

## **Election of President –** Notice to Fellows and Members

Fellows and Members are reminded of their rights under the Bye-Laws and Regulations.

#### **Bye-Laws Section XI**

1. The President shall be elected annually in accordance with the procedure prescribed by the Regulations.

### Regulation XI. Election of the President

1. The procedure for electing the President shall be as follows:

(1) As soon as may be practicable after the first day of June in any year the Central Executive Committee shall hold a nomination meeting and shall at such meeting nominate not less than one candidate and not more than three candidates. Candidates shall at such meeting be proposed and seconded and such proposal shall not be valid unless the candidate's written consent to stand for election is available. If more than three candidates are proposed and seconded, an eliminating vote shall be taken whereby the number of nominees of the Central Executive Committee shall be reduced to not more than three. If not more than three candidates are proposed and seconded, they shall be the nominees of the Central Executive Committee unless a motion be made and carried to eliminate any one or more of them.

(2) Between the first day of June in any year and the date which is four clear weeks after the nomination meeting of the Central Executive Committee, written nominations accompanied in each case by the nominee's written consent to stand for election may be lodged with the Registrar, provided that each such nomination is supported in writing by not less than twelve Members of the College who are not members of the Central Executive Committee.

(3) An election by ballot shall be held in accordance with the provisions of the Regulations

2. At each Annual General Meeting, after the business thereof has been completed or adjourned, and after the presentations and prizes have been awarded the President shall assume office.

The nominating meeting of the Central Executive Committee will be on 7 March 2007 and the last date for receiving

# the college

nominations under Regulation XI (2) will be 6 April 2007.

Professor Sheila Hollins is in her second year of office as President and is therefore eligible for re-election.

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#### **Election results 2006**

The Central Executive Committee (CEC) agreed at its meeting in September 2006 that alphabetical lists of successful candidates for all College elections should be published in the Psychiatric Bulletin and on the College's website (http://www.rcpsych.ac.uk). Full information, including the names of all candidates and the number of votes cast is available to any College member from Sue Duncan (email: sduncan@rcpsych.ac.uk).

Treasurer Dr George Ikkos

London Division

Chair Dr Michael Maier

Hon. Secretary Dr M. Rahul Rao Executive Dr Anne Patterson

Dr Richard Taylor

ETSC Rep. Dr Ranga Rao Financial Officer Dr Jona Lewin

Northwest Division

Chair Dr Josanne Holloway ETSC Rep. Dr Timothy Morris

Northern & Yorkshire Division Hon, Secretary Dr Stephen Barlow ETSC Rep. Professor Stephen Curran

South East Division

Hon. Secretary Dr Shanaya Rathod Financial Officer Dr Thiru Raj-Manickam Executive Dr Philip Davison

> Professor Robert Peveler Dr Digby Quested

South West Division

Hon. Secretary Dr Keith Dudleston ETSC Rep. Dr Rob MacPherson **Executive Dr Charles Montgomery** 

> Dr Sarah Oke Dr Guy Undrill

Welsh Division

Chair Dr Val Anness

ETSC Rep. Professor Richard Williams Financial Officer Dr Karl Rice

Addictions Faculty

Chair Dr Michael Farrell Executive Dr Jennifer Bearn

Dr Bruce Davidson

Dr Andrea Hearn

Dr Robert Jackson

Dr Francis Keaney

Dr Sally Porter

Dr Fabrizio Schifano

Forensic Faculty

Hon. Secretary Dr Kim Frazer Financial Officer Dr John Baird

Executive Dr Ian Cumming

Dr Lvnne Dalv Professor Tom Fahy

Dr Mike Harris

Dr Gillian Mezey

Dr Rao Nimmagadda Learning Disability Faculty

Chair Dr Sabyascachi Bhaumik

Financial Officer Dr Ian Hall Executive Dr Pur Allington-Smith

Dr Gillian Bell

Dr Asit Biswas

Dr Angela Hassiotis

Dr Jane McCarthy

Dr Elspeth McCue

Dr Carvl Morgan

Dr Paul Winterbottom

Old Age Faculty

Chair Dr Dave Anderson

Financial Officer Dr Andrew Tarbuck Executive Professor Sube Banjerjee

Dr Dave Hunsley

Dr Ola Junaid

Dr Charles Morris

Dr Gary Morrison

Dr Gill Pinner

Dr Anandamandiram Ramakrishnan

Dr Jerry Seymour

Dr James Warner

Psychotherapy Faculty

Chair Dr Chris Mace

Executive Dr Gwen Adshead

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Dr Brigitta Bende

Dr Ronald Doctor Dr Sally Mitchison

Dr Susan Mizen

Dr Sarah Robertson

# Proposal for a special interest group in prevention of mental illness

Procedure for establishing a special interest group:

- (a) Any member wishing to establish a special interest group shall write to the Registrar with relevant details.
- (b) The Registrar shall forward the application to the Central Executive Committee.
- (c) If the Central Executive Committee approves the principle of establishing such a special interest group then it will direct the Registrar to place a notice in the Psychiatric Bulletin, or its equivalent, asking members of the College to write

- in support of such a group and expressing willingness to participate in its
- (d) If at least 120 members reply to this notice within 4 months of publication, then the Central Executive Committee shall formally approve the establishment of the special interest group.

In accordance with this procedure, the Central Executive Committee has approved a proposal for the establishment of a special interest group in the prevention of mental illness.

# Background to the proposal

In 1917 Noguchi & Moore discovered that cerebral syphilis was the cause of 'general paralysis of the insane'; treatment of syphilis with penicillin has eradicated this condition. It has also been found that giving vitamin supplements to people with alcohol dependence syndromes prevents alcoholic dementia. The incidence of vascular dementia has been reduced by the careful management of diabetes mellitus and hypertension, and some

significant success has been recorded in the prevention of mental retardation, post-traumatic stress disorder, conduct disorders in children, substance misuse, eating disorders and post-partum depression. We therefore know that the primary prevention of mental illness is achievable because it has been done, albeit on a small scale. It is important to bring under one umbrella the various disparate efforts at preventive psychiatry and the ways of evaluating their delivery and effectiveness. A public health approach to mental illness is likely to be as effective as such an approach has been to physical illness.

We all undertake a measure of preventive psychiatry in our everyday work.

Most of this is secondary or tertiary prevention. For various reasons, however, we attempt very little primary prevention.

There are two main reasons for our diffidence. First, we believe that the causes of mental illness are, in general, unknown, and therefore that we can not begin to prevent these illnesses if we do not know what has caused them. Second, we think that what needs to be done is outside the normal remit of our work, that it is up to others — society as a whole

or the government – to put in place the measures that would be likely to reduce the incidence of mental illness. We now do have a far better understanding of the causes of mental illness and are therefore in a much better position to engage in primary prevention. In our highly connected world, we would provide an avenue for mental health workers to undertake tasks directly, or advise others, regarding what individuals, families, local communities and governments can do to reduce the incidence of mental illness in our world.

Members are invited to write in support of this group and express willingness to participate in its activities. Interested members should write to the Registrar care of Miss Sue Duncan at the College. If 120 members reply to this notice within 4 months of publication, then the Central Executive Committee shall formally approve the establishment of this special interest group.

**Sue Bailey** Registrar, Royal College of Psychiatrists

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#### Corrigendum

The Honorary Fellowship citation for Dr Sheila Mann (*Psychiatric Bulletin*, January 2007, **31**, 37) stated that for a considerable period she was the only psychiatrist on the General Medical Council (GMC). Dr Mann was in fact one of two psychiatrists working for the GMC at that time; the other was Dr Pearl Hettiaratchy.