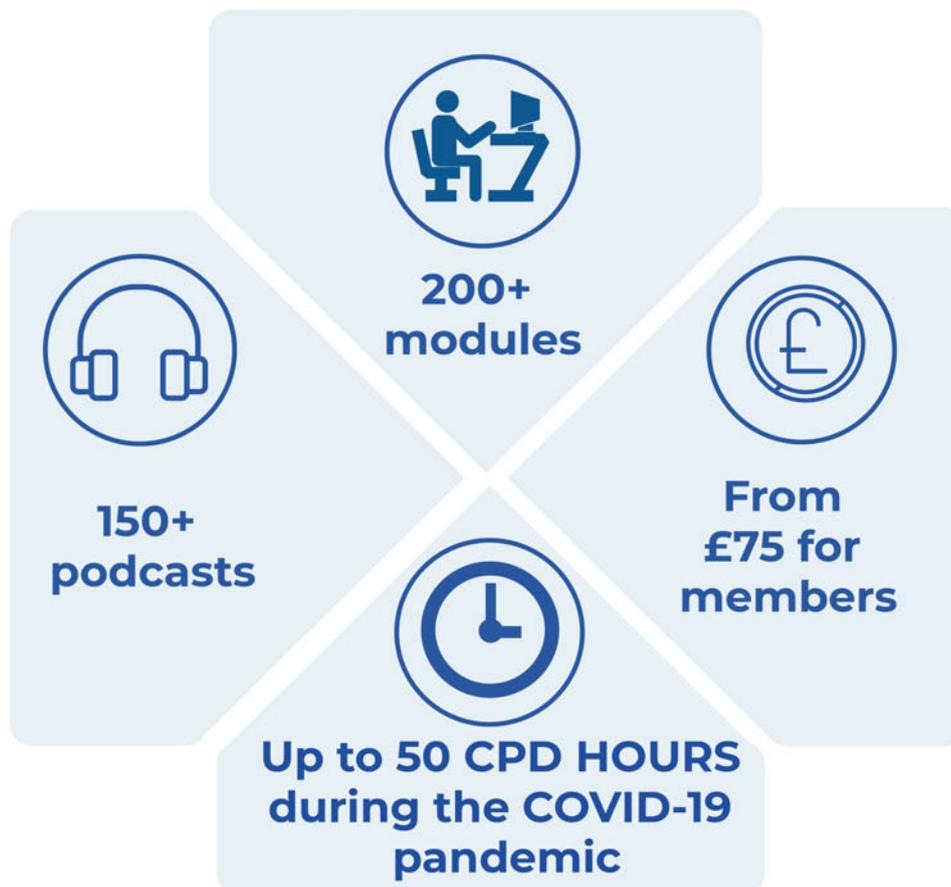


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CPD eLearning

- 279 **New from CPD eLearning**

Cochrane Corner

- 280 **Modafinil for people with schizophrenia or related disorders: a Cochrane Review**

Javier Ortiz-Orendain, Sergio A. Covarrubias-Castillo, Alan Omar Vazquez-Alvarez, Santiago Castiello-de Obeso, Gustavo E. Arias Quiñones, Maya Seegers & Luis Enrique Colunga-Lozano

Round the Corner

- 281 **Is modafinil an effective adjunct to standard care in the treatment of schizophrenia-spectrum disorders?**

Mayowa Oyesanya & Noura Al-Juffali

Articles

- 286 **Self and suffering in Indian thought: implications for clinicians**

Swaran P. Singh

- 297 **Distinguishing relapse from antidepressant withdrawal: clinical practice and antidepressant discontinuation studies**

Mark Abie Horowitz & David Taylor

Commentary

- 312 **A key clinical consideration: antidepressant withdrawal or illness relapse?**

Gin S. Malhi & Erica Bell

Article

- 316 **Domestic abuse and mental health: the amplified risks created during the pandemic**

Idura N. Hisham, Jacqueline Sin, Khadj Rouf, Danny Taggart, Giles Townsend & Angela Sweeney

Commentary

- 328 **Mitigating the increased risk of domestic abuse among people with mental illness: challenges and opportunities of the COVID-19 pandemic**

Claire A. Wilson

- 330 **Responding to domestic abuse in an NHS trust**

Philippa Greenfield, Shirley McNicholas, Emina Redzic, Maneek Sahota & Vincent Kirchner

Article

- 333 **Person-centred care in psychiatry: a clinical and philosophically informed approach**

Gerrit Glas

In this issue (286–296) Swaran Singh explains that the four main Indian religions – Hinduism, Buddhism, Jainism and Sikhism – have several shared concepts about self and suffering, which are salient to the world-view of the followers of these faiths. This article highlights the broad cultural and religious beliefs of these groups, with the hope that increased knowledge among clinicians might lead to better therapeutic engagement.

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