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Course Director: Joy McGuire

Designed for people with some relevant experience but little or no specific CBT training. A comprehensive introduction to the theory and practice of CBT for common mental health problems, with 14 days of teaching over two terms, in 2- or 3-day blocks, followed by 13 weekly supervision groups in the third term.

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Course Director: Martina Mueller

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Course Director: Dr Helen Kennerley

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More details, prospectuses and application forms are available on our website, or enquire with the Course Administrator, Kim Morris-Smith (contact details below).

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