

OCTC Diploma / MSc courses

University of Oxford's Diploma in Cognitive Therapy

A one year part-time Post-Graduate Diploma

BABCP accredited (Level 1)

Fridays 9.30-5.00 over three 12 week terms from September 2010

Course Director: Dr Freda V. McManus

This highly respected course with over 17 years' proven track record in CBT training equips practitioners with the CBT skills necessary to work with disorders and problems at all levels of complexity. Open to all mental health professionals (e.g., clinical psychologists, nurses, counsellors, OTs, psychiatrists, etc.)

- Comprehensive high quality training in theory and practice of CBT
- Skilful supervision with leaders in the field
- Self-experiential learning
- Consistently excellent feedback from course participants

Diploma / M.Sc. in Advanced Cognitive Therapy Studies

Dissemination skills for experienced practitioners

A one year part-time Post-Graduate Diploma or two year part-time MSc

September 2010 - Dec 2012

11 intensive 3-4 day teaching blocks over year one for Dipl. (approx. monthly); for the MSc, 6 additional days of research tutoring in year two

Course Director: Dr Helen Kennerley

This unique course offers specialist training for experienced cognitive therapists seeking to develop their ability to disseminate CBT with skill and confidence in their own workplaces

- Cutting edge clinical updates
- High impact training skills
- Creative supervision principles and practice
- Research skills for real world clinicians
- Promoting and developing CBT services

Closing date for applications will be 30 April (Dipl.) or 28 May (Adv.), 2010. Prospectus and application forms will be available from January 2010 on our website, or enquire with the Course Administrator, Kim Morris-Smith, after that date (contact details below).



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Behavioural and Cognitive Psychotherapy

Instructions to Authors

Submission to Behavioural and Cognitive Psychotherapy

Articles written in English and not submitted for publication elsewhere should be sent via <http://mc.manuscriptcentral.com/babcp>.

Manuscript preparation

A Word document of the manuscript must be submitted electronically and original figures can be supplied as attachments.

Articles must be typed double-spaced throughout allowing wide margins all round. Where unpublished material e.g. behaviour rating scales, therapy manuals etc., is referred to in an article, copies should be submitted as an additional document to facilitate review.

Submissions will be sent out for review exactly as submitted. Authors who want a blind review should indicate this at the point of submission of their article, omitting details of authorship and other information. Submission for blind review is encouraged.

Abbreviations where used must be standard. The Systeme International (SI) should be used for all units; where metric units are used the SI equivalent must also be given. Probability values and power statistics should be given with statistical values and degrees of freedom (e.g. $F(1,34) - 123.07$, $p < .001$), but such information may be included in tables rather than the main text.

Spelling must be consistent within an article, either using British usage (*The Shorter Oxford English Dictionary*), or American usage (*Webster's New Collegiate Dictionary*). However, spelling in the list of references must be literal to each original publication.

Details of style not specified here may be determined by reference to the *Publication Manual of the American Psychological Association* or the style manual of the British Psychological Society.

Articles should conform to the following scheme:

- (a) *Title page*. The title should phrase concisely the major issues. Author(s) to be given with departmental affiliations and addresses, grouped appropriately. A running head of no more than 40 characters should be indicated.
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Tharp, R. G. and Wetzel, R. J. (1969). *Behaviour Modification in the Natural Environment*. New York: Academic Press.

Roskies, E. and Lazarus, R. S. (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds), *Behavioural Medicine: changing health lifestyles*. New York: Brunner/Mazel.
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- (h) *Figure captions*. Numbered captions should be typed on a separate page.
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