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THE EFFECTS OF THE TRIPLE P- POSITIVE PARENTING PROGRAM TO ON SCHOOL-AGE CHILDREN WITH ADHD

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Introduction: Attention deficit hyperactivity disorder (ADHD) is the most common neurodevelopmental disorder of

childhood affecting approximately 3—5% of school

age children (American Psychiatric Association). Some parent training in AD/HD is known to reduce external behaviors in these children. One of them is Triple P (Sanders, 1999).

Aims: The goal of this study was to examine the effectiveness of the group positive parenting program (Triple p) on reduce to externalizing behaviors of children with Attention Deficit/Hyperactivity Disorder (ADHD) in Iranian families.

Methods: Randomized controlled trial in Iran with 22 mothers of children with AD/HD, of whom 10 received program, 12 group control. For carried out this research, authors were design the intervention program. The methodology of this study was quasi- experimental design with control group. Data were collected by child behavior checklist (CBCL) that reported by parents.

Findings: Results indicated that children's externalizing behaviors significantly reduced after training in triple p group.

Conclusion: Triple p- positive parenting program could be applied with pharmacotherapy as a supplement treatment in reduce and control of disruptive behaviors of children with ADHD.