

BJPsych International

Research papers

- S-1 Development of a psychiatric liaison service in Rawalpindi, Pakistan**
Ayesha Minhas, Keith G. Bender and Fareed A. Minhas
- S-3 The effect of aerobic exercise in the maintenance treatment of depression**
P. Majumder, I. Sharma, P. Vostanis and C. Bone
- S-6 Scaling up mental healthcare in the Republic of Niger: priorities for and barriers to service improvement**
Alison Hwong, Djibo Maiga Douma, Soumana Zamo and Julian Eaton
- S-9 Evaluation of undergraduate psychiatry teaching in Malawi**
Amy E. Lindsay and Stephen Byers
- S-11 Hospital doctors' management of psychological problems at a Nigerian tertiary health institution**
Baba A. Issa, Abdullahi D. Yussuf, Olatunji A. Abiodun and Ganiyu T. Olanrewaju
- S-16 Mental health e-supervision for primary care doctors in Sudan using the WHO mhGAP Intervention Guide**
Anne Aboaja, Puja Myles and Peter Hughes
- S-19 The WHO mhGAP Intervention Guide for people with intellectual disability: the Sri Lankan experience**
Rohit Gumber, Shweta Gangavati, Sabyasachi Bhaumik, Sherva Cooray, Kiran Purandare, Jayan Mendis and Chamila Abeywickrema
- S-23 Acceptability and challenges of implementing the NICE guidelines for schizophrenia in Lagos, Nigeria**
Adeniran Okewole, Mobolaji Dada, Adefemi Adeoye, Kehinde Lawal and Taiwo Oduguwa
- S-25 Mental health research in the Arab world: an update**
Elie G. Karam and Lynn A. Itani

Volume 12
Research Supplement
May 2015

BJPsych International (Print)
ISSN 2056-4740

BJPsych International (Online)
ISSN 2058-6264

Blog
www.bjpinternationalblog.org

Facebook
www.facebook.com/BJPsychInternational

Twitter
@BJPsychInt



Volume 12 Research Supplement May 2015

BJPsych International (Print)
ISSN 2056-4740

BJPsych International (Online)
ISSN 2058-6264

Mission of *BJPsych International*

We address themes that have real practical relevance to supporting patients, with a particular, but not exclusive, focus on the needs of low- and middle-income countries as well as the mental health needs of the poor and socially excluded in more developed countries. Contributors who can provide examples of innovative practice, which could be emulated elsewhere at minimal cost, are especially welcome, as are papers on public mental health.

Editor

David Skuse

Deputy Editor

George Ikkos

Founding Editor

Hamid Ghodse

Staff

Jonica Thomas

Andrew Morris (Head of Publications)

Open access

Online access to *BJPsych International* is unrestricted; use of its content is governed by an Open Access Licence Agreement.

Blog

<http://www.BJPsychInternationalblog.org>

Facebook

<https://www.facebook.com/BJPsychInternational>

Twitter

@BJPsychInt

Editorial board

Senior Editorial Advisors

Rachel Jenkins
UK

John Cox
UK

Associate Editors

Michel Botbol (Europe)
France

Nick Bouras (Special Papers)
UK

Santosh Chaturvedi (Indian
Subcontinent)
India

Manu Dhadhpale (Country
Profiles)
India

David Jimenez (Media and
South America)
UK

Kelly Lai (South-East Asia)
Hong Kong

Nasser Loza (Middle East)
Egypt

Daniel Maughan
(Sustainability)
UK

Olufemi Olugbile (Africa)
Nigeria

Eleni Palazidou (Pandora's
Box)
UK

Dr Ian Soosay (Oceania)
New Zealand

Other members

Katy Briffa
UK

Jorge Calderon
Chile

Rakesh Chadda
India

George Christodoulou
Greece

Anna Datta
New Zealand

Oluwole Famuyiwa
UK

Stephen Kisely
Australia

Marinos Kyriakopoulos
UK

Gholam Reza Mir-Sepassi
Iran

Hellme Najim
UK

David Ndetei
Kenya

Sean O'Domhnaill
Ireland

Sundararajan Rajagopal
India

Mohamed Omar Salem
UAE

Samuel Stein
UK

Subscriptions

BJPsych International is published four times a year.

For subscriptions non-members of the College should contact:

Publications Subscriptions Department, Maney Publishing, Suite 1C, Joseph's Well, Hanover Walk, Leeds LS3 1AB, UK tel. +44 (0)113 243 2800; fax +44 (0)113 386 8178; email subscriptions@maney.co.uk

For subscriptions in North America please contact: Maney Publishing North America, 875 Massachusetts Avenue, 7th Floor, Cambridge, MA 02139, USA tel. 866 297 5154 (toll free); fax 617 354 6875; email maney@maneyusa.com

Annual subscription rates for print issues for 2015 (four issues, post free) are £35.00 (US\$63.00). Single issues are £10.00 (US\$18.00), post free.

Design © The Royal College of Psychiatrists 2015.

For copyright enquiries, please contact the Director of Publications and Website, Royal College of Psychiatrists.

All rights reserved. No part of this publication may be reprinted or reproduced or utilised in any form or by any electronic, mechanical or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

The views presented in this publication do not necessarily reflect those of the Royal College of Psychiatrists, and the publishers are not responsible for any error of omission or fact.

The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369).

From 2003 to 2013 *BJPsych International* was entitled *International Psychiatry* and until 2006 published as (and subtitled) the *Bulletin of the Board of International Affairs* of the Royal College of Psychiatrists. Printed in the UK by Henry Ling Limited at the Dorset Press, Dorchester DT1 1HD.

The paper used in this publication meets the minimum requirements for the American National Standard for Information Sciences – Permanence of Paper for Printed Library Materials, ANSI Z39.48-1984.

Notice to contributors

BJPsych International publishes articles dealing with mental health policy, promotion and legislation, the administration and management of mental health services, and training in psychiatry around the world. The journal aims to be a platform for work that is generally underrepresented in the literature, especially psychiatry in low- and middle-income countries.

Manuscripts for publication must be submitted online at <http://submit-ip.rcpsych.org> (general enquiries may be addressed to ip@rcpsych.ac.uk).

Manuscripts accepted for publication are copy-edited to improve readability and to ensure conformity with house style. Authors whose first language is not English are encouraged to contribute; our copy-editor will make any necessary corrections, in consultation with the authors.

Contributions are accepted for publication on the condition that their substance has not been published or submitted elsewhere. Once a paper is accepted for publication, all its authors are required to disclose any potential conflict of interest. Completion of the form developed by the International Committee of Medical Journal Editors for this purpose (http://www.icmje.org/coi_disclosure.pdf) is mandatory.

About our peer-review process

All articles submitted are reviewed by a minimum of two peers to ensure that their content, length and structure are appropriate for the journal. Not all papers will be accepted for publication, but our peer-review process is intended to assist our authors in producing articles for worldwide dissemination. Wherever possible, our expert panel of assessors will help authors to improve their papers to maximise their impact when published.

Contributions to the blog

Readers are encouraged to contribute online at <http://www.BJPsychInternationalblog.org>