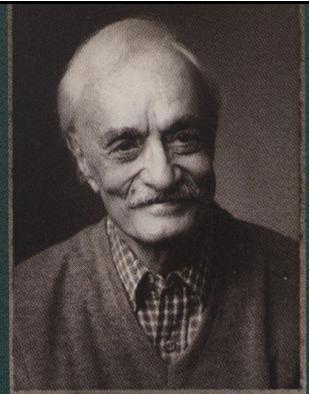
*Patients who are elderly or who are renally or hepatically impaired.

Risperdal[®]
tablets and
oral solution 1 mg/mL
RISPERIDONE

The #1 prescribed antipsychotic

JANSSEN PHARMACEUTICA PRODUCTS, L.P.

01-RS-708 July 2000



BEFORE PRESCRIBING, PLEASE CONSULT COMPLETE PRESCRIBING INFORMATION OF WHICH THE FOLLOWING IS A BRIEF SUMMARY.

INDICATIONS AND USAGE

RISPERDAL® (risperidone) is indicated for the management of the manifestations of psychotic disorders.

CONTRAINDICATIONS

RISPERDAL® (risperidone) is contraindicated in patients with a known hypersensitivity to the product.

WARNINGS

Neuroleptic Malignant Syndrome (NMS)

A potentially fatal symptom complex sometimes referred to as Neuroleptic Malignant Syndrome (NMS) has been reported in association with antipsychotic drugs. If a patient requires antipsychotic drug treatment after recovery from NMS, the potential reintroduction of drug therapy should be carefully considered. The patient should be carefully monitored, since recurrences of NMS have been reported.

Tardive Dyskinesia

A syndrome of potentially irreversible, involuntary, dyskinetic movements may develop in patients treated with antipsychotic drugs. Whether antipsychotic drug products differ in their potential to cause tardive dyskinesia is unknown.

If signs and symptoms of tardive dyskinesia appear in a patient on RISPERDAL®, drug discontinuation should be considered. However, some patients may require treatment with RISPERDAL® despite the presence of the syndrome.

Potential for Proarrhythmic Effects: Risperidone and/or 9-hydroxyrisperidone appears to lengthen the QT interval in some patients, although there is no average increase in treated patients, even at 12-16 mg/day, well above the recommended dose. Other drugs that prolong the QT interval have been associated with the occurrence of torsades de pointes, a life-threatening arrhythmia. Bradycardia, electrolyte imbalance, concomitant use with other drugs that prolong QT, or the presence of congenital prolongation in QT can increase the risk for occurrence of this arrhythmia.

PRECAUTIONS

General

Orthostatic Hypotension: RISPERDAL® (risperidone) may induce orthostatic hypotension associated with dizziness, tachycardia, and in some patients, syncope, especially during the initial dose-titration period, probably reflecting its alpha-adrenergic antagonistic properties. Syncope was reported in 0.2% (6/2607) of RISPERDAL® treated patients in phase 2-3 studies. The risk of orthostatic hypotension and syncope may be minimized by limiting the initial dose to 2 mg total (either QD or 1 mg BID) in normal adults and 0.5 mg BID in the elderly and patients with renal or hepatic impairment (See DOSAGE AND ADMINISTRATION). Monitoring of orthostatic vital signs should be considered in patients for whom this is of concern. A dose reduction should be considered if hypotension occurs. RISPERDAL® should be used with particular caution in patients with known cardiovascular disease (history of myocardial infarction or ischemia, heart failure, or conduction abnormalities), cerebrovascular disease, and conditions which would predispose patients to hypotension e.g., dehydration and hypovolemia. Clinically significant hypotension has been observed with concomitant use of RISPERDAL® and antihypertensive medication.

Seizures: RISPERDAL® should be used cautiously in patients with a history of seizures.

Dysphagia: Esophageal dysmotility and aspiration have been associated with antipsychotic drug use. Aspiration pneumonia is a common cause of morbidity and mortality in patients with advanced Alzheimer's dementia. RISPERDAL® and other antipsychotic drugs should be used cautiously in patients at risk for aspiration pneumonia.

