CNS SPECTRUMS®

THE INTERNATIONAL JOURNAL OF NEUROPSYCHIATRIC MEDICINE

ORIGINAL RESEARCH

An Integrated Analysis of the Safety and Tolerability of Desvenlafaxine Compared with Placebo in the Treatment of Major Depressive Disorder

A.H. Clayton, S.G. Kornstein, G. Rosas, C. Guico-Pabia, and K.A. Tourian

Aripiprazole Augmentation in Major Depressive Disorder: A Double-Blind, Placebo-Controlled Study in Patients with Inadequate Response to Antidepressants

R.M. Berman, M. Fava, M.E. Thase, M.H. Trivedi, R. Swanink, R.D. McQuade, W.H. Carson, D. Adson, L. Taylor, J. Hazel, and R.N. Marcus

CASE REPORTS

Attenuation of Apparent New-Onset Ocular Tics with Successful Treatment of PTSD

P.C. Hayes, C.L. Weber, M.B. Gallagher, and G.J. Drouillard

Theta Burst Stimulation in the Treatment of Incapacitating
Tinnitus Accompanied by Severe Depression

S.R. Soekadar, C. Arfeller, A. Rilk, S.K. Plontke, and C. Plewnia

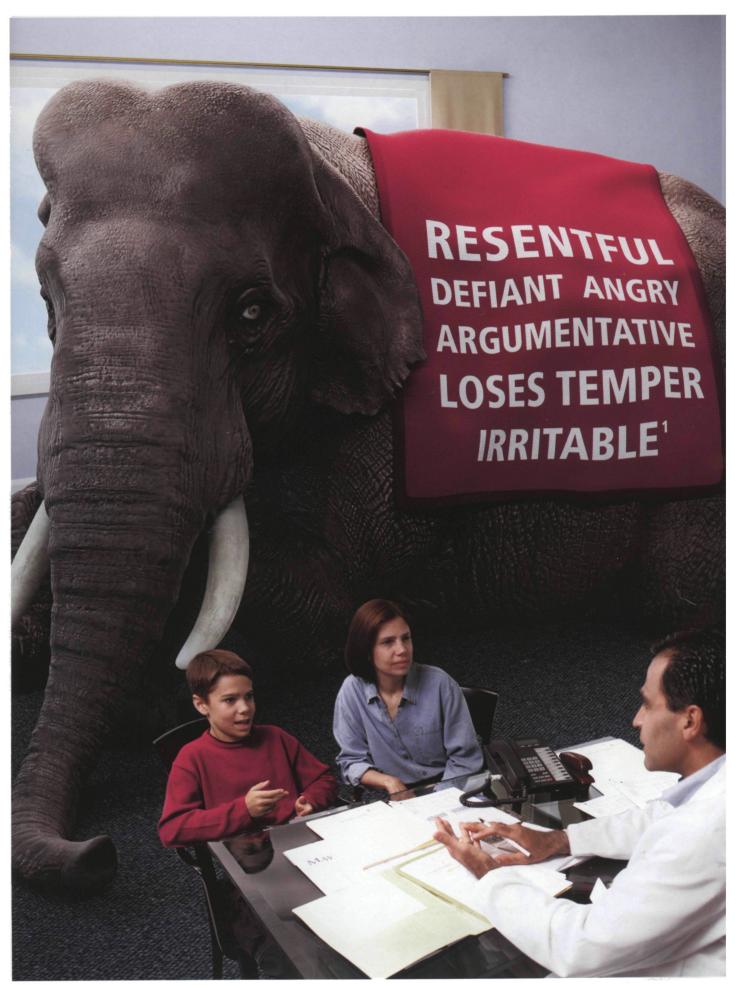
TRENDS IN PSYCHOPHARMACOLOGY

Applying the Principles of Adult Learning to the Teaching of Psychopharmacology: Overview and Finding the Focus

S.M. Stahl and R.L. Davis

COMMUNIQUE

Selective Benefit of Donepezil on Oral Naming in Alzheimer's Disease in Men Compared to Women



ADHD with oppositional symptoms

As important to treat as it is to discuss

Oppositional symptoms—the missing piece of the ADHD symptom discussion

40% to 60% of children with ADHD present with oppositional symptoms.²⁻⁵ Many parents, however, are not aware of the relationship of these symptoms and ADHD or how they can exacerbate the disorder.⁶

How many of these patients are in your practice?

