

AS39-01 - EXPERIENCE OF TIME: FROM PSYCHOSIS TO AFFECTIVE DISORDERS

M.L.Figueira, L.Madeira

Psychiatry, Hospital Santa Maria, University of Lisbon, Lisbon, Portugal

Time conceptualization is tricky and influential concepts of time and timing seem to help in a competent discussion of this topic. The distinction between time and temporality is key to the debate of time disturbances in psychiatric disorders. This presentation will discuss these concepts and clarify what authors as Kant, Fink, Schelling, Husserl, Heidegger, Fuchs and others have offered. In this process we'll differentiate possible changes in personal and interpersonal time and notions of synchronization.

Although unaccounted in DSM-IV and ICD-10 time experience and temporality are clearly altered during depressive and manic episodes. There seems to be a dialectical relation of mood to these experiences. Moreover, patients' descriptions of lived time are enlightening of seminal accounts of these disorders and seem pervasive to other experiences in these patients. This presentation will further illustrate the phenomenology of time in depression and mania. It will propose to acknowledge time as a feeling, sharing phenomenological features with this type of experiences. We hope additionally to present through it relevant epistemology of fundamental experiences in depression (e.g. experience of inhibition, loss of vital contact with the world).