Hyperserotonemia: As with other drugs that antagonize dopamine D₂ receptors, risperidone elevates prolactin levels and the elevation persists during chronic administration. Neither clinical studies nor epidemiologic studies conducted to date have shown an association between chronic administration of this class of drugs and tumorigenesis in humans; the available evidence is considered too limited to be conclusive at this time.

Potential for Cognitive and Motor Impairment: Somnolence was a commonly reported adverse event associated with RISPERDAL® treatment, especially when ascertained by direct questioning of patients. This adverse event is dose related. Patients should be cautioned about operating hazardous machinery, including automobiles, until they are reasonably certain that RISPERDAL® therapy does not affect them adversely.

Pruritus: Rare cases of pruritus have been reported.

Thrombotic Thrombocytopenic Purpura (TTP): A single case of TTP was reported in a 28 year-old female patient receiving RISPERDAL® in a large, open premarketing experience (approximately 1300 patients). She experienced jaundice, fever, and bruising, but eventually recovered after receiving plasmapheresis. The relationship to RISPERDAL® therapy is unknown.

Antiemetic effect: Risperidone has an antiemetic effect in animals; this effect may also occur in humans, and may mask signs and symptoms of overdose with certain drugs or of conditions such as intestinal obstruction, Reye's syndrome, and brain tumor.

Body Temperature Regulation: Disruption of body temperature regulation has been attributed to antipsychotic agents. Caution is advised when prescribing for patients who will be exposed to temperature extremes.

Suicide: The possibility of a suicide attempt is inherent in schizophrenia, and close supervision of high risk patients should accompany drug therapy.

Use in Patients with Concomitant Illness: Clinical experience with RISPERDAL® in patients with certain concomitant systemic illnesses is limited. Caution is advisable in using RISPERDAL® in patients with diseases or conditions that could affect metabolism or hemodynamic responses.

Because of the risks of orthostatic hypotension and QT prolongation, caution should be observed in cardiac patients (See WARNINGS and PRECAUTIONS). Increased plasma concentrations of risperidone and 9-hydroxyrisperidone occur in patients with severe renal impairment and in patients with severe hepatic impairment. A lower starting dose should be used in such patients.

Information for Patients

Physicians are advised to consult full prescribing information to review issues to be discussed with patients for whom they prescribe RISPERDAL®.

Drug Interactions

The interactions of RISPERDAL® and other drugs have not been systematically evaluated. Given the primary CNS effects of risperidone, caution should be used when RISPERDAL® is taken in combination with other centrally acting drugs and alcohol. RISPERDAL® may antagonize the effects of levodopa and dopamine agonists. Chronic administration of carbamazepine with risperidone may increase the clearance of risperidone. Chronic administration of clozapine with risperidone may decrease the clearance of risperidone.

Fluoxetine may increase the plasma concentration of the anti-psychotic fraction (risperidone plus 9-hydroxyrisperidone) by raising the concentration of risperidone, although not the active metabolite, 9-hydroxyrisperidone.

Drugs that Inhibit Cytochrome P₂ and Other P₂ Isozymes: Risperidone is metabolized to 9-hydroxyrisperidone by cytochrome P₂, an enzyme that is polymorphic in the population and that can be inhibited by a variety of psychotropic and other drugs (See CLINICAL PHARMACOLOGY). Drug interactions that reduce the metabolism of risperidone to 9-hydroxyrisperidone would increase the plasma concentrations of risperidone and lower the concentrations of 9-hydroxyrisperidone. Analysis of clinical studies involving a modest number of poor metabolizers (n=70) does not suggest that poor and extensive metabolizers have different rates of adverse effects. No comparison of effectiveness in the two groups has been made.

In vitro studies showed that drugs metabolized by other P₂ isozymes, including 1A1, 1A2, 1C9, MP, and 11A4, are only weak inhibitors of risperidone metabolism.

