

had there been one. However, one redeeming aspect of this section was a case study cited in Schwartz's commendable review of biofeedback. In it, an analyst with cold feet (a result of reduced blood flow) underwent successful behavioural type treatment (p28). One is tempted to conclude therefore that, like Heineken, behavioural techniques modify the parts that other therapies cannot reach.

The second section on therapeutic process and the third on desensitization and flooding were very readable, and the papers here had substance and contemporary interest. However, Bandura for one would take issue with the author of the introduction to Section III who claimed that 'desensitization and implosive therapy are clinically useful and that they have no serious rival'. The aforementioned professor would no doubt be heartened by the inclusion of several studies on modelling that appear in the overview of adaptive response training - the best section of all raising several relevant and poignant questions.

The penultimate section deals with group, marital and family therapies and contains the sort of things one comes to expect in sections so titled. One can only hope that some of the papers remit spontaneously. One bright point in this section is the paper by Frankl on the concept of encounter which falls on the right side of the line dividing the highly creative and stimulating from jargon-ridden rubbish. The final section revolves around the Meninger foundation final report, which merits inclusion if only, (and probably only) because of the enormous effort that went into the project.

In summary then, the annual is a collection of readable and in many cases, relevant and stimulating papers. Consequently the book is worth a place on your Birthday gift list, probably under a new squash racket but almost certainly over a box of initialled handkerchiefs.

For those interested in purchasing this annual I can divulge that it is offered at a special price for B.A.B.P. members - just over £6. Interestingly a weekend return to Stoke can at present be obtained for £6.34. These tickets are available from Euston mainline terminal box office. The annual can be purchased from Pandemic Books Ltd., 24A, Titchfield Street, London, WC2 9NJ.

Howard Rankin

CORRESPONDENCE

Dear Sirs,

At the Annual General Meeting of the Oxford Branch of the BABP, the Membership expressed concern about the relationship between the BABP and the Institute of Behaviour Therapy Ltd. It appeared that half of the Executive Committee of the BABP was concerned with the Institute as either "director" or "consultant", which could clearly lead to some conflict of interest.

Our members are not opposed to the existence of the Institute per se but rather to the overlap of those in an executive role in both bodies. We should like to ensure that other members have knowledge of this situation and hope they will express their feelings in the BABP Bulletin.

Yours truly,

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