Initiating frank and open discussions with parents and using diagnostic tools that include oppositional symptoms may further refine a comprehensive treatment plan for ADHD with oppositional symptoms.

40% to 60% of children with ADHD present with oppositional symptoms²⁻⁵

Visit **APA Booth 1628** to find out how you can start the discussion to help manage oppositional symptoms and address what was once left unsaid.

References: 1. Conners CK. Conners 3™—parent. North Tonawanda, NY: Multi-Health Systems Inc; 2008. 2. Elia J, Ambrosini P, Berrettini W. ADHD characteristics: 1. Concurrent co-morbidity patterns in children & adolescents. Child Adolesc Psychiatr Ment Health. 2008;2(1):15.
3. MTA Cooperative Group. A 14-month randomized clinical trial of treatment strategies for attention-deficit/hyperactivity disorder. Arch Gen Psychiatry. 1999;56:1073-1086. 4. Attention-deficit disorders with oppositionality and aggression. In: Brown TE, ed. Attention-Deficit Disorders and Comorbidities in Children, Adolescents, and Adults. Arlington, VA: American Psychiatric Publishing, Inc; 2000. 5. Biederman J, Faraone SV, Milberger S, et al. Is childhood oppositional defiant disorder a precursor to adolescent conduct disorder? Findings from a four-year follow-up study of children with ADHD. J Am Acad Child Adolesc Psychiatry. 1996;35:1193-1204. 6. Findling RL, Connor DF, Wigal T, Eagan C, Onofrey MN. A linguistic analysis of in-office dialogue among psychiatrists, parents, and child and adolescent patients with ADHD [published online ahead of print September 2, 2008]. J Atten Disord. 2008. http://jadsagepub.com/cgi/content/abstract/1087054708323002v1.



©2009 Shire US Inc., Wayne, PA 19087 INT-00030 02/09

EDITORS

EDITOR

Eric Hollander, MD Institute of Clinical Neuroscience New York, NY

INTERNATIONAL EDITOR

Joseph Zohar, MD Chaim Sheba Medical Center Tel-Hashomer, Israel

ASSOCIATE INTERNATIONAL EDITORS

EUROPE

Donatella Marazziti, MD University of Pisa Pisa, Italy

MID-ATLANTIC Dan J. Stein, MD, PhD University of Cape Town Cape Town, South Africa

ASIA Shigeto Yamawaki, MD, PhD Hiroshima University School of Medicine Hiroshima, Japan

CONTRIBUTING WRITERS

Robert M. Berman, MD Anita H. Clayton, MD CPT(P) Patrick C. Hayes, MD Surjo R. Soekadar, MD

FIELD EDITOR
Michael Trimble, MD, FRCP, FRPsych

COLUMNISTS Uriel Halbriech, MD Stefano Pallanti, MD, PhD Thomas E. Schlaepfer, MD Stephen M. Stahl, MD, PhD Dan J. Stein, MD, PhD

CME COURSE DIRECTOR

James C.-Y. Chou, MD

SUPPLEMENT EDITOR

Joseph Zohar, MD

NEUROLOGISTS

Mitchell F. Brin, MD University of California, Irvine

Jeffrey L. Cummings, MD University of California, Los Angeles Los Angeles, CA

EDITORIAL ADVISORY BOARD

Jerome Engel, Jr., MD, PhD University of California, Los Angeles Los Angeles, CA

Mark S. George, MD Medical University of South Carolina Charleston, SC

Richard B. Lipton, MD Albert Einstein College of Medicine Bronx, NY

C. Warren Olanow, MD, FRCPC Mount Sinai School of Medicine New York, NY

Steven George Pavlakis, MD Maimonides Medical Center Brooklyn, NY

Stephen D. Silberstein, MD, FACP Thomas Jefferson University Philadelphia, PA

Michael Trimble, MD, FRCP, FRPsych National Hospital for Neurology and Neurosurgery London, United Kingdom

<u>PSYCHIATRISTS</u>

Dennis S. Charney, MD Mount Sinai School of Medicine New York, NY

Dwight L. Evans, MD University of Pennsylvania Philadelphia, PA

Siegfried Kasper, MD University of Vienna Vienna, Austria Martin B. Keller, MD Brown Medical School

Providence, RI Lorrin M. Koran, MD Stanford University School of Medicine Stanford, CA