Drugs Metabolized by Cytochrome P₂: In vitro studies indicate that risperidone is a relatively weak inhibitor of cytochrome P₂. Therefore, RISPERDAL® is not expected to substantially inhibit the clearance of drugs that are metabolized by this enzymatic pathway. However, clinical data to confirm this expectation are not available.

Carcinogenesis, Mutagenesis, Impairment of Fertility

Carcinogenesis: Carcinogenicity studies were conducted in Swiss albino mice and Wistar rats. Risperidone was administered in the diet at doses of 0.63, 2.5, and 10 mg/kg for 18 months to mice and for 25 months to rats. These doses are equivalent to 2.4, 9.4, and 37.5 times the maximum human dose (16 mg/day) on a mg/kg basis or 0.2, 0.75 and 3 times the maximum human dose (mice) or 0.4, 1.5, and 6 times the maximum human dose (rats) on a mg/m² basis. There were statistically significant increases in pituitary gland adenomas, endocrine pancreas adenomas and mammary gland adenocarcinomas.

These findings are considered to be prolactin mediated. The relevance for human risk of the findings of prolactin-mediated endocrine tumors in rodents is unknown (See Hyperserotonemia under PRECAUTIONS, GENERAL).

Mutagenesis: No evidence of mutagenic potential for risperidone was found.

Impairment of Fertility: Risperidone (0.16 to 5 mg/kg) was shown to impair mating, but not fertility, in Wistar rats in three reproductive studies at doses 0.1 to 3 times the maximum recommended human dose on a mg/m² basis.

Pregnancy

Pregnancy Category C: There are no adequate and well-controlled studies in pregnant women.

RISPERDAL® should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

Labor and Delivery

The effect of RISPERDAL® on labor and delivery in humans is unknown.

Nursing Mothers

It is not known whether or not risperidone is excreted in human milk. Women receiving RISPERDAL® should not breast feed.

Pediatric Use

Safety and effectiveness in children have not been established.

Geriatric Use

Clinical studies of RISPERDAL® did not include sufficient numbers of patients aged 65 and over to determine whether they respond differently from younger patients. Other reported clinical experience has not identified differences in responses between elderly and younger patients. In general, a lower starting dose is recommended for an elderly patient, reflecting a decreased pharmacokinetic clearance in the elderly, as well as a greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy (See CLINICAL PHARMACOLOGY and DOSAGE AND ADMINISTRATION). While elderly patients exhibit a greater tendency to orthostatic hypotension, its risk in the elderly may be minimized by limiting the initial dose to 0.5 mg BID followed by careful titration (See PRECAUTIONS). Monitoring of orthostatic vital signs should be considered in patients for whom this is of concern.

This drug is known to be substantially excreted by the kidney, and the risk of toxic reactions to this drug may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function (See DOSAGE AND ADMINISTRATION).

ADVERSE REACTIONS

Associated with Discontinuation of Treatment

Approximately 9% percent (244/2607) of RISPERDAL® (risperidone)-treated patients in phase 2-3 studies discontinued treatment due to an adverse event, compared with about 7% on placebo and 10% on active control drugs. The more common events (≥ 0.3%) associated with discontinuation and considered to be possibly or probably drug-related included: extrapyramidal symptoms, dizziness, hyperskinesia, somnolence, and nausea.

Incidence in Controlled Trials

Commonly Observed Adverse Events in Controlled Clinical Trials: In two 6- to 8-week placebo-controlled trials, spontaneously-reported, treatment-emergent adverse events with an incidence of 5% or greater in at least one of the RISPERDAL® groups and at least twice that of placebo were: anxiety, somnolence, extrapyramidal symptoms, dizziness, constipation, nausea, dyspepsia, rhinitis, rash, and tachycardia.

