Palliative and Supportive Care

A little rain

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Poetry

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Nothing new falls on your hands in the same way nothing old ever surpasses beginnings. In stillness this cold forces hands into pockets

never meant to house such warmth. Your fingers dance on their own in these hidden worlds, fishes dancing to an internal rhythm. And when

what has helped you has helped enough it leaves silently. Drop by drop this world makes less of you, not violently but with the gentleness of understanding

When you shake the waters off your body, only then do you notice what has been taken, and what will never be returned. This pavement reflects traffic

lights into the black, and the skies are indistinguishable from eye level. As if the rain falls only for you, not in ritual nor cleansing but out of sympathy,

for the pain you unintentionally carry, and the memories you set onto comets to be shipped into oblivion. A little rain comes, here and there, never when you

ask for it, and never when you are lost, but when it is simply time to let go.

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