

Editorial

The year 1984 has arrived and, despite Orwell's warnings of the potential dangers of the use of psychological techniques to suppress individuality, there is every indication of developments in the opposite direction. The practice of behavioural psychotherapy goes from strength to strength and every year sees new developments which keep individuals free from disorders previously regarded as untreatable. More and more professions are adopting behavioural approaches, and doing so in a careful, ethical way. Such responsible developments will protect society from Orwell's greatest fears.

This year sees a major break in the history of behaviour therapy. Hans Eysenck who did so much to create the atmosphere in which behaviour therapy developed at the Institute of Psychiatry, retired from his Chair last October. To mark the debt that *Behavioural Psychotherapy* owes Eysenck, we are publishing two special contributions in this issue. The first is a personal view of the early days of behaviour therapy as witnessed and recalled by Gwynne Jones. The second is an overview by Eysenck himself reprinted from the *Newsletter of the European Association of Behaviour Therapy*.

The year 1984 will also see editorial changes in *Behavioural Psychotherapy*. Having assumed joint-editorship in 1975, and having seen the Journal through from an in-house newsletter to an international journal published professionally, we both feel it is time to hand over responsibility to others. We have enjoyed editing the Journal, and have learned a lot from it. We wish to record our thanks to our deputy editor, Tim Stockwell, for the increasing help he has given us recently. We wish the Journal and our successors well.

Ray Hodgson and William Yule