The other chapter that I appreciated was by Emmy van Deurzen, who established an existential therapy school at Regent's College and set up the Society for Existential Analysis. As she says, her form of existential psychotherapy is indebted to Laing's ideas and she came to work with what she thought would be existential therapy at the Arbours and Philadelphia Associations. However much Laing may be associated with existential psychotherapy, she argues that in practice he provided no practical

direction for its development, instead turning to psychoanalysis and rebirthing.

The opportunities for new inspiration about R.D. Laing may be limited but there are a few, if far between, in this book.

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## advances in psychiatric treatment



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## **CONTENTS**

New from CPD Online

Rethinking placebo in psychiatry: the range of placebo effects

Daniel McQueen, Sarah Cohen, Paul St John-Smith & Hagen Rampes

Rethinking placebo in psychiatry: how and why placebo effects occur

Daniel McQueen, Sarah Cohen, Paul St John-Smith & Hagen Rampes

Post-traumatic stress disorder: new directions in pharmacotherapy

Ben Green

Mindfulness-based interventions in secure settings: challenges and opportunities

Dumindu Witharana & Gwen Adshead

Refreshment: Managing physical risk in anorexia nervosa

William Rhys Jones, John F. Morgan & Jon Arcelus

Using psychodynamic principles in formulation in everyday practice

Alison Summers & Brian Martindale

Recent developments in the management of delusional disorders

Christopher F. Fear

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Alan Cooklin

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