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CASE REPORT: SCREAM OF THE MOTHER WHOSE DAUGHTER IS BIPOLAR

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50-90% percent of patients with mentall illness live with their relatives after the acute treatment.Giving care brings important burden to family.Experinence of a mother whose daughter is bipolar will be transferred in this case.

Case: 46 years old, housewife.Her daughter disease occured seven years ago in pospartum period. Mother said “three months after birth my daughter came to me with her child.she gave up the child on my arms and said “look after this baby, I want to be free and I'm going”, I didn't understand what is happening and felt afraid. At the same time her self care was very bad, also there was only a diaper on baby.Before illness my daughter was working in a factory because of the illness she gave up working.Now she wants to work but if she has an episod when working and says again “I want to go”, what can I do.When she is with me I can control her but out I can't.When she is good or when she is worse isn't clear, if something happen to her.My daughter is pure, if someone around her want to utilieze from her what will be happen. I often follow her, she knows this and get angry to me, but it is beyond my power.She have to use drug for a long time, drugs are expensive and although using drugs her illness show recurrence.It is a very difficult condition, knowing ever will be fully recovered thouth me every efforts are unnecessarily”.