Adverse events were also elicited in one of these two trials (i.e., in the fixed-dose trial comparing RISPERDAL® at doses of 2, 6, 10, and 16 mg/day with placebo) utilizing a checklist for detecting adverse events, a method that is more sensitive than spontaneous reporting. By this method, the following additional common and drug-related adverse events were present at least 5% and twice the rate of placebo: increased dream activity, increased duration of sleep, accommodation disturbances, reduced salivation, micturition disturbances, diarrhea, weight gain, menorrhagia, diminished sexual desire, erectile dysfunction, ejaculatory dysfunction, and orgasmic dysfunction.

The following adverse events occurred at an incidence of 1% or more, and were at least as frequent among RISPERDAL® treated patients treated at doses of ≤10 mg/day than among placebo-treated patients in the pooled results of two 6- to 8-week controlled trials: **Psychiatric Disorders:** insomnia, agitation, anxiety, somnolence, aggressive reaction. **Nervous System:** extrapyramidal symptoms¹, headache, dizziness. **Gastrointestinal System:** constipation, nausea, dyspepsia, vomiting, abdominal pain, saliva increased, toothache. **Respiratory System:** rhinitis, coughing, sinusitis, pharyngitis, dyspnea. **Body as a Whole:** back pain, chest pain, fever. **Dermatological:** rash, dry skin, seborrhea. **Infections:** upper respiratory. **Visual:** abnormal vision. **Musculo-Skeletal:** arthralgia. **Cardiovascular:** tachycardia.

¹ Includes tremor, dystonia, hypokinesia, hypertonia, hyperkinesia, oculogyric crisis, ataxia, abnormal gait, involuntary muscle contractions, hyporeflexia, akathisia, and extrapyramidal disorders.

Dose Dependency of Adverse Events:

Data from two fixed dose trials provided evidence of dose-relatedness for extrapyramidal symptoms associated with risperidone treatment. These symptoms include: sleepiness, increased duration of sleep, accommodation disturbances, orthostatic dizziness, palpitations, weight gain, erectile dysfunction, ejaculatory dysfunction, orgasmic dysfunction, asthenia/lassitude/increased fatigability, and increased pigmentation.

Vital Sign Changes: RISPERDAL® is associated with orthostatic hypotension and tachycardia (See PRECAUTIONS).

Weight Changes: A statistically significantly greater incidence of weight gain for RISPERDAL® (18%) compared to placebo (9%).

Laboratory Changes: A between group comparison for 6- to 8-week placebo-controlled trials revealed no statistically significant RISPERDAL®/placebo differences in the proportions of patients experiencing potentially important

changes in routine serum chemistry, hematology, or urinalysis parameters. Similarly, there were no RISPERDAL®/placebo differences in the incidence of discontinuations for changes in serum chemistry, hematology, or urinalysis. However, RISPERDAL® administration was associated with increases in serum prolactin (See PRECAUTIONS).

ECG Changes: The electrocardiograms of approximately 380 patients who received RISPERDAL® and 120 patients who received placebo in two double-blind, placebo-controlled trials were evaluated and revealed one finding of potential concern: i.e., 8 patients taking RISPERDAL® whose baseline QTc interval was less than 450 msec were observed to have QTc intervals greater than 450 msec during treatment (See WARNINGS). Changes of this type were not seen among about 120 placebo patients, but were seen in patients receiving haloperidol (3/126).

Other Events Observed During the Pre-Marketing Evaluation of RISPERDAL®

During its premarketing assessment, multiple doses of RISPERDAL® (risperidone) were administered to 2607 patients in phase 2 and 3 studies and the following reactions were reported: (Note: frequent adverse events are those occurring in at least 1/100 patients. Infrequent adverse events are those occurring in 1/100 to 1/1000 patients; rare events are those occurring in fewer than 1/1000 patients. It is important to emphasize that, although the events reported occurred during treatment with RISPERDAL®, they were not necessarily caused by it.)

Psychiatric Disorders: Frequent: increased dream activity¹, diminished sexual desire¹, nervousness. Infrequent: impaired concentration, depression, apathy, catatonic reaction, euphoria, increased libido, amnesia. Rare: emotional lability, nightmares, delirium, withdrawal syndrome, yawning.

