

## BRITISH ASSOCIATION FOR BEHAVIOURAL PSYCHOTHERAPY

The Membership year is from 1st October until 30th September. The membership fee is £4.00 per year if paid by Standing Order or £5.00 per year if paid by cheque. Those enrolling between 1st April–30th September will pay half the above rates. The rate for students maintained wholly on grants is £2.00 per year. For further details contact the Honorary Secretary.

### ADVANTAGES OF MEMBERSHIP

The Association holds an annual conference. It organises Workshops regularly; these cover particular topics or areas or are directed at particular professional groups. Members may attend conferences and Workshops at preferential rates. The Association publishes a quarterly Bulletin, conference abstracts, a list of locations providing behavioural psychotherapy and an annual research register. Members may subscribe to "Behaviour Research and Therapy" and "Behaviour Therapy" at reduced rates. Reports of Working Parties formed to consider matters of interest to behaviour therapists are issued from time to time. The Association maintains strong links with behaviour therapy organisations in other countries and is actively promoting a student exchange scheme.

### BULLETIN SUBSCRIPTION RATES

The B.A.B.P. Bulletin is free to B.A.B.P. members, £4.00 per year for non-members and £5.00 per year for libraries and other institutions.

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# METHUEN

## Social Skills and Mental Health

Michael Argyle, Bridget Bryant, Peter Trower  
with the help of John Marzillier

Every social encounter presents opportunities and problems that, through incompetence in basic social skills, many people fail to appreciate. An understanding of non-verbal communication, and of 'body language'; an ability to know when to listen, when to speak, when to placate and when to be assertive are all vital pre-requisites of a full social existence.

This book deals with the ways in which people can be trained in such skills, and thus benefit from a highly sensitive and creative form of therapy. The authors give details of the scientific basis for this training that has been provided by new

theories and discoveries in the social sciences, and describe different techniques for the analysis and modification of social behaviour. They also provide a manual, for assessing deficits and difficulties and for training in the main areas of social deficiency, which includes a rating scale, questionnaires, and user's booklet of training exercises.

Psychologists, psychiatrists, doctors, nurses, social workers and probation officers, indeed anyone involved in therapeutic treatment of the socially unskilled will find this book invaluable. £7.75 University Paperback £4.90

# TAVISTOCK

Now Available in Paperback

## Families and Family Therapy

Salvador Minuchin

In recent years the importance and value of family counselling and therapy, has been increasingly recognized. In this book Dr Minuchin, who has made a speciality of family therapy, lays bare the dynamics of family interaction in a series of enthralling accounts of particular encounters.

'This will undoubtedly be a classic in family therapy, useful for both the experienced family therapist and the beginner.'  
*Geoffrey Goding, Mankind*

Social Science Paperback £2.90