

## Erratum

Rayner M, Scarborough P, Williams C. The origin of Guideline Daily Amounts and the Food Standards Agency's guidance on what counts as 'a lot' and 'a little'. *Public Health Nutrition* 2004; **7** 549–56.

Please replace the text at the top of the right column of pg. 550 with the following:

### **The basis to the Guideline Daily Amounts**

*Use your Label* gave the following table of 'Daily Guideline Intakes'. In this paper these will subsequently be called Guideline Daily Amounts (GDAs) in line with current usage.

	MEN	WOMEN
Fat	95 g	70 g
Saturates	30 g	20 g
Sodium	2.5 g	2 g
Fibre	20 g	16 g
Sugar	70 g	50 g

The text of the leaflet also stated that these GDAs 'are based on an average-sized man and woman, with an average level of physical activity. An average man needs about 2500 kcal a day and an average woman needs about 2000 kcal.'