Central and Peripheral Nervous System Disorders: Frequent: increased sleep duration¹. Infrequent: dysarthria, vertigo, stupor, paresthesia, confusion. Rare: aphasia, cholinergic syndrome, hypoesthesia, tongue paralysis, leg cramps, torticollis, hypotonia, coma, migraine, hyperreflexia, choreoathetosis.

Gastro-Intestinal Disorders: Frequent: anorexia, reduced salivation¹. Infrequent: flatulence, diarrhea, increased appetite, stomatitis, melena, dysphagia, hemorrhoids, gastritis. Rare: fecal incontinence, eructation, gastroesophageal reflux, gastroenteritis, esophagitis, tongue discoloration, cholelithiasis, tongue edema, diverticulitis, gingivitis, discolored feces, GI hemorrhage, hematemesis.

Body as a Whole/General Disorders: Frequent: fatigue. Infrequent: edema, rigors, malaise, influenza-like symptoms. Rare: pallor, enlarged abdomen, allergic reaction, ascites, sarcoidosis, flushing.

Respiratory System Disorders: Infrequent: hyperventilation, bronchospasm, pneumonia, stridor. Rare: asthma, increased sputum, aspiration.

Skin and Appendage Disorders: Frequent: increased pigmentation¹, photosensitivity¹. Infrequent: increased sweating, acne, decreased sweating, alopecia, hyperkeratosis, pruritus, skin exfoliation. Rare: bullous eruption, skin ulceration, aggravated psoriasis, furunculosis, verruca, dermatitis lichenoid, hypertrichosis, genital pruritus, urticaria.

Cardiovascular Disorders: Infrequent: palpitation, hypertension, hypotension, AV block, myocardial infarction. Rare: ventricular tachycardia, angina pectoris, premature atrial contractions, T wave inversions, ventricular extrasystoles, ST depression, myocarditis.

Vision Disorders: Infrequent: abnormal accommodation, xerophthalmia. Rare: diplopia, eye pain, blepharitis, photopsia, photophobia, abnormal lacrimation.

Metabolic and Nutritional Disorders: Infrequent: hyponatremia, weight increase, creatine phosphokinase increase, thirst, weight decrease, diabetes mellitus. Rare: decreased serum iron, cachexia, dehydration, hypokalemia, hypoproteinemia, hyperphosphatemia, hypertriglyceridemia, hyperuricemia, hypoglycemia.

Urinary System Disorders: Frequent: polyuria/polydipsia¹. Infrequent: urinary incontinence, hematuria, dysuria. Rare: urinary retention, cystitis, renal insufficiency.

Musculo-Skeletal System Disorders: Infrequent: myalgia. Rare: arthrosis, synostosis, bursitis, arthritis, skeletal pain.

Reproductive Disorders, Female: Frequent: menorrhagia¹, orgasmic dysfunction¹, dry vagina¹. Infrequent: nonpuerperal lactation, amenorrhea, female breast pain, leukorrhea, mastitis, dysmenorrhea, female perineal pain, intermenstrual bleeding, vaginal hemorrhage.

Liver and Biliary System Disorders: Infrequent: increased SGOT, increased SGPT. Rare: hepatic failure, cholestatic hepatitis, cholecystitis, cholelithiasis, hepatitis, hepatocellular damage.

Platelet, Bleeding and Clotting Disorders: Infrequent: epistaxis, purpura. Rare: hemorrhage, superficial phlebitis, thrombophlebitis, thrombocytopenia.

Hearing and Vestibular Disorders: Rare: tinnitus, hyperacusis, decreased hearing.

Red Blood Cell Disorders: Infrequent: anemia, hypochromic anemia. Rare: normocytic anemia.

Reproductive Disorders, Male: Frequent: erectile dysfunction¹. Infrequent: ejaculation failure.

