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Correspondence Letters submitted for publication should be emailed to Professor Patricia Casey at apt@rcpsych.ac.uk or posted to *BJPsych Advances*, Royal College of Psychiatrists, 21 Prescot Street, London E1 8BB, UK.

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Recent modules and podcasts

Prison psychiatry: Part 1 – mental health in prisons

A high proportion of the UK's growing prison population have mental disorders, but many psychiatrists have limited clinical experience of this area of practice. Prison psychiatry straddles the border between forensic and general adult psychiatry, although specialist skills are useful, for example in intellectual disability. This module gives an introduction to prison and prison mental health services. **CPD credits: 1**



Prison psychiatry: Part 2 – clinical and legal issues

Prison psychiatrists play a key role in the assessment and management of prisoners with a range of diagnoses. Working in prison requires a good grasp of mental health law, whether in ensuring that prisoners lacking capacity are appropriately treated, or transferring prisoners to secure hospital beds when needed. This module examines psychiatric specialties, physical health and prescribing in prisons, and outlines mental health legislation related to the prison population. It builds on the content of the module 'Prison psychiatry: Part 1 – mental health in prisons'. **CPD credits: 1**



Podcast The importance of circadian rhythms

Sleep – why is it important? In this podcast, Professor Russell Grant Foster talks to Dr Raj Persaud about his presentation at the Royal College of Psychiatrists' International Congress 2017 addressing this question. The podcast explores the regulation and significance of circadian rhythms, as well as the health risks associated with lack of sleep. **CPD credits: 0.5**