Yves Lecrubier, MD Hôpital de la Salpêtrière Paris, France

Herbert Y. Meltzer, MD Vanderbilt University Medical Center Nashville, TN

Stuart A. Montgomery, MD St. Mary's Hospital Medical School London, United Kingdom

Charles B. Nemeroff, MD, PhD Emory University School of Medicine Atlanta, GA

Humberto Nicolini, MD, PhD National Mexican Institute of Psychiatry Mexico City, Mexico

Stefano Pallanti, MD, PhD University of Florence Florence, Italy Katharine Phillips, MD Brown Medical School

Providence, RI Harold A. Pincus, MD Columbia University New York, NY

Scott L. Rauch, MD Massachusetts General Hospital Charlestown, MA

Alan F. Schatzberg, MD Stanford University School of Medicine Stanford, CA

Thomas E. Schlaepfer, MD University of Bonn Bonn, Germany Stephen M. Stahl, MD, PhD University of California, San Diego La Jolla, CA

Norman Sussman, MD New York University Medical School New York, NY

Michael E. Thase, MD University of Pennsylvania School of Medicine Philadelphia, PA

Madhukar H. Trivedi, MD University of Texas Southwestern Medical Center Dallas, TX

Karen Dineen Wagner, MD, PhD The University of Texas Medical Branch Galveston, TX

Herman G.M. Westenberg, MD University Hospital Utrecht Utrecht, The Netherlands Stuart C. Yudofsky, MD Baylor College of Medicine Houston, TX

PUBLICATION STAFF

CEO & PUBLISHER

Darren L. Brodeur

VP, MANAGING EDITORChristopher Naccari

VP, HUMAN RESOURCES Kimberly A. Brodeur

GLOBAL ACCOUNT MANAGER

Evan Frieder

SENIOR EDITORS

Dena Croog José Ralat

ASSOCIATE EDITOR

Lonnie Stoltzfoos

ASSISTANT EDITOR Carlos Perkins, Jr.

SENIOR ACQUISITIONS EDITOR

Lisa Arrington

ACQUISITIONS EDITOR Virginia Jackson

EDITORIAL INTERN

Amanda Cuomo

CME DEVELOPMENT MANAGERS

Annette Schwind Shelley Wong

ASSISTANT—CME ADMINISTRATION Sonny Santana

ART DIRECTOR

Derek Oscarson

GRAPHIC DESIGNER Michael J. Vodilko

CHIEF FINANCIAL OFFICER

John Spano

ACCOUNTING INTERN Stephanie Spano

SALES & EVENT COORDINATOR Kimberly Schneider

INFORMATION TECHNOLOGY

Clint Bagwell Consulting

CORPORATION COUNSEL

Lawrence Ross, Esq Bressler, Amery, and Ross



Master Psychopharmacology Program



The Master Psychopharmacology Program is intended as recognition for study in psychopharmacology that goes far beyond keeping CME up to date. Completion of the Master Psychopharmacology Program shows serious interest and investment in the field by those who attain Master Psychopharmacologist recognition. The program consists of 10 self-assessment exams (SAEs), each covering an individual topic, 24 online Fellowship activities, and one final exam. Candidates have 12 months to fulfill these requirements, and achieve the Master Psychopharmacologist designation.

NEI Membership \$199 / year

Self-Assessment Exams (Online) 10 exams

- Basic Neuroscience
- Psychosis and Schizophrenia
- **(iii)** Unipolar Depression
- Bipolar Disorders
- Anxiety Disorders
- 🍘 ADHD

- Substance Use Disorders
- Dementia and Cognitive Function
- Fibromyalgia, Functional Somatic Syndromes, and Chronic Pain
- Disorders of Sleep/Wake and Their
 Comorbidities With Psychiatric Illness

Fellowship Activities (Online) 24 activities



6 Case-Based Drills

🌒 6 Audiovisual Snippets

6 Animated Mechanisms of Action

A different Fellowship activity is released once a week.

