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# Behavioural Psychotherapy

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# Behavioural Psychotherapy

*Behavioural Psychotherapy* is an international multidisciplinary journal for the publication of original research, of an experimental and clinical nature, which contributes to the theory, practice and evaluation of behaviour therapy. As such the scope of the journal is very broad and articles relevant to most areas of human behaviour and human experience, which would be of interest to members of the helping and teaching professions, will be considered for publication.

While the emphasis is placed on empirical research, articles concerned with theoretical and methodological issues as well as evaluative reviews of the behavioural literature are also published. In addition, given the emphasis of behaviour therapy on the experimental investigation of the single case, the Clinical Section of the Journal, publishes case studies where, although the interventions have not been experimentally evaluated, the treatment approach and/or problem dealt with is considered of particular interest. Correspondence, relating to articles published in *Behavioural Psychotherapy*, is also invited.

As an applied science the concepts, methodology and techniques of behavioural psychotherapy continue to change. The journal seeks both to reflect and to influence these changes.

The following types of articles are suitable for *Behavioural Psychotherapy*:

Reports of original research employing experimental or correlational methods and using within or between subject designs.

Review or discussion articles having theoretical, conceptual or applied implications.

Brief Reports and Case Studies employing innovative techniques and/or approaches.

## *British Association of Behavioural Psychotherapy (B.A.B.P.)*

B.A.B.P. was founded in 1972, and the journal, *Behavioural Psychotherapy*, has grown naturally out of the Associations' Bulletin. The journal now has a worldwide circulation and is read by a large cross-section of the helping professions.

B.A.B.P. itself is a multi-disciplinary organization and full membership is open to members of the helping professions – psychologists, psychiatrists, social workers, nurses, teachers, etc. The objects of the Association are to promote the advancement of the theory and practice of behavioural psychotherapy, to provide a forum for discussion, to disseminate information, to liaise with public and professional bodies, to promote research and to assist in training.

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