



Diploma in Cognitive Therapy

A one year part-time Post-Graduate Diploma,
awarded by Oxford University

Accredited at Level 1 by BABCP

Starting September 2011, Fridays 9.30-5.00, over three terms

Course Director: Dr Freda V. McManus

This highly respected course, with 18 years' proven track record in CBT training, equips practitioners with the CBT skills necessary to work with disorders and problems at all levels of complexity. Open to all mental health professionals (e.g., clinical psychologists, nurses, GP's, OT's, psychiatrists, etc.)

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Class of 2009-10

Closing date for applications will be 29 April 2011. Prospectus and application forms will be available from January 2011 on our website, or enquire with the Course Administrator, Mrs Kim Morris-Smith, after that date.

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Behavioural and Cognitive Psychotherapy

Instructions to Authors

Submission to Behavioural and Cognitive Psychotherapy

Articles written in English and not submitted for publication elsewhere should be sent via <http://mc.manuscriptcentral.com/babcp>.

Manuscript preparation

A Word document of the manuscript must be submitted electronically and original figures can be supplied as attachments.

Articles must be typed double-spaced throughout allowing wide margins all round. Where unpublished material e.g. behaviour rating scales, therapy manuals etc, is referred to in an article, copies should be submitted as an additional document to facilitate review.

Attention should be paid to the Editorial Statement that is accessed online at <http://journals.cambridge.org/action/displayMoreInfo?jid=BCP&type=ifc>

Submissions will be sent out for review exactly as submitted. Authors who want a blind review should indicate this at the point of submission of their article, omitting details of authorship and other information. Submission for blind review is encouraged.

Abbreviations where used must be standard. The Systeme International (SI) should be used for all units; where metric units are used the SI equivalent must also be given. Probability values and power statistics should be given with statistical values and degrees of freedom (e.g. $F(1,34) = 123.07, p < .001$), but such information may be included in tables rather than the main text.

Spelling must be consistent within an article, either using British usage (*The Shorter Oxford English Dictionary*), or American usage (*Webster's New Collegiate Dictionary*). However, spelling in the list of references must be literal to each original publication.

Details of style not specified here may be determined by reference to the *Publication Manual of the American Psychological Association* or the style manual of the British Psychological Society.

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Tharp, R. G. and Wetzel, R. J. (1969). *Behaviour Modification in the Natural Environment*. New York: Academic Press.

Roskies, E. and Lazarus, R. S. (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds), *Behavioural Medicine: changing health lifestyles*. New York: Brunner/Mazel.

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