Final Exam (Online) \$249 / attempt



Enroll today at www.neiglobal.com/mpp

CNS SPECTRUMS

The International Journal of Neuropsychiatric Medicine

EDITOR'S LETTER

172 A Decade of Editing CNS
Spectrums: Back to the Future

Eric Hollander, MD. Institute of Clinical Neuroscience

COMMUNIQUE

175 Selective Benefit of Donepezil on Oral Naming in Alzheimer's Disease in Men Compared to Women

CLINICAL UPDATES IN NEUROPSYCHIATRY

- Cognitive Decline Begins in Late 20s
 - Cholesterol-Reducing Drugs May Lessen Brain Function

TRENDS IN PSYCHOPHARMACOLOGY

179 Applying the Principles of Adult Learning to the Teaching of Psychopharmacology:

Overview and Finding the Focus

Stephen M. Stahl, MD, PhD, *University of California—San Diego;* and Richard L. Davis, *Arbor Scientia*

ORIGINAL RESEARCH

183 An Integrated Analysis of the Safety and Tolerability of Desvenlafaxine Compared with Placebo in the Treatment of Major Depressive Disorder

Anita H. Clayton, MD, *University of Virginia*; Susan G. Kornstein, MD, *Virginia Commonwealth University*; Gregory Rosas, PhD, Christine Guico-Pabia, MD, and Karen A. Tourian, MD, *Wyeth Research*

197 Aripiprazole Augmentation in Major Depressive Disorder: A Double-Blind, PlaceboControlled Study in Patients with Inadequate Response to Antidepressants

Robert M. Berman, MD, Bristol-Myers Squibb;
Maurizio Fava, MD, Massachusetts General
Hospital; Michael E. Thase, MD, University
of Pennsylvania; Madhukar H. Trivedi, MD,
University of Texas Southwestern Medical
School; René Swanink, MS, Bristol-Myers Squibb;
Robert D. McQuade, PhD, William H. Carson,
MD, Otsuka Pharmaceutical Development &
Commercialization; David Adson, MD, University
of Minnesota; Leslie Taylor, MD, University of
Wisconsin Medical School; James Hazel, BSN,
and Ronald N. Marcus, MD, Bristol-Myers Squibb

CASE REPORTS

208 Theta Burst Stimulation in the Treatment of Incapacitating Tinnitus Accompanied by Severe Depression

Surjo R. Soekadar, MD, Carola Arfeller, MSc, Albrecht Rilk, MD, Stefan K. Plontke, MD, and Christian Plewnia, MD, *University of Tuebingen*

214 Attenuation of Apparent
New-Onset Ocular Tics with
Successful Treatment of PTSD

CPT(P) Patrick C. Hayes, MD, Bayne Jones Army Community Hospital; MAJ Charles L. Weber, DO, 1st Cavalry Division, Iraq; Michael B. Gallagher, PsyD, Bayne Jones Army Community Hospital; and LTC Gary J. Drouillard, MD, Tripler Army Medical Center

CNS Spectrums (ISSN 1092-8529) is published monthly by MBL Communications, Inc., 333 Hudson Street, 7th Floor, New York, NY 10013. Application to mail Periodicals postage rates is pending at New York, NY, and additional mailing offices. POSTMASTER: Send address changes to CNS Spectrums, 333 Hudson Street, 7th Floor, New York, NY 10013.

One-year subscription rates: domestic \$120; foreign \$195; in-training \$85. For subscriptions: Tel: 212-328-0800; Fax: 212-328-0600; Web: www.cns spectrums.com. Single issues: \$15 – E-mail ks@mblcommunications.com

Opinions and views expressed by authors are their own and do not necessarily reflect the views of the publisher, MBL Communications, Inc., CNS Spectrums, LLC, or the editorial advisory board.

Advertisements in CNS Spectrums are accepted on the basis of adherence to ethical medical standards, but acceptance does not imply endorsement by CNS Spectrums or the publisher.

CNS Spectrums is a registered trademark of CNS Spectrums, LLC, New York, NY. Permission to reproduce articles in whole or part must be *obtained in writing from the publisher.



BPA member.

Copyright © 2009 by MBL Communications, Inc. All rights reserved. Printed in the United States.

This month's issue of CNS Spectrums, as well as a host of educational resources, enduring materials, and archived issues, is available at www.cnsspectrums.com.



ALZHEIMER'S DISEASE SUMMIT 2009:

From Current Practices to Future Therapies

Saturday, October 17, 2009 Date:

Location: Washington, DC

Program Chairs: Pierre N. Tariot, MD and

Norman L. Relkin, MD, PhD

Guest Panelists: Russell Katz, MD, of the FDA and

Cristina Sampaio, MD, PhD of the EMEA

Guest Speaker: Meryl Comer, member of the

Alzheimer's Study Group

For more information, please call 212-328-0800 ext. 266 or visit www.alzsummit.com

> For registration updates, please e-mail ks@mblcommunications.com