White Cell and Resistance Disorders: Rare: leukocytosis, lymphadenopathy, leukopenia, Pelger-Huet anomaly.

Endocrine Disorders: Rare: gynecomastia, male breast pain, antidiuretic hormone disorder.

Special Senses: Rare: bitter taste.

¹ Incidence based on elicited reports.

Postintroduction Reports: Adverse events reported since market introduction which were temporally (but not necessarily causally) related to RISPERDAL® therapy, include the following: anaphylactic reaction, angioedema, apnea, atrial fibrillation, cerebrovascular disorder, diabetes mellitus aggravated, including diabetic ketoacidosis, intestinal obstruction, jaundice, mania, pancreatitis, Parkinson's disease aggravated, pulmonary embolism. There have been rare reports of sudden death and/or cardiopulmonary arrest in patients receiving RISPERDAL®. A causal relationship with RISPERDAL® has not been established. It is important to note that sudden and unexpected death may occur in psychotic patients whether they remain untreated or whether they are treated with other antipsychotic drugs.

DRUG ABUSE AND DEPENDENCE

Controlled Substance Class: RISPERDAL® (risperidone) is not a controlled substance.

For information on symptoms and treatment of overdose, see full prescribing information.

More detailed professional information is available upon request.

© Janssen Pharmaceutica Inc. 1999
US Patent 4,804,663
July 1998, May 1999

7503217

Nota Bene

Psychopharmacology Bulletin

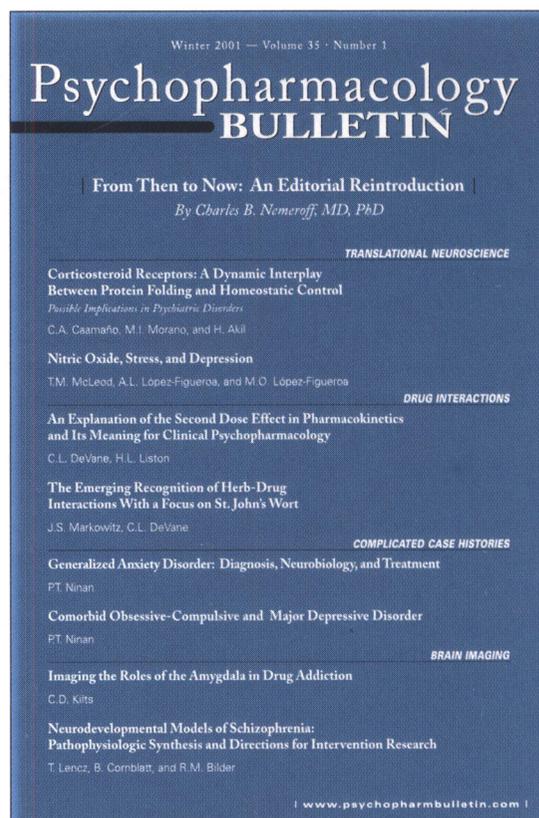
*Psychopharmacology
Bulletin* will be
published quarterly
in 2001

For subscription information or
author guidelines, please visit
www.psychopharmbulletin.com

or write us:

MedWorks Media

333 Hudson Street, 7th Floor
New York, NY 10013



Editor

Charles B. Nemeroff, MD, PhD

Associate Editors

Drug Interactions

C. Lindsay DeVane, PharmD

Brain Imaging

Clinton D. Kilts, PhD

Complicated Case Histories

Philip T. Ninan, MD

Translational Neuroscience

Stanley J. Watson, MD, PhD

Editorial Advisory Board

Dennis S. Charney, MD

Jack M. Gorman, MD

Steven Hyman, MD

Herb D. Kleber, MD

K. Ranga Rama Krishnan, MD

Alan I. Leshner, PhD

Peter P. Roy-Byrne, MD

Alan F. Schatzberg, MD

Carol Tamminga, MD

Michael E. Thase, MD

Karen Wagner, MD

Daniel R. Weinberger, MD