### Palliative and Supportive Care Th

# The value of time

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#### **Poetry**

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As a child,
I looked forward to the next few days
After catching a cold
Since they signified the passing
Of my aching sore throat
That made it difficult
To swallow milk chocolates

Now,

I fear the next few days
As my body rapidly degenerates
And although I spread my hands
To catch the sand grains from the hourglass
I slowly lose my ability to swallow
With each slipped grain

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