

Editorial

The journal has a sister! After a great deal of careful discussion and planning, the BABCP has launched *The Cognitive Behavioural Therapist (tCBT)*. So why another journal? The idea is twofold. First, to provide members and subscribers access to more informal clinical and related material of the type not presently covered in *Behavioural and Cognitive Psychotherapy*. Second, to allow constructive exchanges on the topics covered not only in the new ejournal but also this one. Taken together, these two functions should complement this journal in ways that the pressure on journal space and academic standing have not previously allowed.

There is overlap between editorial teams, and we foresee close working relationships. Both myself for *BCP*, and Michael Townend and Mark Freeston for *tCBT* expect to route manuscripts to the other (with agreement from the authors, of course). So what should be going to the new journal? According to its mission statement:

“The journal will publish papers that describe new developments; articles that are practice focused and detail clinical interventions, research reports concerning the practice of cognitive behaviour therapy, detailed case reports, audits that are relevant to practice, and reviews of clinical scales. The journal will also publish papers that have an education, training or supervision focus. It will also include reviews of recently published literature that is directly relevant to practitioners.”

Does this mean that *Behavioural and Cognitive Psychotherapy* will change? It's possible, but I don't think so. The new publication will open up new areas, adding rather than subtracting. Once in a while we publish interchanges (comments, answer return and then final response), but these appear simultaneously after review and therefore much later. The new journal will allow speedier responding and others can join in. It will be fun for all, I think. This aspect of the new journal will be moderated, whilst the normal submissions will be peer reviewed in the usual way, consistent with the mission statement that can be found at www.babcp.com in the “Publications” section.

It is clear that the effect of these developments will be further improvement in communication for the increasingly diverse CBT community. Welcome, sister!

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