

showed increased NRG-1 mRNA, unchanged PI3K and AKT-1 mRNA, and decreased mTOR mRNA as shown in **Table 2**. In treated patients, NRG-1 mRNA expression was significantly higher, and PI3K and mTOR mRNA expressions were significantly lower compared to untreated patients, with no change in AKT-1 as shown in **Table 3**. DRD-2 mRNA expression was undetectable in all groups.

Image 1:

Table 1 The Comparison of Initial Measurement of Patient Gene Expression Values with the Control Group				
		Mean	SD	p
AKT-1	Patient	,493	1,73	,313
	Control	,890	,912	
NRG-1	Patient	,329	1,46	,033
	Control	,997	,612	
PI3K	Patient	7,310	2,67	,000
	Control	2,669	1,89	
mTOR	Patient	1,729	,591	,009
	Control	1,118	,447	

Note: p: Independent Samples T-test. N: 25 for each group

Image 2:

Table 2 The Comparison of Final Measurement of Patient Values with the Control Value				
		Mean	SD	p
AKT-1	Patient	,650	1,53	,052
	Control	,890	,912	
NRG-1	Patient	1,647	0,58	,003
	Control	,997	,612	
PI3K	Patient	3,226	3,77	,054
	Control	2,669	1,89	
mTOR	Patient	,639	,87	,020
	Control	1,118	,447	

Note: p: Independent Samples T-test. N: 25 for each group

Image 3:

Table 3 The Comparison of Changes in Patient Values					
	First Measurement		Final Measurement		p
	Mean	SD	Mean	SD	
AKT-1	,493	1,73	,650	1,53	,086
NRG-1	,329	1,56	1,647	0,58	,000
PI3K	7,310	2,67	3,226	3,77	,000
mTOR	1,729	0,59	,639	0,87	,001

Note: p: Significance value of the Paired Samples T-test

Conclusions: NRG-1, PI3K, and mTOR may contribute to schizophrenia pathogenesis, with NRG-1 and mTOR serving as potential genetic biomarkers. Antipsychotics affect molecular pathways, but not AKT-1, and DRD-2 is not expressed in immune cells.

Disclosure of Interest: None Declared

Depressive Disorders

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Effects on neurocognition of theta burst transcranial magnetic stimulation in patients with resistant to treatment depression

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Introduction: Cognitive dysfunction has been identified as a key mediator of functional impairment in major depression and a contributing factor to antidepressant resistance. Theta burst stimulation (TBS) is a novel form of transcranial magnetic stimulation (TMS) that has shown greater efficacy and efficiency than conventional TMS in the treatment of treatment-resistant depression (TRD). However, its effects on cognitive symptoms in depression remain largely unstudied.

Objectives: The objective of this study is to evaluate the impact of TBS on neurocognition in unipolar and bipolar TRD patients treated at a public hospital. Additionally, clinical, demographic, and treatment predictors of cognitive change were explored.

Methods: This is a follow-up study of n=64 patients with TRD (unipolar=48, bipolar=16) who received daily adjunctive TBS for 6 weeks. Cognitive performance was assessed before and after TBS using different versions of the Screening for Cognitive Impairment (SCIP-S), which measures immediate verbal learning, working memory, verbal fluency, delayed verbal learning, and processing speed. Cognitive performance in each domain was compared using paired t-tests. Global cognitive change was assessed by quantifying pathological domains at baseline and at the end of TBS. Differences in neurocognition between clinical responders (50% reduction on the HDRS) and non-responders to TBS were compared using ANOVA models. Additionally, possible predictors of cognitive change in each domain were explored using correlation analyses and multiple linear regressions, which included factors such as age, diagnosis, number of TBS sessions, treatment type, TBS modality (left unilateral vs. bilateral), clinical response, and baseline severity.

Results: Patients treated with TBS achieved significant clinical response (68%) and cognitive improvement in the domains of immediate verbal learning, working memory, verbal fluency, and processing speed (mean differences of 2.16, 2.31, 1.30, and 1.05, respectively). Neurocognitive improvement was independent of clinical response. The percentage of improvement on the HDRS was only associated with improvement in the verbal fluency domain (p = .007). Left unilateral TBS and bipolar diagnosis predicted better global cognitive improvement in SCIP in regression models (p = .042, p = .037, respectively).

Conclusions: The results support the utility of TBS in treating cognitive dysfunction associated with TRD. Further larger studies are needed to clarify clinical and treatment predictors of cognitive improvement.

Disclosure of Interest: None Declared